



Lockport Township Park District



To: You
Registration
Resident: 12/7
Non-Resident: 12/16



Winter/Spring 2020

www.Lockportpark.org





Banquet?

**THINK
PRAIRIE BLUFF**

BOOK YOUR EVENT TODAY!

815-836-4653

PRAIRIEBLUFFGC.COM

19433 Renwick Rd., Lockport

Prairie Bluff is a facility of the Lockport Township Park District.



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Websites

WWW.LOCKPORTPARK.ORG

WWW.LOCKPORTWWII.COM

WWW.PRAIRIEBLUFFGC.COM

WWW.HAYRIDEOFHORROR.COM

WWW.CURSEOFTEHBAYOU.COM



ALSO, FIND US ON

Phone number: 815-838-1183

Administrative Staff

Bill Riordan, Executive Director, Ext. 202
 Sharyn Underwood, Payroll/Accounts Payable, Ext. 210
 Nathan Krusinski, Staff Accountant, Ext. 203
 Pam Hutton, PR & Marketing Supervisor, Ext. 205
 Lisa Speckhart, PR & Marketing Assistant, Ext. 216
 Logan Zinsmaster, PR & Marketing Assistant, Ext. 227
 Joyce Riley, DPCC Office Manager/Board Recording Sec., Ext. 201
 Joni Byrne, DPCC Admin. Assistant, Ext. 214
 Cathy Bushong, Crest Hill Office Registration Clerk
 Jason Novak, DPCC Lead Custodian, Ext. 225

Recreation Staff

Dave Herman, Director of Recreation, Ext. 204
 Cathy Brewer, Preschool/Youth Program Supervisor, Ext. 209
 Heather Kuncis, Preschool Curriculum Coordinator, Ext. 220
 Sarah Hamilton, Recreation/OASIS Supervisor, Ext. 208
 Katie White, Recreation Supervisor, Ext. 207
 Becki Dryer, Recreation Supervisor, Ext. 206
 Toni Moran, Aquatics & Fitness Supervisor, Ext. 322
 Nikki Zarnecki, DPCC Facility Mgr./Recreation Supervisor, Ext. 323
 Connell Griffin, Fairmont Community Center Supervisor

Prairie Bluff Public Golf Club Staff

Steve Lunde, Director of Golf Course Operations
 Scott Lunde, Assistant Golf Professional
 Ryan Cronholm, Food & Beverage Coordinator/Banquet Mgr.
 Richard Riley, Jr., Executive Chef
 Andrew Evans, Director of Golf Grounds Operations
 Manuel Mascote, Assistant Golf Maintenance Supervisor
 Jason Baker, Equipment Manager
 Sean McNamara, Assistant Equipment Technician

Challenge Fitness Staff

Ben Ragle, Facility Manager/Athletic Program Supervisor, Ext. 104
 Lisa Bruni, Office Manager/Registration Supervisor, Ext. 108
 Rebekah Parrish, Customer Service Supervisor, Ext. 103
 Kevin Togliatti, Head Tennis Professional, Ext. 105
 Chase Carman, Tournament/Jr. Coordinator, Ext. 315
 Jim Alleman, Lead Custodian
 Kathy Kuban, Kids Kourt Nursery, Ext. 112

Park Services Staff

Jeff Loesch, Director of Park Services
 Greg Ludwig, Project Coordinator & ADA Coordinator
 Dave Clark, Park Services
 Steve Hester, Park Services
 Mike Hogan, Park Services
 Cathy Kenney, Park Services
 Daniel Lopez, Park Services
 Aaron Mata, Park Services
 Paul Swiersz, Park Services
 Rich Tetlow, Park Services
 Ken Tondini, Park Services
 Adam Wrona, Park Services
 Jon Peterson, Tradesperson

Park Police Staff

John Waxweiler, Director of Public Safety
 Jeff Schenk, Police Officer

Registration



Registration begins Sat., Dec. 7th for residents & Mon., Dec. 16th for non-residents

Please verify information when registering

First day of registration at Challenge Fitness and Crest Hill ONLY

Register at Challenge Fitness

2021 S. Lawrence Ave., Lockport
(815-838-1183, ext. 0)

Registration Hours

Doors open at 7am (registration at 8am)
WALK-INS ONLY Sat., Dec. 7th until 12pm

Five Ways to Register

In person or by mail: for all mail-in and drop-off registrations, please fill out the registration form included in the brochure and make checks payable to Lockport Township Park District and return payment to:

Challenge Fitness
2021 S. Lawrence Ave.
Lockport, IL 60441
815-838-1183, ext. 0

Dellwood Park Community Center (DPCC)
1811 S. Lawrence Ave.
Lockport, IL 60441
815-838-1183, ext. 2

Crest Hill Office
1610 Plainfield Road
Crest Hill, IL 60403
815-741-2964

Over the phone at (815) 838-1183, ext. 0: beginning Mon., Dec. 9th for residents and Mon., Dec. 16th for non-residents during regular business hours. Payment must be made with Visa, MasterCard, American Express or Discover. If registering by phone you acknowledge and accept the waiver form as presented on the following page.

Online at www.lockportpark.org: available on Mon., Dec. 9th for residents and Mon., Dec. 16th for non-residents.

Fax at (815) 834-4278: please fill out the registration form and fax it. Payment must be made by Visa, MasterCard, American Express or Discover. Any faxed registration forms/signatures will be considered the same as an original form. Participation may be denied if the signature of an adult participant or the parent/guardian is not supplied on the registration form.

Hours:

Challenge Fitness Hours

2021 S. Lawrence Ave., Lockport
See page 46 for hours
815-838-1183, ext. 0

DPCC Hours

1811 S. Lawrence Ave., Lockport
See page 62 for hours
815-838-1183, ext. 2

Crest Hill Office Hours

Theodore and Knapp
10am- 4pm M/W/F
815-741-2964

All registrations must be filled out completely and accompanied by payment in full in order to be processed unless otherwise stated in the brochure. Do not forget to fill out the waiver form as this will delay the processing of your registration(s).

The Lockport Township Park District is unable to guarantee enrollment and is not responsible for lost or late mail. Additional classes may be added to accommodate enrollment. The Park District reserves the right to change or alter information printed in this publication such as policies, fees, times or locations. We try to give as much notice as possible for these changes and apologize for any inconvenience.

Reasonable Accommodation Statement

The Lockport Township Park District is committed to accessibility to all individuals with disabilities and strives to comply with the 1990 Americans with Disabilities Act (ADA) through equal and integrated participation. Please advise the Lockport Township Park District of any special assistance, accommodations, auxiliary aids or services we can provide for you to participate in our programs, activities, services, meetings, etc. Please indicate your reasonable accommodation needs on the registration form or contact the ADA Coordinator, Greg Ludwig, at (815) 838-5016 to discuss your accessibility needs. We ask your request be provided a minimum of 72 hours before the scheduled event or meeting. If a request is made less than 72 hours before the event the Lockport Township Park District will make a good faith effort to accommodate your request.

Registration Policy

Programs will be filled on a first-come, first-serve basis. Mail-in and drop-off registrations will be processed after walk-ins. All programs have a minimum and maximum enrollment. If a class is filled, waiting lists will be formed and every attempt will be made to accommodate persons on that list. Proof of residency, tax bill or voter ID card along with current driver's license is required for early registration and discounted price of programs. Residency must be updated once a year.

NSF Checks

A \$30 fee will be charged to persons presenting NSF checks for Lockport Township Park District programs. This fee must be paid at the administrative office prior to participation in the program.

Program Refund Policy

1. A full refund is granted on any program/class cancelled by the Lockport Township Park District (LTPD) due to insufficient program registration.
2. A \$10 administrative fee will be charged to refund requests (unless program is cancelled by LTPD).
3. Refund/transfer requests may be made up to five business days prior to the start of class. Refund requests received less than 5 business days from the start of the class/program will only be honored for certified medical reasons or moving from the Park District.
4. Refunds on Prairie Bluff Holiday Brunches will only be granted if the request is received at least 10 business days prior to the event or if the registrant's spot can be filled by a patron on the waitlist. If this occurs the registrant will receive a full refund minus the \$10 admin. fee.
5. All refund requests, including online registration, must be made in-person in writing at the DPCC, 1811 Lawrence Ave., or Challenge Fitness, 2021 Lawrence Ave. in Lockport.
6. Credit balances of \$10 or less will be kept on account.
7. See page 60 for trip refund policy.

LOCKPORT TOWNSHIP PARK DISTRICT

2021 S. Lawrence Avenue
Lockport, Illinois 60441
(815) 838-3621, ext. 0 FAX: (815) 834-4278

Resident _____
Non-Resident _____
School District _____

Date: _____ **E-mail:** _____

Participant's Last Name: _____ **Home Phone:** _____

Address: _____ **Cell Phone:** _____

City: _____ **Zip:** _____ **Work #:** _____

Please print clearly – mistakes could delay registration

CLASS CODE	PROGRAM	FEE	PARTICIPANTS First Name	SEX	BIRTHDATE
Credit Card Discover - American Express - MasterCard - Visa		Expiration:	Cash Check	Check #	
			Gift Card		
Credit Card #		V-Code:	Clerk Initials:	TOTAL FEE \$	

WAIVER, RELEASE OF ALL CLAIMS AND HOLD HARMLESS AGREEMENT FOR THE LOCKPORT TOWNSHIP PARK DISTRICT

Please read this form carefully and be aware that, in signing up and participating in Lockport Township Park District programs, you will be waiving and releasing all claims for injuries arising out of these programs that you and other named participants might sustain. The terms "I", "me" and "my" also refer to parents or guardians as well as participants in the program. In registering for these programs, you are agreeing to the following:

As a participant in these programs, I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of any injuries, damages, or loss which I may sustain as a result of participating, in any manner, in any and all activities connected with or associated with programs. I further recognize and acknowledge that all athletic activities involving strenuous exertion or potential body contact are hazardous recreation activities and involve substantial risks of injury.

I agree to waive and relinquish any and all claims I may have as a result of participating in these programs against the Lockport Township Park District, any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants, and employees of the governmental bodies and independent contractors, and any and all other persons and entities, of whatever nature, that might be directly or indirectly liable for any injuries that I might sustain while participating in these programs. (The parties described in the preceding sentence are referred to as "released parties" in the remainder of this agreement.)

I do hereby fully release and discharge the Lockport Township Park District and the other released parties from any and all claims for injuries, damages and loss which I may have or which may accrue to me on account of my participation in these programs.

I further agree to indemnify, hold harmless and defend the Lockport Township Park District and any and all other released parties, from any and all claims for injuries, damages and losses sustained by anyone, and arising out of, connected with, or in any way associated with my conduct and the activities of these programs.

I further understand and agree that the terms such as "participation," "programs," and "activities" referred to in this Agreement, include all exercises and physical movements of any nature while I am participating in these programs and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment, and apparatus, and anything related to my use of the services, facilities or premises involved in these programs, and transportation to and from my events.

I understand the nature of these programs for which I am registering, and have read and fully understand this Waiver, Release and Hold Harmless Agreement. I further understand that any advisements or warnings of the particular risks of these programs that I subsequently receive will be incorporated by reference into and become a part of this agreement.

Any allergies or physical handicaps? _____ If yes, please request an ADA Accommodation Form from Challenge Fitness, 2021 S. Lawrence Ave., Lockport, IL 60441, Attn: Lisa Bruni or visit www.lockportpark.org for a copy.

Signature of Participant

Signature of Parent or Guardian Required
(if participant is under 18 years of age)

Letter from the Park Board President

Dear Friends,

Together, we share a most joyous occasion this year; it is the Lockport Township Park District's 75th Anniversary. Whether you were born here or came here as a child, teen, adult or senior, we can all look back throughout the years and take great pride in our community and events. We've come a long way!

One thing that stands out in my mind when I think about the park district back in the day is playground equipment. There's a huge difference between the metal slides (always hot from the sun), rickety seesaws, precarious jungle gyms and the hard surfaces that always seemed to be underneath them. I can still look at an old piece of equipment online and it takes me back to when I had the most fun of my life as a kid. Fast forward to today and we have some of the safest and most inclusive playground equipment in the nation. In fact, LTPD inspires play and recreation within the community by including the following criteria: community demographic and need, overall project goals in promoting community health, community input and partnership efforts, eagerness to implement research-based playground design, planned programming initiatives, and our willingness to implement local data collection efforts in order to document and share outcomes through statewide advocacy efforts. It has become a science. And in this regard, I am proud to say LTPD went from being one park and one building in 1945 to having 41 parks that we maintain and several facilities throughout our district. We've embraced change and strive to bring you the best we can offer every day.

Likewise, we have taken registrations on a rotary phone to now taking them via bluetooth, from no one even knowing what a computer or the internet was, to almost not being able to do anything without them. It's interesting how life changes.

To highlight some 75th Anniversary special events, we have a 75th Birthday Bash on Sat., March 21st featuring Lockport's largest pinata, inflatable obstacle course, face painting and so much more! (See page 38.) And, this summer park parties are back with a twist! But, you'll have to wait for the next brochure for details.

There is so much to cover throughout our history that one page cannot tell it all. But we have built a great park district on the past and will continue to do so in the future. As always, we look forward to serving you.

Sincerely,

Jeff Rigoni

Park Board President



Jeff Rigoni
President



Jodi Rigoni
Vice-President



Don Bauer
Treasurer



James Louch, Jr.
Commissioner



Max Woods
Commissioner

Lockport Township Park District Commissioners



Learning Step Preschool

Sat., Feb. 1st FROM 9am-12pm

Dellwood Park Community Center
1811 S. Lawrence Ave., Lockport

Richland Center
2200 Lynwood, Crest Hill

Friendship Center at High Point
175 S. High Point Dr., Romeoville



REGISTRATION
Residents: Sat., March 7
Non-Residents: Mon., March 16



Where to Register:

Challenge Fitness, 2021 S. Lawrence Ave., Lockport, IL or Crest Hill Office, 1610 Plainfield Rd., Crest Hill

Priority registration for currently enrolled 3-year-olds to the 4-year-old program (same location and time), and for siblings of currently enrolled students coming into the program: **Mon., Feb. 24-Fri., March 6.**

Any 3 year old student can enroll in the DPCC Blue Room - 5 days.

A tax bill or voter's card along with a current driver's license is required proof of residency.

Children must be of age by Sept. 1, 2020, and parents must show a copy of the child's birth certificate.

Payment Methods:

1. Pay in full with cash, check or charge card; 2. Pay in 10 payments. First payment due at registration with auto payments for the remaining balance May-Jan. 2021. A voided check is required for this option with the payments being deducted between the 1st-4th each month.

Summer Day Camp 2020

Information will be available on our website: www.lockportpark.org - Feb. 3rd.
Once on the homepage, click "Day Camp" in the brown box.



Learning Step Preschool



35 week Program!

Multiply monthly fee by 10 for annual rate

3 Locations

School Year: 9/8/20-5/28/21

Registration is for 35 weeks

DPCC 3 Year Old Class: Orange Room

AM CLASS: 9am-11:30am

Code	Day	Fees Per Month
3843O3110	M/W/F	\$125/R - \$127/NR
3843O2110	Tu/Th	\$88.80/R - \$90.80/NR

PM CLASS: 12:30pm-3pm

3843O3210	M/W/F	\$125/R - \$127/NR
3843O2210	Tu/Th	\$88.80/R - \$90.80/NR

Richland Center - 2200 Lynwood, Crest Hill

Richland Center 3 Year Old Class

AM Class: 9:00am-11:30am

Code	Day	Fees Per Month
3843RC110	Tu/Th	\$88.80/R - \$90.80/NR
3843RC210	Tu/Th	\$88.80/R - \$90.80/NR

Richland Center 4 Year Old Class

AM Class: 9:00am-11:30am

Code	Day	Fees Per Month
3844RC110	M/W/F	\$125/R - \$127/NR
3844RC210	M/W/F	\$125/R - \$127/NR

DPCC 4 Year Old Class: Purple Room

AM CLASS: 9:00am-11:30am

Code	Day	Fees Per Month
3844P3110	M/W/F	\$125/R - \$127/NR
3844P2110	Tu/Th	\$88.80/R - \$90.80/NR

PM CLASS: 12:30pm- 3:00pm

3844P3210	M/W/F	\$125/R - \$127/NR
3844P2210	Tu/Th	\$88.80/R - \$90.80/NR

DPCC 4 & 5 Year Old Class: Blue Room

AM CLASS: 9:15am-11:15am

Code	Day	Fees Per Month
3844B110	M-F	\$169.50/R - \$171.50/NR

PM CLASS: 12:45pm-2:45pm

3844B210	M-F	\$169.50/R - \$171.50/NR
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Friendship Center at High Point - 175 High Point Dr., Romeoville

High Point 3 Year Old Class

AM Class: 9:00am-11:30am

Code	Day	Fees Per Month
3843HP110	Tu/Th	\$106.30/R - \$108.30/NR

High Point 4 Year Old Class

AM Class: 9:00am-11:30am

Code	Day	Fees Per Month
3844HP110	M/W/F	\$142.50/R - \$144.50/NR

**DPCC,
1811S.
Lawrence
Ave.,
Lockport**

**At this site, 2 or 3
day options for
3 & 4 year olds.
5 day option
for 4 year
olds too!**

See next page for registration information

Our primary goal is to provide your child with a stimulating environment in which they can grow. This program will give your child a variety of experiences, which will promote social, emotional, intellectual and motor skills. We strive to give each child a positive feeling of self-worth. We believe in and value each child's uniqueness. The classroom and the many planned activities are designed to provide an atmosphere where each child can freely express themselves. The children are encouraged to communicate, explore, discover and learn through creative play! Visit our website: www.lockportpark.org - click "Preschool" in the brown box on the homepage for more information. Must be of age by Sept. 1, 2020.



Additional Enrichment Options Dellwood Park Community Center ONLY

Pick your Add-On Options Here

If you are looking for additional programs to extend your child's preschool day, we offer the following options so your child may be able to spend all day (9am-6pm) with us at the Dellwood Park Community Center (ages 3-5 yrs) Preschool staff will move children to and from programs.

Enrichment Fun

We'll have outdoor play, games, crafts, additional learning activities, music and some rest time. Children should bring a lunch. A staff person will escort your child to or from preschool class.

9am-12:30pm

Code	Days a Week	Fees Per Month
384ME110	1	\$44.90/R - \$46.90/NR
	2	\$87.80/R - \$89.80/NR
	3	\$130.60/R - \$132.60/NR
	4	\$173.50/R - \$175.50/NR
	5	\$216.40/R - \$218.40/NR

11:30am-3:00pm

Code	Days a Week	Fees Per Month
384AE110	1	\$44.90/R - \$46.90/NR
	2	\$87.80/R - \$89.80/NR
	3	\$130.60/R - \$132.60/NR
	4	\$173.50/R - \$175.50/NR
	5	\$216.40/R - \$218.40/NR

Sunset Fun: 3pm-6pm

Extend the day of preschool fun with a variety of indoor and outdoor activities! An afternoon snack will be provided.

Code	Days a Week	Fees Per Month
384SSF110	1	\$39.30/R - \$41.30/NR
	2	\$76.00/R - \$78.00/NR
	3	\$112.80/R - \$114.80/NR
	4	\$149.50/R - \$151.50/NR
	5	\$186.30/R - \$188.30/NR

Multiply monthly fee by 10 for annual rate



Fun-Etics

Give your child a head start on developing critical **literacy, math, physical and social skills!** Our “**Multi-Sensory, Hands-on Play Curriculum**” successfully reaches each child because it simultaneously caters to **ALL learning styles**. Our trademark activities, games, music, crafts, teacher-made toys and unique sensory-play experiences have all been strategically designed to keep children interested long enough to gain foundational skills as they play - which leads to increased self-esteem and a **true love for learning!** All activities are centered on each week’s “**Focus Letter**” - seasonal themes incorporated.

- Session 1: W, I, K, Q - Winter Fun!**
 - Session 2: X, V, U, R - Cooking!**
 - Session 3: F, L, N, E - Weather!**
 - Session 4: D, G, M, Z - Spring is in the Air!**
 - Session 5: Gardening! 3 week mini session**
- *For all classes child must be potty trained or pull-ups with parent accessible.



Monday Fun Day!

Three hours of learning fun! Your child(ren) will enjoy playing, learning and socializing in a strategically planned learning environment - all while you take a well-deserved break! The letter of the week and seasonal themes are incorporated into our music, games and crafts. (Please bring a sack lunch.)

Code	Date	Time	Day
521MV110	1/6-1/27	9:15am-12:15pm	M
521MV210	2/3-2/24	9:15am-12:15pm	M
521MV310	3/2-3/23	9:15am-12:15pm	M
521MV410	4/6-4/27	9:15am-12:15pm	M
521MV510*	5/4-5/18	9:15am-12:15pm	M

Fees: \$99 Resident, \$109 Non-Resident

*Fees: \$75 Resident, \$85 Non-Resident

Supervisor: Cathy Brewer, Instructor: Heather Kuncis & Sue Sebranek

Ages: 3-5 yrs, Min./Max.: 8/16, Facility: Meader House

Preschool Bridge

This class is designed to prepare children for preschool. Your child will practice social skills, letter recognition, phonemic awareness and math concepts. Please send your child with a lunch.

Code	Date	Time	Day
521PB110	1/7-1/28	9:15am-12:15pm	Tu
521PB210	2/4-2/25	9:15am-12:15pm	Tu
521PB310	3/3-3/24	9:15am-12:15pm	Tu
521PB410	4/7-4/28	9:15am-12:15pm	Tu
521PB510*	5/5-5/19	9:15am-12:15pm	Tu

Fees: \$99 Resident, \$109 Non-Resident

*Fees: \$75 Resident, \$85 Non-Resident

Supervisor: Cathy Brewer, Instructor: Kristin Sass & Diane Kairis

Ages: 2-3 yrs, Min./Max.: 8/16, Facility: Meader House

All By Myself

Social and emotional development is the main focus of this class. Teachers will help your child to develop healthy separation habits, make new friends, exercise independence, practice good manners, and develop foundational literacy and math skills. (Pack a small snack for your child.)

Code	Date	Time	Day
521AMW110	1/8-1/29	9:15am-10:30am	W
521AMW210	1/8-1/29	10:45am-12:00pm	W
521AMW310	2/5-2/26	9:15am-10:30am	W
521AMW410	2/5-2/26	10:45am-12:00pm	W
521AMW510	3/4-3/25	9:15am-10:30am	W
521AMW610	3/4-3/25	10:45am-12:00pm	W
521AMW710	4/8-4/29	9:15am-10:30am	W
521AMW810	4/8-4/29	10:45am-12:00pm	W
521AMW910*	5/6-5/20	9:15am-10:30am	W
521AMW1010*	5/6-5/20	10:45am-12:00pm	W
521AMTH110	1/9-1/30	10:45am-12:00pm	Th
521AMTH210	2/6-2/27	10:45am-12:00pm	Th
521AMTH310	3/5-3/26	10:45am-12:00pm	Th
521AMTH410	4/9-4/30	10:45am-12:00pm	Th
521AMTH510*	5/7-5/21	10:45am-12:00pm	Th

Fees: \$55 Resident, \$65 Non-Resident

*Fees: \$41 Resident, \$51 Non-Resident

Supervisor: Cathy Brewer

Instructor: Heather Kuncis & Sandy Muza

Ages: 2-3 yrs, Min./Max.: 7/12

Facility: Meader House

2 Much Fun

Come out and experience some learning fun with your child(ren) as you enjoy a wide variety of learning activities each week. Each class features our "Circle Time" songs and activities teaching letters, colors and numbers through fun songs, dances and crafts!

Code	Date	Time	Day
5212M110	1/9-1/30	9:15am-10:30am	Th
5212M210	2/6-2/27	9:15am-10:30am	Th
5212M310	3/5-3/26	9:15am-10:30am	Th
5212M410	4/9-4/30	9:15am-10:30am	Th
5212M510*	5/7-5/21	9:15am-10:30am	Th

Fees: \$46 Resident, \$56 Non-Resident

*Fees: \$35 Resident, \$45 Non-Resident

Supervisor: Cathy Brewer, Instructor: Heather Kuncis

Ages: 1-5 yrs with parent

Min./Max.: 6/12

Facility: Meader House

Friday Fun Day

Three full hours of learning fun! Your child will enjoy playing, learning and socializing in a strategically planned learning environment - all while you take a well deserved break! The letter of the week and seasonal themes are incorporated into our music, games and crafts. Please bring a sack lunch to enjoy.

Code	Date	Time	Day
521FF110	1/10-1/31	9:15am-12:15pm	F
521FF210	2/7-2/28	9:15am-12:15pm	F
521FF310	3/6-3/27	9:15am-12:15pm	F
521FF410	4/10-5/1	9:15am-12:15pm	F
521FF510*	5/8-5/22	9:15am-12:15pm	F

Fees: \$99 Resident, \$109 Non-Resident

*Fees: \$75 Resident, \$85 Non-Resident

Supervisor: Cathy Brewer

Instructor: Kristin Sass & Diane Kairis

Ages: 3-5 yrs, Min./Max.: 7/16

Facility: Meader House



Music and Muffin Class

Parents, expectant parents and grandparents bring your babies, toddlers and preschoolers to join us for a sample Music Together class and enjoy some tasty treats.

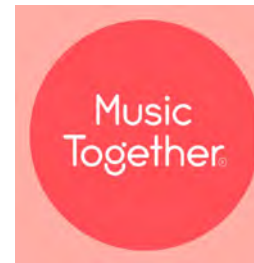
Please call to RSVP at Southwest Music

Together at 815-302-7590 or swmusictogether@sbcglobal.net.

Date	Time	Day
3/16	10:30am-11:15am	M

Min./Max.: 5/12

Facility: DPCC MPR (A)



Music Together

Nurture your child's natural enthusiasm for music and movement with this fun, engaging and musically diverse experience. The informal instructional style will soon have your entire family singing, dancing, and laughing together! Siblings under 9 months are free! Tuition includes an illustrated songbook, a CD-ROM Guide to Music

and Your Child, a professional CD, and an exclusive code for downloading the current music collection and interactive fun family zone. A new and exciting song collection is introduced every semester. (No refunds after the first class.)

Code	Date	Time	Day
522MT110	1/6-3/9	9:30am-10:15am	M
522MT210	1/6-3/9	10:30am-11:15am	M
522MT310	1/6-3/9	11:30am-12:15pm	M
522MT410	3/23-6/1	9:30am-10:15am	M
522MT510	3/23-6/1	10:30am-11:15am	M
522MT610	3/23-6/1	11:30am-12:15pm	M

Fees: \$130 Resident, \$140 Non-Resident

Supervisor: Cathy Brewer

Instructor: Southwest Music Together

Ages: 5 and under with parent/adult

Min./Max.: 6/12

Facility: DPCC MPR (A)

No Class: 5/25



Magic Class

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks for the "Magic Team of Gary Kantor"! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn new tricks that are age-appropriate. Additionally, you can sign up for this class again and again, since brand new tricks are always taught at each session. (Note: Class will be held at Plainfield Park District - Prairie Activity Rec., 24550 W. Renwick Rd., Plainfield)

Code	Date	Time	Day
602MC110	2/6	6:45pm-7:40pm	Th
602MC210	4/20	5:00pm-5:55pm	M

Fees: \$20 Resident, \$30 Non-Resident

Supervisor: Cathy Brewer

Ages: 5-12 yrs, Min./Max.: 5/30

Facility: Plainfield Park District
Streams Rec Center



Romeo and Harriet



Stage play:

Musical Theater for Kids!

Does your child love to sing, dance and perform for others? This entertaining program emphasizes the journey toward producing a show from start to finish, while creating a fun environment to stretch dramatic wings. Participants will rehearse and perform StagePlay's 63rd production, "Romeo & Harriet," a musical parody of Shakespeare's famous play, but with a happy ending! A performance on Tuesday, May 12, at the LTHS East Campus Auditorium will give the cast a chance to show friends and family all that they have learned in only fourteen weeks. For more information, email info@stageplaykids.com. Please note: The strict attendance policy for the youth class states that only two classes can be missed in order to receive a speaking part. Absences must be communicated to the director prior to casting on February 11. Leaving more than 15 minutes early will be considered an absence. No refunds after the second class.

Dress rehearsal: Tuesday, May 5, 4:00 pm - 6:00 pm.

Performance: Tuesday, May 12, at 7:00 p.m. - LTHS East Campus Auditorium.

Stage play Junior - Ages 5-8

Code	Date	Time	Day
602SJ110	1/28-5/12	4:00pm-4:50pm	Tu

Fees: \$133 Resident, \$143 Non-Resident

Supervisor: Cathy Brewer
Instructor: Monica Minogue
Min./Max.: 15/25

Facility: DPCC Multi-Purpose Room A
No Class: 3/3, 3/31

Stage play Youth - Ages 9-15

Code	Date	Time	Day
602SY110	1/28-5/12	5:00pm-6:30pm	Tu

Fees: \$168 Resident, \$178 Non-Resident

Supervisor: Cathy Brewer
Instructor: Monica Minogue
Min./Max.: 15/35

Facility: DPCC Multi-Purpose Room A
No Class: 3/3, 3/31



Give your child a gift that can last a lifetime, the ability to speak another language! In this class students will learn conversational Spanish through fun and educational activities and music. Older children will also learn some Spanish phonetics, reading, and writing skills. Each session introduces new and exciting material!

Fees: \$72 Resident, \$82 Non-Resident

Supervisor: Cathy Brewer

Instructor: Language in Action

Min./Max.: 5/15

No Class: 1/20, 2/17, 3/2, 3/30, 4/13

Walsh School (Grades K-1)

Code	Date	Time	Day
413YSW110	1/23-2/20	3:30pm-4:30pm	Th
413YSW210	2/27-3/26	3:30pm-4:30pm	Th
413YSW310	4/9-5/7	3:30pm-4:30pm	Th

Reed School (Grades 2-3)

Code	Date	Time	Day
413YSR110	1/22-2/19	3:30pm-4:30pm	W
413YSR210	2/26-3/25	3:30pm-4:30pm	W
413YSR310	4/8-5/6	3:30pm-4:30pm	W

Schilling School (Grades K-4)

Code	Date	Time	Day
413YSS110	1/23-2/20	3:20pm-4:20pm	Th
413YSS219	2/27-3/26	3:20pm-4:20pm	Th
413YSS310	4/9-5/7	3:20pm-4:20pm	Th

Butler School (Grades 1-4)

Code	Date	Time	Day
413YSB110	1/6-2/10	3:20pm-4:20pm	M
413YSB210	2/24-4/6	3:20pm-4:20pm	M
413YSB310	4/20-5/18	3:20pm-4:20pm	M

Milne Grove School (Grades K-3)

Code	Date	Time	Day
413YSM110	1/27-3/9	3:15pm-4:15pm	M
413YSM210	3/16-4/27	3:15pm-4:15pm	M

Ludwig School (Grades 4-5)

Code	Date	Time	Day
413YSL110	1/24-2/21	2:30pm-3:30pm	F
413YSL210	2/28-3/27	2:30pm-3:30pm	F
413YSL310	4/17-5/15	2:30pm-3:30pm	F



CANLAN SKATING ACADEMY

An excellent "learn to skate" program that can accommodate the beginner skater to the advanced level skater through a variety of classes. The curriculum is designed to keep skaters enthusiastic about learning and achieving his or her skating goals. **Our rink temperatures are like winter all year round!**
SKATES ARE INCLUDED IN ALL CLASSES.

Supervisor: Cathy Brewer
Facility: (Canlan Ice Sports Skating Academy,
1581 Normantown Rd., Romeoville, 815-886-4423)

Snow Plow Sam 1: Ages 3-5

Classes are designed to help the preschool age skater develop preliminary coordination and strength to maneuver on the ice. Time with the instructors will allow children to become comfortable on the ice. Class is 30 minutes of instruction. All skaters are required to be registered with the US Figure Skating Learn to Skate USA Program. The annual membership fee is \$18. Registrations are due at the first class date and are payable to Canlan Ice Sports. Helmets and knee pads are highly recommended.

Code	Date	Time	Day
602SP110	1/4-2/29	9:40am-10:10am	Sa
602SP210*	1/6-2/24	5:20pm-5:50pm	M
602SP310*	1/8-2/26	6:00pm-6:30pm	W
602SP410*	3/2-4/20	5:20pm-5:50pm	M
602SP510*	3/4-4/22	6:00pm-6:30pm	W
602SP610	3/7-4/25	9:40am-10:10am	Sa
602SP710	4/27-6/15	5:20pm-5:50pm	M
602SP810*	4/29-6/17	6:00pm-6:30pm	W
602SP910	5/9-6/20	9:40am-10:10am	Sa

Fees: \$72 Resident, \$82 Non-Resident

*Fees: \$82 Resident, \$92 Non-Resident

Ages: 3-5 yrs.

No Class: 1/18, 2/8, 4/18, 5/25

Basic Skills 1: Ages 6-15

Introducing the fundamental moves of skating: forward, backward and stops. Upon completion of Basic 1, skaters have the basic knowledge of the sport enabling them to advance to the more specialized areas of skating. All skaters are required to be registered with the US Figure Skating Learn to Skate USA Program. The annual membership fee is \$18; registrations are due at the first class date and are payable to Canlan Ice Sports. Helmets and knee pads are highly recommended.

Code	Date	Time	Day
602CB110	1/4-2/29	9:40am-10:20am	Sa
602CB210*	1/6-2/24	5:50pm-6:30pm	M
602CB310*	1/8-2/26	6:00pm-6:40pm	W
602CB410*	3/2-4/20	5:50pm-6:30pm	M
602CB510*	3/4-4/22	6:00pm-6:40pm	W
602CB610	3/7-4/25	9:40am-10:20am	Sa
602CB710	4/27-6/15	5:50pm-6:30pm	M
602CB810*	4/29-6/17	6:00pm-6:40pm	W
602CB910	5/9-6/20	9:40am-10:20am	Sa

Fees: \$122 Resident, \$132 Non-Resident

*Fees: \$140 Resident, \$150 Non-Resident

**Fees: \$164 Resident, \$174 Non-Resident

No class: 1/18, 2/8, 4/18, 5/25



Parent & Tot Skating

This class is designed to introduce new skaters to the fundamental skating skills with the assistance of a parent. Qualified instructors lead parents and children through various games and activities to make the children reach a comfort level on the ice. Parents must have competent skating ability in order to help their child during the program. All skaters are required to be registered with the US Figure Skating Learn to Skate USA Program. The annual membership fee is \$18; registrations are due at the first class date and are payable to Canlan Ice Sports.

Code	Date	Time	Day
602PT110	1/4-2/29	9:40am-10:10am	Sa
602PT210*	1/6-2/24	5:20pm-5:50pm	M
602PT310*	1/8-2/26	6:00pm-6:30pm	W
602PT410*	3/2-4/20	5:20pm-5:50pm	M
602PT510*	3/4-4/22	6:00pm-6:30pm	W
602PT610	3/7-4/25	9:40am-10:10am	Sa
602PT710	4/27-6/15	5:20pm-5:50pm	M
602PT810*	4/29-6/17	6:00pm-6:30pm	W
602PT910	5/9-6/20	9:40am-10:10am	Sa

Fees: \$72 Resident, \$82 Non-Resident

*Fees: \$82 Resident, \$92 Non-Resident

No class: 1/18, 2/8, 4/18, 5/25

Learn to Play Hockey: Ages 7-15

Learn the fundamentals of hockey skating. Students will learn proper skating techniques required for hockey with emphasis on becoming more agile on the ice. All elements are taught without a stick and a puck. Students will wear full hockey gear and become comfortable skating in hockey equipment. (Hockey equipment - RG Hockey, located inside the rink, offers full equipment packages starting at \$150.)

Code	Date	Time	Day
602PH110	1/4-2/29	11:40am-12:40pm	Sa
602PH210*	1/6-2/24	5:30pm-6:30pm	M
602PH310*	3/2-4/20	5:30pm-6:30pm	M
602PH410	3/7-4/25	11:40am-12:40pm	Sa
602PH510	4/27-6/15	5:30pm-6:30pm	M
602PH610	5/9-6/20	11:40am-12:40pm	Sa

Fees: \$144 Resident, \$154 Non-Resident

*Fees: \$165 Resident, \$175 Non-Resident

No class: 1/18, 2/8, 4/18, 5/25

Horseback Riding For All Ages!

Get up and go! It's time to ride at Nova Quarter Horses, Inc. fun for all ages at any riding level, no previous experience is needed. Come out to learn both Western and English disciplines taught by our highly qualified trainers and instructors. We offer both an indoor and outdoor arena, so Nova is able to offer lessons year-round. A 5 Lesson Paper includes 5 individual one hour lessons within a group format. Helmets are available at parent's request. Once your lessons are purchased, call Nova to schedule your lessons at (708) 479-3696. Take your receipt with you to the first class to receive your lesson card. Jeans and hard soled or gym shoes are required. (There is a limit of two, 5 lesson cards per family) Nova Quarter Horses, Inc. - 10129 W. 187th Street, Mokena, IL 60448

Code	Date	Time
602HR110	12/7-4/30	1:00pm

Fees: \$195 Resident, \$205 Non-Resident
 Supervisor: Cathy Brewer
 Ages: 6+ yrs, Min./Max.: 1/50
 Facility: Non-District Facility (Nova Quarter Horses)

Nova Quarter Horses Winter Camp

Join Nova Quarter Horses for two fun filled days! Each day will consist of hands-on experience and a riding lesson. Guided by our experienced staff members, each participant will learn to saddle, bridle, and groom their very own horse before taking them to the arena for the daily lesson. No need to worry about the weather outside, as the Nova office is heated and the barn and arena are insulated and climate controlled. Participants should bring a brown bag lunch each day. Nova Quarter Horses, Inc. - 10129 W. 187th Street, Mokena, IL 60448

Code	Date	Time	Day
602HC110	1/2-1/3	10:00am-3:00pm	Th/F

Fees: \$175 Resident, \$180 Non-Resident
 Supervisor: Cathy Brewer
 Ages: 7-18 yrs
 Min./Max.: 1/10
 Facility: Non-District Facility (Nova Quarter Horses)



SportsKids Little Gymsters

Kids will have a ball as they run, jump, hop, skip, tumble, stretch, and play to gain strength and cardio awareness as well as improve motor development, spatial awareness, cognitive ability, socialization, and sharing

skills. We'll do all sorts of gym activities including exercises, bean bag games, relay races, animal movements, circle games, obstacle courses, tagging games, parachute play, balloon activities, and other fitness and sports games. Make sure to wear comfortable clothes and gym shoes for this action-packed class! Each child should bring a water bottle.

Code	Date	Time	Day
088SKLG110	1/13-2/17	9:30am-10:15am	M
088SKLG210	3/2-4/13	9:30am-10:15am	M

Fees: \$53 Resident, \$58 Non-Resident
 Supervisor: Ben Ragle
 Instructor: SportsKids, Inc.
 Ages: 3-5 yrs, Min./Max.: 6/20
 Facility: DPCC Gym South
 No class: 3/30

SportsKids Little Dribblers

An introduction to basketball, this class offers simple drills to teach players the rules of the game, ball handling, passing and defense. Instructors emphasize team play and sportsmanship. Each child should bring a water bottle.

Code	Date	Time	Day
088SKLD110	1/13-2/17	11:30am-12:15pm	M
088SKLD210	3/2-4/13	11:30am-12:15pm	M

Fees: \$53 Resident, \$58 Non-Resident
 Supervisor: Ben Ragle
 Instructor: SportsKids, Inc.
 Ages: 3-5 yrs, Min./Max.: 6/20
 Facility: DPCC Gym South
 No class: 3/30

SportsKids Adult & Tot Sports Stop

Moms, dads, or any significant adult can play an integral part in helping their tot experience basic sports movement. Your tot learns in a nurturing environment with gymnastics and sports equipment used to introduce organized sports movement. Each child should bring a water bottle.

Code	Date	Time	Day
088SKATSS110	1/13-2/17	10:30am-11:15am	M
088SKATSS210	3/2-4/13	10:30am-11:15am	M

Fees: \$45 Resident, \$50 Non-Resident
 Supervisor: Ben Ragle
 Instructor: SportsKids, Inc.
 Ages: 2-3 yrs, Min./Max.: 6/16
 Facility: DPCC Gym South
 No class: 3/30

SportsKids Pee Wee Floor Hockey

Does your child love the Blackhawks? This class will help your child learn the game of hockey before the skates go on. Drills for stick handling, passing, shooting, and goalie skills as well as team drills will be demonstrated in this class. Your child will enjoy learning the fundamentals and mechanics of this fast-paced and super-fun game. Each child should bring a water bottle.

Code	Date	Time	Day
088SKPFH110	1/13-2/17	1:00pm-1:45pm	M
088SKPFH210	3/2-4/13	1:00pm-1:45pm	M

Fees: \$53 Resident, \$58 Non-Resident
 Supervisor: Ben Ragle
 Instructor: SportsKids, Inc.
 Ages: 4-6 yrs, Min./Max.: 6/20
 Facility: DPCC Gym South
 No class: 3/30

SportsKids Adult & Tot T-Ball

Parents can enjoy America's favorite pastime with their child. Young children will develop motor skills while having fun throwing, catching, batting, and base running like big kids. Parents and their little athletes will enjoy making new friends and working together to learn the basics of game play in this exciting class! Each child should bring a water bottle.

Code	Date	Time	Day
088SKATTB110	1/15-2/19	9:15am-10:00am	W
088SKATTB210	3/4-4/15	9:15am-10:00am	W

Fees: \$53 Resident, \$58 Non-Resident
 Supervisor: Ben Ragle
 Instructor: SportsKids, Inc.
 Ages: 2-3 yrs, Min./Max.: 6/16
 Facility: DPCC Gym South
 No class: 4/1

SportsKids Sporting Encounters

Girls and boys learn the basic skills of soccer, basketball, floor hockey and more. Classes are designed to improve listening skills, the ability to follow directions, and enhance overall physical development while having fun. Each child should bring a water bottle.

Code	Date	Time	Day
088SKSE110	1/15-2/19	11:15am-12:00pm	W
088SKSE210	3/4-4/15	11:15am-12:00pm	W

Fees: \$45 Resident, \$50 Non-Resident

Supervisor: Ben Ragle

Instructor: SportsKids, Inc.

Ages: 3-5 yrs, Min./Max.: 6/20

Facility: DPCC Gym South

No class: 4/1

SportsKids Tot Track & Field

This unique class will combine stretching, movement, and other fitness concepts with running, jumping, throwing, and other skills used in track and field. Children will work on body coordination, agility, balance, and self-confidence. The session will conclude with a fun filled track and field meet on the last day of the class. Each child should bring a water bottle.

Code	Date	Time	Day
088SKTTF110	1/15-2/19	12:45pm-1:30pm	W
088SKTTF210	3/4-4/15	12:45pm-1:30pm	W

Fees: \$53 Resident, \$58 Non-Resident

Supervisor: Ben Ragle

Instructor: SportsKids, Inc.

Ages: 3-5 yrs, Min./Max.: 6/20

Facility: DPCC Gym South

No class: 4/1

SportsKids T-Ball Training

Let's play T-ball! The focus of this program will be on helping your child to enhance batting, throwing, catching, and base running skills. We will concentrate on the fundamentals of game play while having a good time too! Our fun approach is a great way to expose boys to teamwork and sportsmanship as we help young athletes to discover the excitement of competition while learning the basics of America's favorite pastime. Remember to bring glove and water bottle to each class.

Code	Date	Time	Day
088SKTBT110	1/17-2/21	11:30am-12:15pm	F
088SKTBT210	3/6-4/17	11:30am-12:15pm	F

Fees: \$53 Resident, \$58 Non-Resident

Supervisor: Ben Ragle

Instructor: SportsKids, Inc.

Ages: 3-5 yrs, Min./Max.: 6/20

Facility: DPCC Gym South

No class: 4/3

SportsKids Super Sluggers T-Ball League

The first three classes will focus on learning the fundamentals of t-ball/baseball in a fun and instructional setting. Players will then be divided into teams and will spend the remaining four weeks playing supervised games. Parent volunteers are needed to coach. All participants will need to bring their own glove and a water bottle. T-shirts and hats will be provided.

Code	Date	Time	Day
088SS110	6/5-7/17	9:00am-10:15am	F

Fees: \$92 Resident & Non-Resident

Instructor: Sports Fontana

Supervisor: Ben Ragle

Ages: 4-6 yrs with parent, Min/Max: 24/100

Facility: Hassert Park Diamonds H1, H2, H3

No class: 7/5

SportsKids Tiny Tot Olympics

Get in on the olympic spirit with your child as you join us for this fun class! Boys and girls will jump, run, throw, and develop a variety of other skills as they participate in soccer, basketball, floor hockey, track and field, and other olympic sports. Children, with the help of their parents, will participate in pint-size olympic games during the last class of the session. Events made just for the smallest athletes will include an obstacle course, pool noodle javelin throw, the long jump, soccer ball kick, and relay races. Each child should bring a water bottle.

Code	Date	Time	Day
088SKTTO110	1/17-2/21	10:30am-11:15am	F
088SKTTO210	3/6-4/17	10:30am-11:15am	F

Fees: \$53 Resident, \$58 Non-Resident

Supervisor: Ben Ragle

Instructor: SportsKids, Inc.

Ages: 2-3 yrs, Min./Max.: 6/16

Facility: DPCC Gym South, No class: 4/3

SportsKids Adult & Tot Gymsters

This program will provide quality time to participate in obstacle courses, parachute play, circle games, and other fitness and sports activities. Your child will experience a multitude of gym activities that safely challenge his or her abilities in a positive environment. Each child should bring a water bottle.

Code	Date	Time	Day
088SKATG110	1/15-2/19	10:15am-11:00am	W
088SKATG210	3/4-4/15	10:15am-11:00am	W

Fees: \$45 Resident, \$50 Non-Resident

Supervisor: Ben Ragle

Instructor: SportsKids Inc.

Ages: 2-3 yrs, Min./Max.: 6/16

Facility: DPCC Gym South

No class: 4/1

SportsKids Winter Break Jammers Basketball Camp

Join our coaches over the holiday break to sharpen your hoop skills. Camps will focus primarily on fundamentals with some game play and strategic situations.

Code	Date	Time	Day
088WBJ110	12/26-12/30	10:30am-11:25am	Th-M

Fees: \$30 Resident, \$35 Non-Resident

Supervisor: Ben Ragle

Instructor: SportsKids Inc.

Ages: 6-8 yrs, Min./Max.: 6/20

Facility: DPCC Gymnasium North

No class: 12/28, 12/29

SportsKids Super Sluggers Winter Break T-Ball Camp

Get your bat ready for spring. This camp focuses on the fundamentals of T-Ball. This course is a great way to sample baseball in an indoor setting before the spring season rolls around. Please bring your own bat and glove.

Code	Date	Time	Day
088WBT110	12/26-12/30	11:30am-12:25pm	Th-M

Fees: \$30 Resident, \$35 Non-Resident

Supervisor: Ben Ragle

Instructor: SportsKids Inc.

Ages: 4-7 yrs, Min./Max.: 6/16

Facility: DPCC Gymnasium North

No class: 12/28, 12/29

SportsKids Super Sluggers Winter Break Baseball/Softball Hitting Camp

Get ready for baseball season! Start training now in an indoor setting. This camp focuses on the fundamentals of hitting. Our coaches will help keep your skills sharp in the off-season. Mechanics and fundamental skills will be the primary focus. Please bring your own bat and glove.

Code	Date	Time	Day
088WBBS110	12/26-12/30	12:30pm-1:25pm	Th-M

Fees: \$30 Resident, \$35 Non-Resident
 Supervisor: Ben Ragle
 Instructor: SportsKids Inc.
 Ages: 7-13 yrs, Min./Max.: 6/16
 Facility: DPCC Gymnasium North
 No class: 12/28, 12/29

Super Sluggers Baseball/Softball Winter Break Pitcher/Catcher Camp

Get ready for baseball season! Start training now in an indoor setting. This camp focuses on the fundamentals needed to play the skills for positions of pitcher and catcher. Our coaches will help keep your skills sharp in the off-season. Mechanics and the fundamental skills will be the primary focus. Please bring your own glove.

Code	Date	Time	Day
088WBBSPC110	12/26-12/30	1:30pm-2:25pm	Th-M

Fees: \$30 Resident, \$35 Non-Resident
 Supervisor: Ben Ragle
 Ages: 7-13 yrs, Min./Max.: 6/15
 Facility: DPCC Gymnasium North
 No class: 12/28, 12/29

Super Sluggers Baseball/Softball Winter Break Skills Camp

Start spring training early and sharpen your baseball skills in this indoor setting. Our coaches will work on the fundamental skills needed to make you a super star in the summer. Please bring your own bat and glove.

Code	Date	Time	Day
088WBBS110	12/26-12/30	2:30pm-3:25pm	Th-M

Fees: \$30 Resident, \$35 Non-Resident
 Supervisor: Ben Ragle
 Ages: 7-13 yrs, Min./Max.: 6/15
 Facility: DPCC Gymnasium North
 No class: 12/28, 12/29

Kids First Baseball Program

Home run! It's a hit! This program prepares kids to understand the game of baseball through fundamentals. Players learn how to step, catch and throw at different fielding positions. Plus, batting is taught in a fundamental way followed by coach-pitch making kids feels comfortable swinging the bat and hitting the ball. Baseball games are played once the players are ready. Kids love it!

Code	Date	Time	Day
088KFB110	1/5-2/2	4:00pm-5:00pm	Su
088KFB210	2/9-3/8	4:00pm-5:00pm	Su
088KFB310	3/29-5/3	4:00pm-5:00pm	Su
088KFB410*	4/14-5/16	1:00pm-2:15pm	Sa

Fees: \$59 Resident, \$64 Non-Resident
 *Fees: \$69 Resident, \$74 Non-Resident
 Supervisor: Ben Ragle
 Instructors: Kids First Sports Safety Staff
 Ages: 6-12 yrs, Min./Max.: 6/24
 Location: DPCC Gym South, *Behind Challenge Fitness
 No class: 4/12



Kids First Flag Football Program

This class combines preparation with games. Coaches will focus on safety and skills preparation for the first two weeks and prior to games. If the group is large enough scrimmage games will be played.

Code	Date	Time	Day
088FFF110	4/4-5/16	9:00am-10:15am	Sa

Fees: \$69 Resident/ \$74 Non-Resident
 Supervisor: Ben Ragle
 Instructor: Kids First Safety Staff
 Ages: 6-14 yrs, Min./Max.: 6/28
 Location: Behind Challenge Fitness
 No class: 4/11

Kids First Track and Field Program

Run with a smile! Excellent coaches will focus on teaching sprints, hurdles, jumps, distance running, and throws in a safe fundamental way. This program consists of body-balance techniques; speed and agility drills, producing a quicker, safer and more powerful performer. A wide variety of timed events will take place during each day concluding with an event championship series.

Code	Date	Time	Day
088TF110	4/4-5/16	10:15-11:30am	Sa

Fees: \$69 Resident, \$74 Non-Resident
 Supervisor: Ben Ragle
 Instructors: Kids First Sports Safety Staff
 Ages: 5-13 yrs, Min./Max.: 6/28
 Location: Behind Challenge Fitness
 No class 4/11

Kids First Cheerleading Program

Cheerleader action! If your child dreams of being on the cheerleading squad then this program is perfect. Experienced coaches will focus on the sport by teaching cheerleading skills that are fun, safe, and fundamental. Cheerleading drills set to music! This program offers cheerleading skills contest and championship team competition. Plus fun competitive drills to enhance cheerleading techniques, body balance movements, timing, rhythm, pompom bebop dance, jumps, stunts, cheers, rah-rah awareness and sportsmanship. Last day of the program features a competitive cheer challenge contest. Girls love it! Parents bring your cameras.

Code	Date	Time	Day
088CP110	4/4-5/16	9:00am-10:15am	Sa

Fees: \$69 Resident, \$74 Non-Resident
 Supervisor: Ben Ragle
 Instructors: Kids First Sports Safety Staff
 Ages: 6-13 yrs, Min/Max.: 6/28
 Location: Behind Challenge Fitness
 No class: 4/11

Kids First Multi-Sport Program

Wow this is fun! I want to try it! Multi-sport program combines playing sports, games, events, and contests while learning safe fundamentals. Kids first certified coaches plan a combination of sports and games ranging from competitive to non-competitive and leisure. Including:(Baseball, Softball, Soccer, Track and Field events, Dodgeball, Badmitton, Flag Football, volleyball, Ultimate Frisbee, kick ball, balloon ball, and more. Children should bring a water bottle, sack lunch, snack, and beverage daily.

Code	Date	Time	Day
088KFMC110	1/5-1/26	12:30pm-4:00pm	Su
088KFMC210	2/2-2/23	12:30pm-4:00pm	Su
088KFMC310	3/1-3/22	12:30pm-4:00pm	Su
088KFMC410	3/29-4/26	12:30pm-4:00pm	Su
088KFMC510	5/3-5/31	12:30pm-4:00pm	Su

Fees: \$79 Resident, \$84 Non-Resident

Supervisor: Ben Ragle

Instructor: Kids First Sports Safety

Ages: 6-13 yrs, Min./Max.: 6/88

Facility: DPCC Gym South

No Class: 4/12, 5/24

Soccer Shots Mini

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active. Parent participation is encouraged. All equipment is provided. Please wear gym shoes and bring a water bottle. Dry fit soccer jerseys will be available for purchase on the first day of class.

Code	Date	Time	Day
088SSM110	1/8-2/12	5:00pm-5:30pm	W
088SSM210	2/26-4/8	5:00pm-5:30pm	W
088SSM310	4/15-5/20	5:00pm-5:30pm	W
088SSM410	1/7-2/11	11:00am-11:30am	Tu
088SSM510	2/25-4/7	11:00am-11:30am	Tu
088SSM610	4/14-5/19	11:00am-11:30am	Tu

Fees: \$68 Resident, \$73 Non-Resident

Supervisor: Ben Ragle

Ages: 2-3 yrs, Min./Max.: 6/12

Facility: DPCC Gym South

No class: 3/31, 4/1

Soccer Shots Classic Youth Soccer Program

Soccer shots classic utilizes creative and imaginative games to focus on soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation.

Code	Date	Time	Day
088SSCY110	1/6-2/10	5:00pm-5:45pm	M
088SSCY210	2/24-4/6	5:00pm-5:45pm	M
088SSCY310	4/13-5/18	5:00pm-5:45pm	M
088SSCY410	1/7-2/11	11:40am-12:25pm	Tu
088SSCY510	2/25-4/7	11:40am-12:25pm	Tu
088SSCY610	4/14-5/19	11:40am-12:25pm	Tu

Fees: \$68 Resident, \$72 Non-Resident

Supervisor: Ben Ragle

Ages: 3-5 yrs, Min./Max.: 6/12

Facility: DPCC Gym South, No class: 3/30, 3/31

Soccer Shots Premier Youth Soccer Program

Soccer shots premier focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner. Jerseys are available for purchase.

Code	Date	Time	Day
088SSPY110	1/6-2/10	5:00pm-5:45pm	M
088SSPY210	2/24-4/8	5:00pm-5:45pm	M
088SSPY310	4/13-5/18	5:00pm-5:45pm	M

Fees: \$68 Resident, \$72 Non-Resident

Supervisor: Ben Ragle

Ages: 5-8 yrs, Min./Max.: 8/12

Facility: DPCC Gym North

No class: 3/30

Soccer Shots Winter League

Soccer Shots Winter League is designed specifically for Pre-Kindergarten through 4th grade. Children who are looking for an age-appropriate league-style play in a recreational environment. Our Winter League includes 25 minutes of instruction and warm-up followed by a 30-minute guided soccer game (7 minute quarters with halftime). Games will be either 3v3 or 4v4 with no goalie and are coached and officiated by our coaching staff. Our Soccer Shots Winter League focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction.

The Soccer Shots Winter League will have 3 weeks of instruction and skill building followed by 8 weeks of non-competitive league games. Children will be divided equally by skill level after the 3 weeks of instruction to make teams as equal as possible. To provide the best playing experience for all of the children, team requests will not be taken.

Instructional days: 12/7, 12/14, 12/21

League play: 1/11 - 2/29

Pre K - Kindergarten (must be 4 yrs. old by 9/1/19)

Code	Date	Time	Day
088SSW1139	12/7-2/29	9:00am-10:00am	Sa/Sa
088SSW1239	12/7-2/29	10:00am-11:00am	Sa/Sa

3rd and 4th Grade

088SSW1339	12/7-2/29	11:00am-12:00pm	Sa/Sa
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Fees: \$135 Resident, \$140 Non-Resident

Ages: 4-5 yrs Grades: Pre-K

Min./Max.: 20/28

Facility: DPCC Gym South & North

No Class: 12/28, 1/4

Coach Mike's Learn and Play Basketball

Basketball is one of the most popular team sports for girls and boys. Our program is designed to help kids learn the basics of dribbling, passing, and shooting the ball, all while learning what it means to be part of a team. Each week, players will have one session of practice and one session of games. (max. two hours per week) The first several weeks are practice only. Volunteer coaches are needed and will work under the supervision of Coach Mike. Participants will receive a shirt. Kids must be mature enough to handle time away from their parents, take direction from an adult, be aware which hand is dominant as well as know their left from right. This is not a drop-off program, a parent or guardian needs to remain in the gym during all events. If you have questions, please contact coach Mike at: Mike@CoachMikesPersonalTraining.com.

Code	Date	Time	Day
088CMB110	1/8-3/14	5:30pm-6:30pm	W/Sa*

*Times: Sa.: 12:00pm-1:00pm

Fees: \$99 Resident, \$104 Non-Resident

Ages: 5-8 yrs, Min./Max.: 20/60

Facility: DPCC Gym North & South



IGLA Girls Lacrosse Spring League

Be a part of a youth Lacrosse League exclusively for girls from Chicago North, Northwest, and South Suburbs. The emphasis of this program is to develop the girl within the sport of Lacrosse. Goals of the program include, understanding the rules, active teamwork, and sportsmanship in a respectful environment led by positive coaching. IGLA has adopted the US Lacrosse "Players First" athletic development model, which means smaller fields and a smaller number of players. Registration is a two-step process. Register at LTPD first, then register at IGLAX.com. Sticks and soft balls are available, no goggles or mouth guard required.

Grades: 1-2 (8-U)

Code	Date	Time	Day
088GLF510	4/5-5/31	12:00pm-2:00pm	Su
088GLF510	4/5-5/31	6:00pm-7:00pm	W

Grades: 3-4 (10-U)

088GLF110	4/5-5/31	12:00pm-3:00pm	Su
088GLF110	4/5-5/31	6:00pm-7:00pm	W

Grades: 5-6 (12-U)

088GLF210	4/5-5/31	1:00pm-4:00pm	Su
088GLF210	4/5-5/31	6:00pm-7:15pm	W

Grades: 7-8 (14-U)

088GLF310	4/5-5/31	2:00pm-5:00pm	Su
088GLF310	4/5-5/31	6:00pm-7:15pm	W

Grades: Pre-K (Little Laxers)

088GLF410*	4/5-5/31	6:00pm-7:00pm	W
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Fees: \$200 Resident, \$210 Non-Resident
 *Fees: \$130 Resident, \$140 Non-Resident
 Supervisor: Ben Ragle
 Min./Max.: 8/20
 Facility: Summit Jr. High Frankfort Square

Ignite Cheerleading

Our rec cheer classes are a great way to introduce your athlete to the sport of cheerleading. Athletes will learn level appropriate skills including but not limited to cheers, dance, jumps, motions and beginner stunts. In our 55 minute classes which are held once a week, coaches follow a detailed lesson plan to ensure that each student is learning while having fun. During the last class of the session, students will showcase everything they learned.

The Ignite In-House Recreational Competition is ONLY optional. If your athlete chooses to, there is a \$50 competition fee and a \$160 uniform fee. Uniforms are the same until your athlete grows out of it which normally last up to 2 years. In order to participate, you need to also register with Ignite at www.ignitecheerleading.com. You will then receive a parent handbook which explains in detail regarding payments for uniform and practice expectations. Classes may be combined depending upon enrollment.

4-6 years old

Code	Date	Time	Day
088IC110	1/6-4/14	6:00pm-6:55pm	M

7-9 years old

088IC210	1/6-4/14	7:00pm-7:55pm	M
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10-14 years old

088IC310	1/6-4/14	8:00pm-8:55pm	M
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Fees: \$166 Resident, \$123 2nd child Resident, \$171 Non-Resident, \$128 2nd child Non-resident
 Supervisor: Ben Ragle
 Instructor: Cheerleading Ignite
 Ages: 4-6 yrs, Min./Max.: 5/50
 Facility: Dellwood Park Community Center (DPCC MPR (A))



Ultimate Volleyball: All Skills I

Players learn passing, setting, attacking, serving, blocking, footwork and the rules of the game through drills and match play. Fundamentals skills are broken down into simple steps and reinforced through demonstration and cue words. This class is offered to beginner and intermediate level boys and girls.

Code	Date	Time	Day	Reg. by
088ASO110	1/13-2/17	6:00pm-7:00pm	M	1/10
088ASO210*	2/24-4/6	6:00pm-7:00pm	M	2/21
088ASO310**	4/13-5/11	6:00pm-7:00pm	M	4/10

Fees: \$58 Resident, \$63 Non-Resident

**Fees: \$50 Resident, \$55 Non-Resident

Instructor: Ultimate Volleyball

Supervisor: Nikki Zarnecki

Grades: K-4th

Min/Max: 10/20

Facility: DPCC Gymnasium North Court

*No class: 3/30

Ultimate Volleyball: All Skills II

As a continuation from All Skills I, players will focus on all fundamental skills, technique and repetitions through drills and games. This class will focus on the proper skills of passing, setting, attacking, digging, serving and blocking through individual skill sessions as well as match play. Players will be grouped by age and/or ability. This class is offered to intermediate level boys and girls.

Code	Date	Time	Day	Reg. by
088AST110	1/13-2/17	7:00pm-8:00pm	M	1/10
088AST210*	2/24-4/6	7:00pm-8:00pm	M	2/21
088AST310**	4/13-5/11	7:00pm-8:00pm	M	4/10

Fees: \$58 Resident, \$63 Non-Resident

**Fees: \$50 Resident, \$55 Non-Resident

Instructor: Ultimate Volleyball

Supervisor: Nikki Zarnecki

Grades: 5th-8th, Min/Max: 10/20

Facility: DPCC Gymnasium North Court

*No class: 3/30

Ultimate Volleyball: Game Concepts

Focus on all fundamental skills, technique and repetitions through drills and games. Players will be grouped by age and/or ability. This class is offered to boys and girls of all skill levels.

Code	Date	Time	Day	Reg. by
088GC110	1/13-2/17	8:00pm-9:00pm	M	1/10
088GC210*	2/24-4/6	8:00pm-9:00pm	M	2/21
088GC310**	4/13-5/11	8:00pm-9:00pm	M	4/10

Fees: \$58 Resident, \$63 Non-Resident

**Fees: \$50 Resident, \$55 Non-Resident

Instructor: Ultimate Volleyball

Supervisor: Nikki Zarnecki

Grades: 5th-8th, Min/Max: 10/20

Facility: DPCC Gymnasium North Court, *No class: 3/30



Personal Training for kids

Personal Training Yoga/Pilates for Kids (909PT110)

Yoga and pilates teach children how to use their muscles in new ways and make their bodies stronger and more flexible, while encouraging focus on breath and the physical sensations of being in a pose. Together these things help children become aware of the possibility of movement in their own bodies, and also help expend excess energy and increase concentration and focus.

Challenge Fitness Member Pricing: Child's Rate (Ages 7-13)

2 sessions (45 min) \$50 (\$25/session)
 6 sessions (45 min) \$141 (\$23.50/session)
 10 sessions (45 min) \$210 (\$21/session)

For group rates, contact Toni Moran @ ext. 322

Non-Member Pricing: Child's Rate (Ages 7-13)

2 sessions (45 min) \$60 (\$30/session)
 6 sessions (45 min) \$165 (\$27.50/session)
 10 sessions (45 min) \$250 (\$25/session)

For group rates, contact Toni Moran @ ext. 322

One on One TRX for Youth

Work with a TRX specialist one-on-one or grab a small group of your children's friends for a full body TRX workout that will be adapted to meet their fitness needs from athletic skills to daily moves. Children can safely perform hundreds of exercises that build strength, flexibility, balance, and mobility all at a comfortable intensity.

4 ½ hour sessions (909PT110)

1 person \$60 Member, \$70 Non-member
 2 people \$50 Member, \$60 Non-member
 3 people \$40 Member, \$50 Non-member

Parent & Me Semi-Private Training (Ages: 8+)

Come workout with your child!!! This semi-private training is designed for parents wanting to be an example to their children and spend time in a fun, positive environment while doing something good for both of you. Share your time together as you enjoy making exercise part of your family time. This class will provide a structured environment including moves for all and team building exercises in which parent and child work together. Price is for one parent and one child. See supervisor for additional pricing to fit your bonding experience.

4 ½ hour sessions Member \$70 Non-Member \$80
 8 ½ hour sessions Member \$130 Non-Member \$150
 16 ½ hour sessions Member \$240 Non-Member \$280

Code	Date	Time	Day
909PM139	8/5-12/31	Any	Any

Sessions expires 9 months after purchase date.



Adventure Teen Weekend Excursion

Teens between the ages of 11 - 14 will have the opportunity to participate in a variety of fun-filled activities. On Saturdays the teens will go on a field trip, and Sundays the teens will participate in games, artworks/crafts, enjoying nature and engaging in camp traditions. They will be able to socialize with new friends and keep in touch with other teens from other school districts. This program will help in providing a safe environment and a chance to create fun memories one weekend a month!

Haunted Trails in Joliet

Code	Date	Time	Day
602ATW110	3/14-3/15	10:00am-4:00pm	Sa
	3/14-3/15	1:00pm-6:00pm	Su

Hollywood Boulevard in Woodridge to see "Mulan" or "Kong vs Godzilla"

Code	Date	Time	Day
602ATW210	4/18-4/19	10:00am-4:00pm	Sa
	4/18-4/19	1:00pm-6:00pm	Su

Art Museum in Chicago

Code	Date	Time	Day
602ATW310	5/16-5/17	10:00am-4:00pm	Sa
	5/16-5/17	1:00pm-6:00pm	Su

Fees: \$70 Resident, \$80 Non-Resident

Supervisor: Cathy Brewer

Ages: 11-14 yrs., Min./Max.: 14/30

Facility: DPCC MPR (B)

NERF BATTLE!

One of our many birthday party packages

Details on page 63



The Lockport Township Park District's before and after school OASIS program is designed to keep the participants active, engaged, entertained and socially involved through a variety of activities within a safe and supervised setting. Activities such as free play, sports, games, arts & crafts, snack time, and time for homework is conducted on a daily basis by qualified staff right in the comfort of the child's home school.

Registration information and the parent handbook can be found on our website at www.lockportpark.org. Once on the home page, click "OASIS" in the brown box. Complete registration form, emergency form, handbook waiver, and EFT (if using monthly payment option) bring with on the day of registration.

After Oct. 1, registration will be taken at the Dellwood Park Community Center between 8am-4pm.

Payment Options: 1. Pay in full by cash, check, or charge card. 2. Pay in 7 payments with first payment due at registration with auto payments for the remaining balance. A voided check is required for this option with 6 auto payments deducted the 15th of each month Sept.-Feb.

OASIS registration is taken IN-PERSON ONLY
 IMPORTANT: Refunds are given based upon the date that the refund request form is received by the Oasis Supervisor. Refunds will not be given based on your child's last day of attendance.

OASIS is not held on school holidays, early dismissals, or school closings. Morning Oasis will run on early dismissal days.

*** Children must be in good standing and attend the school in order to be in the program.



Homer School District 33C

Hadley School PM (Gr. 5 & 6) Min./Max.: 10/40
 Code Time
 160OH229 2:10pm - 6pm
 6/24-8/4: Days/Annual Fees: 2-\$666, 3-\$968, 5-\$1,465
 8/5 and after: Days/Annual Fees: 2-\$716, 3-\$1,018, 5-\$1,515

Butler School AM (Gr. 1-4) Min./Max.: 8/70
 Code Time
 160OB129 7am - 9:05am
 6/24-8/4: Days/Annual Fees: 2-\$380, 3-\$552, 5-\$835
 8/5 and after: Days/Annual Fees: 2-\$430, 3-\$602, 5-\$885

Butler School PM (Gr. 1-4) Min./Max.: 10/70
 Code Time
 160OB229 3:15pm - 6pm
 6/24-8/4: Days/Annual Fees: 2-\$521, 3-\$760, 5-\$1,149
 8/5 and after: Days/Annual Fees: 2-\$571, 3-\$852, 5-\$1,199

Schilling School AM (Gr. K-4) Min./Max.: 8/70
 Code Time
 160OS129 7am - 9am
 6/24-8/4: Days/Annual Fees: 2-\$380, 3-\$552, 5-\$835
 8/5 and after: Days/Annual Fees: 2-\$430, 3-\$602, 5-\$885

Schilling School PM (Gr. K-4) Min./Max.: 10/70
 Code Time
 160OS229 3:15pm - 6pm
 6/24-8/4: Days/Annual Fees: 2-\$521, 3-\$760, 5-\$1,149
 8/5 and after: Days/Annual Fees: 2-\$571, 3-\$852, 5-\$1,199

Young School AM (Gr. 1-4) Min./Max.: 8/60
 Code Time
 160OY129 7am - 9am
 6/24-8/4: Days/Annual Fees: 2-\$380, 3-\$552, 5-\$835
 8/5 and after: Days/Annual Fees: 2-\$430, 3-\$602, 5-\$885

Young School PM (Gr. 1-4) Min./Max.: 10/60
 Code Time
 160OY229 3:15pm - 6pm
 6/24-8/4: Days/Annual Fees: 2-\$521, 3-\$760, 5-\$1,149
 8/5 and after: Days/Annual Fees: 2-\$571, 3-\$852, 5-\$1,199

Goodings Grove AM (Gr. 1-4) Min./Max.: 8/35
 Code Time
 160OG129 7am - 9am
 6/24-8/4: Days/Annual Fees: 2-\$380, 3-\$552, 5-\$835
 8/5 and after: Days/Annual Fees: 2-\$430, 3-\$602, 5-\$885

Goodings Grove PM (Gr. 1-4) Min./Max.: 10/35
 Code Time
 160OG229 3:15pm - 6pm
 6/24-8/4: Days/Annual Fees: 2-\$521, 3-\$760, 5-\$1,149
 8/5 and after: Days/Annual Fees: 2-\$571, 3-\$852, 5-\$1,199

Valley View School District 365U

Irene King School AM (Gr. K-5) Min./Max.: 8/15
 Code Time
 160OI129 7am - 9am
 6/24-8/4: Days/Annual Fees: 2-\$339, 3-\$493, 5-\$747
 8/5 and after: Days/Annual Fees: 2-\$389, 3-\$543, 5-\$797

Irene King School PM (Gr. K-5) Min./Max.: 10/30
 Code Time
 160OI229 3:15pm - 6pm
 6/24-8/4: Days/Annual Fees: 2-\$532, 3-\$776, 5-\$1,175
 8/5 and after: Days/Annual Fees: 2-\$582, 3-\$826, 5-\$1,225

Lockport School District 91

Milne Grove School AM (Gr. K-3) Min./Max.: 8/20
Code Time
 1600M129 7am - 8:30am
 6/24-8/4: Days/Annual Fees: 2-\$281, 3-\$409, 5-\$619
 8/5 and after: Days/Annual Fees: 2-\$331, 3-\$505, 5-\$669

Milne Grove School PM (Gr. K-3) Min./Max.: 10/30
Code Time
 1600M229 3:15pm - 6pm
 6/24-8/4: Days/Annual Fees: 2-\$515, 3-\$750, 5-\$1,134
 8/5 and after: Days/Annual Fees: 2-\$565, 3-\$843, 5-\$1,184

Kelvin Grove School AM (Gr. 4-6) Min./Max.: 8/20
Code Time
 1600K129 7am - 8:30am
 6/24-8/4: Days/Annual Fees: 2-\$281, 3-\$409, 5-\$619
 8/5 and after: Days/Annual Fees: 2-\$331, 3-\$505, 5-\$669

Kelvin Grove School PM (Gr. 4-6) Min./Max.: 10/30
Code Time
 1600K229 3:15pm - 6pm
 6/24-8/4: Days/Annual Fees: 2-\$515, 3-\$750, 5-\$1,134
 8/5 and after: Days/Annual Fees: 2-\$565, 3-\$843, 5-\$1,184

Lockport School District 92

Ludwig School PM (Gr. 4-5) Min./Max.: 10/30
Code Time
 1600L229 2:30pm - 6pm
 6/24-8/4: Days/Annual Fees: 2-\$655, 3-\$954, 5-\$1,444
 8/5 and after: Days/Annual Fees: 2-\$705, 3-\$1,045, 5-\$1,494

Reed School AM (Gr. 2-3) Min./Max.: 8/30
Code Time
 1600R129 7am - 8:50am
 6/24-8/4: Days/Annual Fees: 2-\$328, 3-\$477, 5-\$722
 8/5 and after: Days/Annual Fees: 2-\$378, 3-\$527, 5-\$772

Reed School PM (Gr. 2-3) Min./Max.: 10/30
Code Time
 1600R229 3:30pm - 6pm
 6/24-8/4: Days/Annual Fees: 2-\$469, 3-\$682, 5-\$1,031
 8/5 and after: Days/Annual Fees: 2-\$519, 3-\$732, 5-\$1,081

Walsh School AM (Gr. K-1) Min./Max.: 8/30
Code Time
 1600W129 7am - 8:50am
 6/24-8/4: Days/Annual Fees: 2-\$328, 3-\$477, 5-\$722
 8/5 and after: Days/Annual Fees: 2-\$378, 3-\$527, 5-\$772

Walsh School PM (Gr. K-1) Min./Max.: 10/30
Code Time
 1600W229 3:15pm - 6pm
 6/24-8/4: Days/Annual Fees: 2-\$469, 3-\$682, 5-\$1,031
 8/5 and after: Days/Annual Fees: 2-\$519, 3-\$732, 5-\$1,081

Crest Hill School District 88A

Richland School AM (Gr. K-6) Min./Max.: 8/20
Code Time
 160RI129 7am - 8:30am
 6/24-8/4: Days/Annual Fees: 2-\$332, 3-\$483, 5-\$731
 8/5 and after: Days/Annual Fees: 2-\$382, 3-\$533, 5-\$781

Richland School PM (Gr. K-6) Min./Max.: 10/30
Code Time
 160RI229 3:15pm - 6pm
 6/24-8/4: Days/Annual Fees: 2-\$521, 3-\$760, 5-\$1,149
 8/5 and after: Days/Annual Fees: 2-\$571, 3-\$810, 5-\$1,199

Winter Break Camp

School may be out and you have to work, but FUN is in at Lockport Township Park District's Winter Break Camp! Participants will have days filled with games and sports, swimming, arts and crafts, and getting outside to play, weather permitting! Please remember to bring gym shoes, swimming suit and towel, a snack, lunch and a water bottle. Pre-registration is required. Camp is dependent on meeting the minimum number participants so DON'T WAIT! Register today!

Code	Date	Time	Day	Reg. by
160WBC139	12/23, 12/26-27	7am-6pm	M/Th/F	12/13
160WBC239	12/30, 1/3, 1/3	7am-6pm	M/Th/F	12/13

Fees: \$90 Resident & Non-Resident
 Supervisor: Sarah Aspel
 Ages: 5-12 years, Min./Max.: 10/30
 Facility: Challenge Fitness (Courtside lounge)

Days Off of School

School may be out and you may have to work but fun is IN at Lockport Township Park District's Day off of school. Participants will have a day off school including games and sports, swimming, arts and crafts as well as getting outside to play weather permitting! Please remember to bring gym shoes, swimming suit and towel, morning/afternoon snack, lunch and water bottle and we will provide the FUN and ACTIVITIES. Preregistration is required.

Code	Date	Time	Day	Reg. by
160DO110	1/20	7:00am-6:00pm	M	1/13
160DO210	2/17	7:00am-6:00pm	M	2/10
160DO310	3/2	7:00am-6:00pm	M	2/24

Fees: \$30 Resident & Non-Resident
 Supervisor: Sarah Hamilton
 Ages: 5-12 years, Min./Max.: 10/30
 Facility: Challenge Fitness (Courtside lounge)

Spring Break Camp

School may be out and you have to work, but FUN is in at LTPD's Spring Break Camp. Participants will have days filled with games and sports, swimming, arts and crafts as well as getting out side to play (weather permitting!) Please remember to bring shoes, swimming suit and towel, morning/ afternoon snack, lunch and water bottle, and we will provide the FUN and ACTIVITIES. Pre -registration is required. Camp is dependent on meeting the minimum number of participants, so DON'T WAIT! Register today!

Code	Date	Time	Day	Reg. by
160SBC110	3/30-4/3	7:00am-6:00pm	M-F	3/20

Fees: \$165 Res. & Non-Res.
 Supervisor: Sarah Hamilton
 Ages 5-12years, Min. /Max.: 10/30
 Facility: Challenge Fitness (Courtside Lounge)

Illinois Shotokan Karate Club

Children and adults universally enjoy learning the art of karate. Classes are taught by Illinois Shotokan Karate Club's expert instructors under the direction of John DiPasquale, four-time National Champion, U.S. Karate National Coach and President of the National Karate Federation of the U.S.

Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required. Please visit www.iskc.com for more information or call us at 847.359.0666.

All Wed. classes will be held at DPCC in Lockport and Mon. classes at Charles Reed Elementary School. Parent/Child and youth classes may train together. Fees are per person. Uniforms and belt-testing are options available through the ISKC instructor. Supervisor: Ben Ragle, ext. 104.

PRE-KARATE

Young children will develop agility, strength and coordination skills through fun and creative activities. This program, specifically designed to work with growing minds and bodies, enhances memory and agility skills too. Watch your child blossom while learning karate and having a blast at the same time!

Beginner/Continuer (1 or less sessions)

Code	Date	Time	Day
265PK110	1/8-3/25	4:30pm-5:15pm	W
265PK210*	4/8-6/10	4:30pm-5:15pm	W

Novice (2 or more sessions)

Code	Date	Time	Day
265PK310	1/8-3/25	5:20pm-6:05pm	W
265PK410*	4/8-6/10	5:20pm-6:05pm	W

Fees: \$135 Resident, \$145 Non-Resident
 *Fees: \$113 Resident, \$123 Non-Resident
 Ages: 4-7 yrs., Min./Max.: 6/15
 Facility: DPCC MPR B

PRE-KARATE PLAINFIELD

Young children will develop agility, strength and coordination skills through fun and creative activities. This program, specifically designed to work with growing minds and bodies, enhances memory and agility skills too. Watch your child blossom while learning karate and having a blast at the same time! Note: Classes will meet at PARC on 1/20 and 2/17.

Beginner (No experience)

Code	Date	Time	Day
265PKP110	1/6-3/16	4:30pm-5:15pm	M
265PKP210*	4/6-5/18	4:30pm-5:15pm	M

Continuer (1 or more sessions)

Code	Date	Time	Day
265PKP310	1/6-3/16	5:15pm-6:00pm	M
265PKP410*	4/6-5/18	5:15pm-6:00pm	M

Fees: \$124 Resident, \$134 Non-Resident
 *Fees: \$79 Resident, \$89 Non-Resident
 Ages: 4-7 yrs., Min./Max.: 6/15
 Facility: Charles Reed Elementary School

YOUTH/ADULT KARATE

ISKC's karate classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Students increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

Beginner/Continuer (White-Red Belts)

Code	Date	Time	Day
265YAK110	1/8-3/25	6:15pm-7:10pm	W
265YAK210*	4/8-6/10	6:15pm-7:10pm	W

Novice (Orange-Blue)

Code	Date	Time	Day
265YAK310	1/8-3/25	7:15pm-8:10pm	W
265YAK410*	4/8-6/10	7:15pm-8:10pm	W

Intermediate/Advanced (Green & Up)

Code	Date	Time	Day
265YAK510	1/8-3/25	8:15pm-9:15pm	W
265YAK610*	4/8-6/10	8:15pm-9:15pm	W

Fees: \$135 Resident, \$145 Non-Resident
 *Fees: \$113 Resident, \$123 Non-Resident
 Supervisor: Ben Ragle
 Instructor: Shotokan Karate
 Ages: 8+ yrs
 Min./Max.: 6/15
 Facility: DPCC MPR B

PARENT & CHILD PLAINFIELD

Provides an excellent opportunity to share quality time with your child while developing muscle tone, coordination, cardiovascular fitness and karate skills. Youth and parent classes will train together. Price is per person. Instructed by Illinois Shotokan Karate. Note classes will meet at the PARC on 1/20 and 2/17.

Beginner/Continuer (White-Orange)

Code	Date	Time	Day
265PCP110	1/6-3/16	6:05pm-7:00pm	M
265PCP210*	4/6-5/18	6:05pm-7:00pm	M

Intermediate/Advanced (Yellow and Up)

Code	Date	Time	Day
265PCP310	1/6-3/16	7:00pm-8:00pm	M
265PCP410*	4/6-5/18	7:00pm-8:00pm	M

Fees: \$124 Resident, \$134 Non-Resident
 *Fees: \$79 Resident, \$89 Non-Resident
 Supervisor: Ben Ragle
 Instructor: Shotokan Karate
 Ages: 7+ yrs., Min./Max.: 6/15
 Facility: Charles Reed Elementary School

YOUTH KARATE PLAINFIELD

ISKC's Youth karate classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules. Note classes will meet at the PARC on 1/20 and 2/17.

Beginner/Continuer (White-Orange)

Code	Date	Time	Day
265YKP110	1/6-3/16	6:05pm-7:00pm	M
265YKP210*	4/6-5/18	6:05pm-7:00pm	M

Intermediate/Advanced (Yellow and Up)

Code	Date	Time	Day
265YKP310	1/6-3/16	7:00pm-8:00pm	M
265YKP410*	4/6-5/18	7:00pm-8:00pm	M

Fees: \$124 Resident, \$134 Non-Resident

*Fees: \$79 Resident, \$89 Non-Resident

Ages: 8-13 yrs., Min./Max.: 6/15

Facility: Charles Reed Elementary School

ADULT KARATE PLAINFIELD

Our adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength. Note: classes will meet at the PARC on 1/20 and 2/17.

Beginner/Continuer (White-Black)

Code	Date	Time	Day
265AKP110	1/6-3/16	8:00pm-9:00pm	M
265AKP210*	4/6-5/18	8:00pm-9:00pm	M

Fees: \$124 Resident, \$134 Non-Resident

*Fees: \$79 Resident, \$89 Non-Resident

Ages: 14+ yrs., Min./Max.: 6/15

Facility: Charles Reed Elementary School



Victory Family MMA

Our classes provide a safe environment where students learn the most effective styles of Mixed Martial Arts, infused with lessons on character development! This is done through our structured monthly curriculum. Every class will include our character building "Mat Chats" and techniques from Boxing, Kickboxing, Wrestling and Jujitsu. The goal

is for the students to fully execute the techniques, and apply "Mat Chat" by the end of the month.

5-11 years old

Learn the fundamental skills of mixed martial arts in a non combative family friendly environment. Classes are taught by the staff of Victory MMA. Wear comfortable clothing.

Code	Date	Time	Day	Reg. by
265MMAK110	1/3-3/6	4:30pm-5:15pm	F	1/11
265MMAK210	3/13-5/22	4:30pm-5:15pm	F	3/20

12 years to Adult

265MMAA11	1/3-3/6	5:30pm-6:15pm	F	1/10
265MMAA210	3/13-5/22	5:30pm-6:15pm	F	3/20

Fees: \$130 Resident, \$140 Non-Resident

Ages: 5-11 yrs

Min./Max.: 6/30

Facility: DPCC MPR (A) (B)

No Class: 4/17

Modern Karate

Modern Karate

This program is based on Okinawan and Japanese Karate and has been operating regularly at LTPD since 1984. The program emphasizes a healthy life-style, traditional martial art techniques, self-defense, and at advanced levels the use of weapons (the cane and the 6ft staff) and pressure points. We do not focus on the competitive sport aspects of martial arts. Enjoy the benefits of a more active lifestyle while learning how to avoid conflicts and what to do if you can't.

Supervisor: Ben Ragle, ext. 104

Beginner (2 or less sessions)

Code	Date	Time	Day
265MYK110	1/7-2/25	6:45pm-7:35pm	Tu
265MYK210	3/3-4/28	6:45pm-7:35pm	Tu

Intermediate

265MYI110	1/7-2/25	7:40pm-8:35pm	Tu
265MYI210	3/3-4/28	7:40pm-8:35pm	Tu

Parent Child Beginner

265MPB110	1/7-2/25	6:45pm-7:35pm	Tu
265MPB210	3/3-4/28	6:45pm-7:35pm	Tu

Fees: \$50 Resident, \$60 Non-Resident

Ages: 10-14 yrs., Min./Max.: 5/15

Instructor: Al Hill

Facility: DPCC Multi-Purpose Room A, No class: 4/14

Adult Modern Karate

Beginner

Code	Date	Time	Day
265AMB110	1/7-2/25	6:45pm-7:35pm	Tu
265AMB210	3/3-4/28	6:45pm-7:35pm	Tu

Intermediate

265AMI110	1/7-2/25	7:40pm-8:35pm	Tu
265AMI210	3/3-4/28	7:40pm-8:35pm	Tu

Fees: \$50 Resident, \$60 Non-Resident

Ages: 14+ yrs., Min./Max.: 5/15

Instructor: Al Hill

Facility: DPCC Multi-Purpose Room A

No Class: 4/14

Advanced Martial Arts (Instructor Approval Required)

Code	Date	Time	Day
265AMA110	1/7-2/25	8:40pm-9:35pm	Tu
265AMA210	3/3-4/28	8:40pm-9:35pm	Tu

Fees: \$50 Resident, \$60 Non-Resident

Ages: 15+ yrs., Min./Max.: 5/15

Instructor: Al Hill

Facility: DPCC Multi-Purpose Room A

No Class: 4/14

Taekwondo



Taekwondo, one of the newest Olympic sports, is a 2000-year-old martial art, offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self-esteem, achieve lifelong physical fitness, and learn self-defense skills. Classes are taught under the direction of G. Master Ki Hong Kim (9th Dan Kukkiwon World Taekwondo Headquarters.) Belt testing is offered through KH Kim Taekwondo at an additional fee. All colored belt students are required to have complete sparring gear. No refunds after the second week of class.

Location: Dellwood Park CommunityCenter, 1811 S Lawrence Ave., Lockport, IL 60441

Little Dragons (Age: 4-5)

This introductory class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games for their ability. This class focuses on developing balance, coordination and respect for the discipline of martial arts training.

Early Taekwondo (Age: 6-7)

Designed especially for the younger child of 6-7 years; this program helps kids develop conditioning, coordination, listening skills and self-confidence through creative activities.

Youth Taekwondo (Age: 8-13)

This program includes a balanced cardiovascular workout, including punching, kicking and blocking skills, using the Taekwondo tradition, and self-control. Participants will improve coordination, power of concentration, balance, and both physical and mental disciplines.

Parent/Child Taekwondo (Age: 7 and older with parent) Fee per person

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics, and traditional Taekwondo techniques including punching, kicking and blocking.

Adult Taekwondo (high school and older)

Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms, stances, and the skills of punching, kicking and blocking. This is a great program for those looking to maintain and improve their physical fitness.

Lockport Location: DPCC Multi-Purpose Room

Code	Class	Age	Level	Date	Time	Day	Fee
265LD110	Little Dragons	4-5	All Belts	1/11-3/21	10:50am-11:30am	Sa	\$121/R-\$131NR
265LD210	Little Dragons	4-5	All Belts	4/4-6/13	10:50am-11:30am	Sa	\$121/R-\$131NR
265ET110	Early Taekwondo	6-7	All Belts	1/11-3/21	9:55am-10:45am	Sa	\$121/R-\$131NR
265ET210	Early Taekwondo	6-7	All Belts	4/4-6/13	9:55am-10:45am	Sa	\$121/R-\$131NR
265YT110	Youth Taekwondo	8-13	All Belts	1/11-3/21	9:00am-9:50am	Sa	\$121/R-\$131NR
265YT210	Youth Taekwondo	8-13	All Belts	4/4-6/13	9:00am-9:50am	Sa	\$121/R-\$131NR
265PCT110	Parent/Child	7 & up	All Belts	1/11-3/21	8:00am-8:55am	Sa	\$121/R-\$131NR
265PCT210	Parent/Child	7 & up	All Belts	4/4-6/13	8:00am-8:55am	Sa	\$121/R-\$131NR
265AT110	Adult Taekwondo	14-99	All Belts	1/11-3/21	8:00am-8:55am	Sa	\$121/R-\$131NR
265AT210	Adult Taekwondo	14-99	All Belts	4/4-6/13	8:00am-8:55am	Sa	\$121/R-\$131NR

***Note: High belt classes are for green belts and higher. Low belt classes are for beginners to orange belt.**

Any questions, please call KH Kim Taekwondo at (847) 480-9222.



Pickleball Open Gym

Experience the fun and popular game PICKLEBALL! Play Pickleball with people with similar skills in an open play setting. Nets and balls are included. Instructional days: 1/12, 2/9, 3/8 & 4/19 there will be lead instruction to teach and enhance skills and are included with the session price. Check www.lockportpark.org for the Open Gym schedule for more information.

Beginner/Intermediate

Code	Date	Time	Day
340PBB110	1/12-2/23	5:00pm-8:00pm	Su
340PBB210*	3/8-4/26	5:00pm-8:00pm	Su

Fees: \$5 Drop in, \$30 Per Session
 Supervisor: Nikki Zarnecki
 Min./Max.: 4/30
 Facility: DPCC Gym North & South
 *No Class: 4/12

Men's Basketball/Recreational League (30+)

Hoop it up Lockport Style! Join us for another exciting season of Men's basketball. Games are held on Tuesday nights at the Dellwood Park Community Center. Each team will play a 8 game season. The top 4 teams will advance to a post-season playoff. Spots are limited! Register as a team, each team is responsible for providing their own uniform.

Code	Date	Time	Day
455BL110	1/28-3/24	6:00pm-9:00pm	Tu

Fees: \$475 Resident, \$500 Non-Resident
 Supervisor: Ben Ragle
 Ages: 30+ yrs, Min./Max.: 4/6
 Facility: DPCC Gym North/South

Adult Co-Rec Volleyball League

Join the next round of adult volleyball! Teams will play a 10-week schedule with game times at 7p, 8p and 9p. Don't have a team? No worries--register now as an individual! Playoffs will be double elimination for two weeks after the 8-week rankings. Teams must have a 4:2 gender ratio. Cash prizes will be awarded to the top teams. A \$100 non-refundable team deposit is required to register; deposit goes towards total cost of league. Full payment must be received by the start of the first game. Captains meeting on 1/23 at 7pm at Dellwood Park Community Center.

Code	Date	Time	Day
455VB110	1/30-4/2	7:00pm-10:00pm	Th
455VB210*	1/30-4/2	7:00pm-10:00pm	Th

*Fees: \$60 Individual before 1/23, \$65 Individual Fee after 1/24
 Fees: \$350 Team Fee before 1/23, \$380 Team fee after 1/24
 Supervisor: Nikki Zarnecki
 Ages: 18+ yrs., Min./Max.: 4/8
 Facility: DPCC Gym

Watercolor Class

Learn watercolor art techniques such as negative painting, use of masking fluid, spattering of color, sponging and much more. This class is geared for beginning to intermediate students with individual instruction. Supply list available upon registration.

Code	Date	Time	Day	Reg. by
217W110	2/19-3/25	12:30pm-3:00pm	W	2/12
217W210	4/8-5/13	12:30pm-3:00pm	W	4/1

Fees: \$85 Resident, \$90 Non-Resident
 Supervisor: Nikki Zarnecki
 Instructor: Mary Kodl Truesdale
 Ages: 18+ yrs, Min./Max.: 5/18
 Facility: Gladys Fox Museum

NRA Refuse To Be A Victim® Seminar

Learn strategies to integrate into your everyday life to avoid becoming a victim of crime. Seminars teach common weaknesses that criminals may take advantage of along with a variety of corrective measures and techniques that are practical, inexpensive and easy to follow. The seminar includes classroom instruction on criminal psychology, automobile crimes, cyber safety, home security, and a variety of crime prevention strategies. Fee includes all course materials and a certificate of completion. Seminar is open for all ages. *Questions and participation can prolong the seminar's ending time.

Code	Date	Time	Day	Reg. by
197RV110	2/29	9:00am-1:00pm	Sa	2/21
197RV210	4/14	5:00pm-9:00pm	Tu	4/6

Fees: \$30 Resident, \$32 Non-Resident
 Supervisor: Nikki Zarnecki
 Instructor: Andy Kinne
 Min./Max.: 5/40
 Facility: DPCC Conference Room

Men's 12" Weds Softball Competitive/Rec. Divisions

All teams will play a ten game season. The top 4 teams in each league will advance into a one night playoff tournament. All teams must pay league fees in full to reserve a spot. USSSA rules and sanctioning apply. A preseason managers meeting will be held prior to the start of the season.

Code	Date	Time	Day
455MSWC110	5/6-8/19	6:30pm-10:30pm	W

Code	Date	Time	Day
455MSWR110*	5/6-8/19	6:30pm-10:30pm	W

Fees: \$625 Resident, \$650 Non-Resident
 Supervisor: Ben Ragle
 Ages: 18+ yrs, Min./Max.: 4/4
 Facility: Hassert Park (H.P. Softball Field #3 South Red)
 *(H.P. Softball Field #3 South Blue)

Ms. Priscilla's School of Adult Tap

For those of you who just want to get up and dance, let's do it! These classes are for the beginner and advanced students. We will teach you the basics and the advanced steps to make you look like a polished dancer. Students should wear comfortable clothing. Shoes can be purchased on your own or through Ms. Priscilla on the first day of class. If you have questions before class starts, please email Ms. Priscilla at psdance@comcast.net.

Code	Date	Time	Day
020AT110	1/9-4/16	8:00pm-8:45pm	Th

Fees: \$118 Resident, \$128 Non-Resident
 Supervisor: Cathy Brewer
 Instructor: Ms. Priscilla
 Ages: 18+ yrs., Min./Max.: 5/15
 Facility: DPCC MPR B, No Class: 4/2

Senior Clubs

All participants wishing to attend club meetings in 2020 should register with Lockport Township Park District. For registration questions, please call 815-838-1183.

Golden Age Club

Join the Golden Agers at DPCC! This is a fun and social atmosphere for seniors ages 50 and older. Enjoy a buffet lunch followed by Bingo. Bingo is played with your own money, \$.05 a card per game and \$.10 per card for coverall. Participants must pre-register with Lockport Township Park District by the Monday prior to the meeting for the discounted rate. After that date, at-the-door rates apply. April will be pot luck-- bring a dish to share and get in free!

Month	Code	Date	Time	Day	Reg. by
Jan.	205GA110	1/2	12:00pm-2:00pm	Th	12/30/19
Feb.	205GA210	2/6	12:00pm-2:00pm	Th	2/3
March	205GA310	3/5	12:00pm-2:00pm	Th	3/2
April*	205GA410	4/2	12:00pm-2:00pm	Th	3/30
May	205GA510	5/7	12:00pm-2:00pm	Th	5/4

*POTLUCK

Fees: \$8 Pre-registration, \$12 at the door

Ages: 50+, Min./Max.: 30/55

Facility: DPCC (MPR A)

Senior Men's Club

Senior Men's Club is open to all men ages 50 and older who have a desire to learn about topics ranging from past/current events to finances. Enjoy a delicious buffet breakfast catered by local restaurants followed by an educational presentation. Must pre-register with Lockport Township Park District by the Friday prior to the meeting for discounted rate. After that date, at-the-door rates apply.

Month	Code	Date	Time	Day	Reg. by
April	542SM110	4/7	8:30am-11:00am	Tu	4/3
May	542SM210	5/5	8:30am-11:00am	Tu	5/1

Fees: \$6 Pre-registration, \$8 at the door

Ages: 50+, Min./Max.: 25/40

Facility: Gladys Fox Museum

Silver and Gold Club

Silver & Gold Club is open to all seniors ages 50 and older for a lunch buffet followed by a short presentation ranging in topics from informative to historical. Participants must pre-register with Lockport Township Park District by the Thursday prior to the meeting for the discounted rate. After that date, at-the-door rates apply. April will be pot luck-- bring a dish to share and get in free!

Month	Code	Date	Time	Day	Reg. by
April*	449SG110	4/6	12:00pm-2:00pm	M	4/2
May	449SG210	5/4	12:00pm-2:00pm	M	4/30

*POTLUCK

Fees: \$6 Pre-registration, \$8 at the door

Ages: 50+, Min./Max.: 25/40

Facility: Fairmont Community Center (Classroom #1)

Young Timers Club

Young Timers Club is open to all seniors ages 50 and older for a delicious lunch buffet at a nominal price followed by a bingo and socialization. Bingo is played with your own money, \$.05 a card per game and \$.10 per card for coverall. Must pre-register with Lockport Township Park District by the Friday prior to the meeting for discounted rate. After that date, at-the-door rates apply.

Month	Code	Date	Time	Day	Reg. by
April	615YT110	4/21	12:00pm-2:00pm	Tu	4/7
May	615YT210	5/19	12:00pm-2:00pm	Tu	5/15

Fees: \$8 Pre-registration, \$12 at the door

Ages: 50+, Min./Max.: 40/120

Facility: Prairie Bluff Public Golf Club Banquet Room

Events brought to you by



AARP Smart Driver Course

Refresh your knowledge of the rules and hazards of the road at the AARP Smart Driver Course. This two-day course is instructed by a professional driving instructor. When completed, a certificate will be issued that can be presented for a discount on your auto insurance. All participants must bring a current driver's license and AARP membership card at the time of registration and to the first class. Attendance is required for both days of the course.

Code	Date	Time	Day
001SD110	1/31-2/7	9:00am-1:00pm	F
001SD210	3/20-3/27	9:00am-1:00pm	F
001SD310	5/8-5/15	9:00am-1:00pm	F

Fees: \$15 AARP Member, \$20 AARP Non Member

Supervisor: Nikki Zarnecki

Instructor: Thomas Longini

Ages: 50 yrs and over, Min./Max.: 10/30

Facility: DPCC Conference Room

AARP Spring Meeting

The Annual Breakfast meeting of the AARP chapter #5294 celebrates their 20th Anniversary with a presentation on Jo Ann Jenkins' national bestselling book, "Disrupt Aging." This book changed the conversation about aging by challenging our outdated beliefs and encouraging us all to re-think the negative stories we tell ourselves and each other about growing older. A Reservation is a MUST for this event! For questions, contact the chapter #5294 at aarpprairieview@gmail.com.

Code	Date	Time	Day	Reg. by
002AS110	4/28	9:00am-11:00am	Tu	4/20

Fees: \$12 Per Person

Supervisor: Nikki Zarnecki

Ages: 50-120 yrs

Min./Max.: 30/150

Facility: Prairie Bluff Banquet Room

Bingo, Cards, and Games at Lockport Township!



**Formerly at Gladys Fox Museum,
Bingo, Cards and Games
has moved to the Lockport
Township Government building.**

1463 S. Farrell Road, Lockport

This allots for:

- Ample parking
- Room for growth
- Opportunity to eat lunch with Meals on Wheels of Will County
- NEW Congregate dining at 11:30am (\$4 suggested donation)
- Call (815) 726-0094 to make a reservation for lunch at least 3 days in advance

BINGO	
5¢ per card per game and 10¢ per card per coverall	M, W, F 9AM-11AM
GAMES	
Mexican Train Game Southern Rummy Yahtzee and more!!	M 1pm-3pm
CARDS	
Play pinochle and other games!	F 1pm-3pm

No admission, registration, or card fees!

(815)838-0380

(815)726-0094

(815)838-1183

Ages: 60+



All federal holidays off

Senior Valentine's Day Bingo

Our annual Valentine's Day Bingo event features refreshments, 3 bingo cards, 50/50 split and door prizes. You play with your own money (Nickel per card per game, coverall is a quarter per card; additional cards after 3 are \$1 each). No one under 18 is admitted and pre-registration is a must!

Code: 462SV110 Date: 2/14
 Time: 9:00am-11:00am Day: F
 Reg. by: 2/7
 Fees: \$12 per person
 Supervisor: Becki Dryer
 Ages: 50+ years, Min./Max.: 30/130
 Facility: Prairie Bluff Golf Course Banquet Room



Black History Month Celebration

The Black History Month Celebration is an annual event that is educational and jam-packed with entertainment and programs coordinated by local leaders. Refreshments will be served. Registration is requested but not required.

Code **Date** **Time** **Day** **Reg. by**
 209BH110 2/8 1:00pm-3:00pm Sa 2/7
 Supervisor: Nikki Zarnecki
 Facility: Fairmont Community Center (FCC Gym)



Irish Fling

May the road rise up to meet you at our popular Irish Fling event hosted at Cog Hill's beautiful banquet room. Feast on traditional Irish fare of corned beef and cabbage served along with green beer. Slainte! Seating will be assigned so please indicate your tablemates when you register.

Code **Date** **Time** **Day** **Reg. by**
 462IF110 3/15 12:30pm-3:30pm Su 3/4
 Fees: \$28 Resident, \$33 Non-Resident
 Supervisor: Becki Dryer
 Ages: 50+ years, Min./Max.: 75/180
 Facility: Non-District Facility (Cog Hill Country Club)



Special Event Policy: no refunds will be granted on special events even if cancellation occurs before the event starts. The only exception to this rule is if the participant has a doctor's note excusing them from the activity.



NEW PB Mulligan's HOURS New Daily Specials



Starting Nov. 4th
Mon.: Closed
Tues.-Sun.: 11AM-6PM
Closed Dec. 23rd - Jan. 2nd
Reopens Jan. 3rd

Thursday Special
\$6 burger
\$6⁵⁰ ch. burger
1/3 lb. lettuce & tomato

Golf Hours
Monday - Sunday 6am - Dusk

Driving Range Hours		Practice Center
Monday	6am - 5pm	Token - \$5
Tuesday	9am - Dusk	(approx. 30 practice balls)
Wednesday - Sunday	6am - Dusk	20 Token Range Card - \$80
		(\$20 savings)
Twilight Hours		<i>No outside beverages/coolers</i>
Opening Day - May	2:00pm	<i>allowed on course</i>
May - Sept.	3:00pm	
Sept. - Oct.	2:00pm	

Special **9 & Dine**

Everyday (April-Sept.)
Starting at 4pm
\$65/for two people

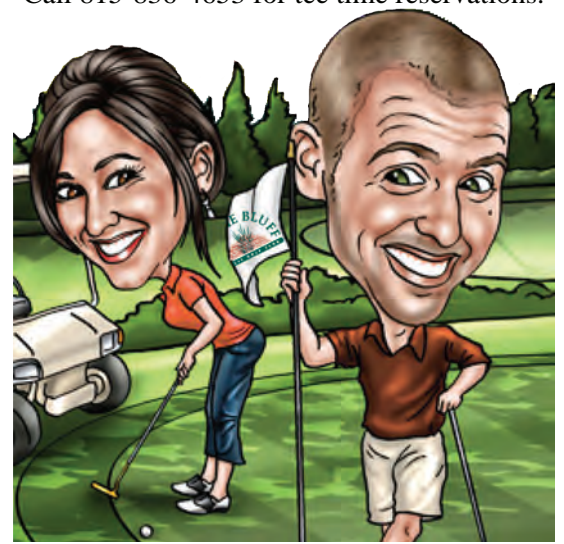
Includes nine holes of golf with a cart and dinner for two. (drinks and gratuity not included)
 Call 815-836-4653 for tee time reservations.

Learning Center
 Sign-up today and give your golf game exactly what it needs; quality instruction from a certified golf professional. Prairie Bluff offers a driving range, putting green and chipping area.

Private Golf Lessons
 Private lessons are also available for individuals or groups. Call (815) 836-4653 to arrange lessons with our PGA professional staff.

Tee Times
 Tee times are booked seven days in advance beginning every evening at 5pm. Lockport Township Park District residents are able to make reservations 10 days in advance after 5pm. For Fri., Sat., Sun. and holiday reservations, a credit card number is required to hold the tee time. You may cancel the reservations with no penalty by calling at least one day in advance of the tee time.

Golf Outings
 Prairie Bluff Public Golf Club is the perfect location for your next golf outing. Let our professional staff customize an outing package for your group from 16 to 144 golfers.



Text PBGOLF to 33222
for golf and food specials

In Dec. Only

GIFT CARD

* Buy \$50, get an extra \$10 *

SALE

* Extra \$10 is separate from gift card and only good at Prairie Bluff through January 31, 2020.



Saturday,
March 28, 2020

2020
Final
FORE

2-Man Team Tournament

FORMAT:

2 Person Team, 9 Holes of Scramble & 9 Holes of Alternate Shot

START TIME:

9:30am Shotgun

ENTRY FEE:

\$130 Team Entry Fee

Fee includes: Golf, Cart, Range Balls, Lunch & Prizes

FLIGHTS:

Four flights will be arranged upon completion of play

PRIZES:

- Gift certificates will be awarded for 1st and 2nd place in each flight.
- "Closest to Pin on all par 3 winners" will also receive gift certificates.
- Four flight winners will randomly get one of Final FORE Teams.
- If your team wins the NCAA Championship, both players will receive a gift certificate for a foursome of golf with carts.

For more information, call (815) 836-4653.

Prairie Bluff, 19433 Renwick Rd., Lockport, IL 60441

BECOME A MEMBER!

Unlimited
Golf Range Pass &
all Food Purchases

10% off

\$249

Membership has its advantages!

Hurry, offer expires
May 10th (Mother's Day)



GOLF LESSONS



Junior Golf Lessons

This program is for juniors ages 7-16 with limited or no golf experience. Students will learn/review the fundamentals of putting, chipping and the full swing. Students must provide their own clubs; we recommend a fairway wood, the 5, 7 and 9-iron and a putter.

Code	Date	Time	Day
010JG110	4/28-5/14	4:00pm-5:00pm	Tu/Th

Fees: \$70 Resident, \$80 Non-Resident
 Ages: 7-16 yrs, Min./Max.: 6/12
 Facility: Prairie Bluff Public Golf Club
 Register by: 4/28

Adult Beginner Golf Lessons

PGA Golf Professional Steve Lunde and his professional staff offer this six-hour instructional clinic catering to the beginner golfer. Students will learn the basic fundamentals of putting, chipping, pitching and full swing. Students will need to bring a 9-iron and a putter to the first class.

Code	Date	Time	Day
010AB110	4/28-5/14	5:30pm-6:30pm	Tu/Th

Fees: \$70 Resident, \$80 Non-Resident
 Supervisor: Steve Lunde
 Ages: 18-99 yrs, Min./Max.: 6/12
 Facility: Prairie Bluff Public Golf Club
 Register by: 4/28

Adult Intermediate Golf Lessons

PGA Golf Professional Steve Lunde and his professional staff offer this six-hour, instructional clinic catering to the intermediate golfer. Students will learn/review fundamentals of putting, chipping, pitching, full swing and basic rules. Students will need to bring their entire set of clubs to all classes.

Code	Date	Time	Day
010AI110	4/28-5/14	7:00pm-8:00pm	Tu/Th

Fees: \$70 Resident, \$80 Non-Resident
 Supervisor: Steve Lunde
 Ages: 18+ yrs, Min./Max.: 6/12
 Facility: Prairie Bluff Public Golf Club
 Register by: 4/28

FREE APPETIZER

*with the purchase of two entrees or sandwiches



Please clip and present to the server when ordering. Cannot be combined with other offers. Limit one coupon per customer/table.



KIDS EAT FREE

Saturdays & Sundays after 4pm



Receive a free kid's meal when an adult purchases a regular priced sandwich or entrée and a beverage.



Prairie Bluff, 19433 Renwick Rd., Lockport

NEW Registration DPCC ONLY

Easter Brunch

Sunday, April 12, 2020

19433 Renwick Rd., Lockport IL 60441

11+ years: \$35 per person
(tax and gratuity included),
3-10 years: \$15 per person
Under 3 years: complimentary

10:00am: 200EB110

12:30pm: 200EB210

3:00pm: 200EB310

**Registration DPCC ONLY, call 815-838-1183 and
press 5 or ext. 508 or come in-person.**



Prairie Bluff Holiday Brunch Policy: Refunds on Prairie Bluff Holiday Brunches will only be granted if the request is received at least 10 business days prior to the event or if the registrants spot can be filled by a patron on the waitlist. If this occurs the registrant will receive a full refund minus the \$10 administration fee. All refund requests must be made in-person in writing at the DPCC, 1811 Lawrence Ave. in Lockport.

Mother's Day Brunch

Sunday, May 10, 2019

19433 Renwick Rd., Lockport IL 60441

11+ years: \$35 per person (tax and gratuity included),
3-10 years: \$15 per person, Under 3 years: complimentary

10:00am: 200MDB110

12:30pm: 200MDB210

3:00pm: 200MDB310

**Registration DPCC ONLY, call 815-838-1183
and press 5 or ext. 508 or come in-person.**

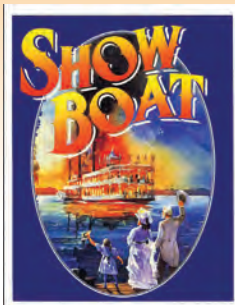
Prairie Bluff Holiday Brunch Policy: Refunds on Prairie Bluff Holiday Brunches will only be granted if the request is received at least 10 business days prior to the event or if the registrants spot can be filled by a patron on the waitlist. If this occurs the registrant will receive a full refund minus the \$10 administration fee. All refund requests must be made in-person in writing at the DPCC, 1811 Lawrence Ave. in Lockport.

PRAIRIE BLUFF'S Matinees

Seating is assigned so please indicate your tablemates when you register. If you have any questions, please contact Becki Dryer at bdryer@lockportpark.org or 815-838-1183 x206.

Doors open at 11:15am with a cash bar, lunch is served at 12:15pm and the performance starts at 1pm.

The cost includes a three course plated lunch with your choice of entrée listed under each show.



Best of Broadway and More!

Join us as we give our regards to Broadway! Accomplished vocalists, Phil and Amy, will be singing Broadway Hits including music from the "Music Man," "Showboat," "My Fair Lady" and "Phantom of the Opera."

Entrée choices:

*Airline Chicken Cacciatore

*Garlic Parmesan Crusted Cod Loin with a Lemon Beurre Blanc Sauce

*Grilled Pork Loin Peperonata

Code	Date	Time	Day	Reg. by
999B110	1/9	12:00pm-2:45pm	Th	12/31

\$35 Resident, \$40 Non-Resident

Prairie Bluff Golf Course- 19433 Renwick Rd Crest Hill



Denny Diamond

Denny brings natural warmth to your heart and a new breath of life to Neil Diamond's music. Denny as Neil Diamond sounds like Americana: Warm and comforting. Come and see one of the most versatile and multifaceted tribute acts to hit the stage.

Entrée choices:

*Creole Roasted Pork Medallions with a Rémoulade Drizzle

*Airline Roasted Artichoke Chicken

*Jambalaya

Code	Date	Time	Day	Reg. by
999D110	2/13	12:00pm-2:45pm	Th	2/4
999D210	2/20	12:00pm-2:45pm	Th	2/11

\$35 Resident, \$40 Non-Resident

Prairie Bluff Golf Course- 19433 Renwick Rd Crest Hill

Special Event Policy: No refunds will be granted on special events even if cancellation occurs before the event starts. The only exception to this rule is if the participant has a doctor's note excusing them from the activity.

Big Band Sounds of Metro Star Orchestra

Enjoy the Big Band sounds of Sinatra, Dean Martin, Elvis and more! The Metro Star Orchestra, also known as "Chicago's All-Star Little Big Band," will have you laughing, singing and dare I say . . . dancing . . . to some Rat Pack favorites. This 6-piece band brings a fun-packed energetic show with laughter and general sense of fun.

Entrée choices:

*Coq Au Vin Chicken

*Short Rib Meritage

*Roasted Mahi Mahi with a Lemon Beurre Blanc Sauce

Code	Date	Time	Day	Reg. by
999MS110	3/12	12:00pm-2:45pm	Th	3/3
999MS210	3/19	12:00pm-2:45pm	Th	3/10

\$35 Resident, \$40 Non-Resident

Prairie Bluff Golf Course- 19433 Renwick Rd Crest Hill



The Hot Fedoras

It's the Bees Knees! Specializing in music from the Gatsby era, "The Hot Fedoras" brings the era of gangsters and flappers alive through their classic renditions of 20s and 30s jazz tunes. Hear fascinating stories about Prohibition, Al Capone, Fats Waller, F. Scott Fitzgerald, Louis Amrstrong, Betty Boop, Zelda Fitzgerald and Chicago in the 1920s. "Grab a mug and cut a rug, I mean the joint is jumping!"

Entrée choices:

*Tomato Basil Relish Chicken

*Garlic Parmesan Crusted Baked Cod with a Lemon Beurre Blanc Sauce

*Steak Diane Medallions with a Madeira Wine Reduction

Code	Date	Time	Day	Reg. by
999HF110	4/9	12:00pm-2:45pm	Th	3/31
999HF210	4/16	12:00pm-2:45pm	Th	4/7

\$35 Resident, \$40 Non-Resident

Prairie Bluff Golf Course- 19433 Renwick Rd Crest Hill

★ American Girl®

★ Spring Tea Party



Enjoy a cup of tea with the special child in your life and his or her favorite doll. Attendees can delight in a cup of tea, hot chocolate or lemonade along with some tea-time treats. The children will get to glam up their doll and take home a special keepsake. At the time of registration, please give the name of your tablemate(s).

Code	Date	Time	Day	Reg. by
999AG110	3/8	1:00pm-2:30pm	Su	2/28

Fees: \$20 Resident, \$25 Non-Resident, Dolls and children under the age of one are FREE!
Supervisor: Becki Dryer
Ages: All, Min./Max.: 40/90
Facility: DPCC MPR A & B

Lockport Escape Room

NOW OFFERING TWO EXCITING ESCAPE ROOM EXPERIENCES!

JAIL BREAK

You've been wrongly accused and sent to life in prison. Can you escape before the guards return so that you may clear your name?



Location: Dellwood Park
Volz Fieldhouse
199 E. Woods Dr.
Lockport, IL 60441

**\$25 per person
for a 1 hour
adventure by
appointment
only
Hauntpay.
com**

Group size: 2-6, Operating dates: Dec. 13th, 2019 through May 9th, 2020
Hours of Operation: Fridays, Saturdays and Sundays from 1pm to 10pm
Email questions to lockportescaperoom@gmail.com

Dragon's Quest

There are many who know of the Wizard's Secret Tower and the gems he hides there, but none are brave enough to enter . . . until now. You have one hour to get in and find the fabled Dragon's Egg that he's been hoarding! Can you get out before he catches you?



Visit lockportescaperoom.com

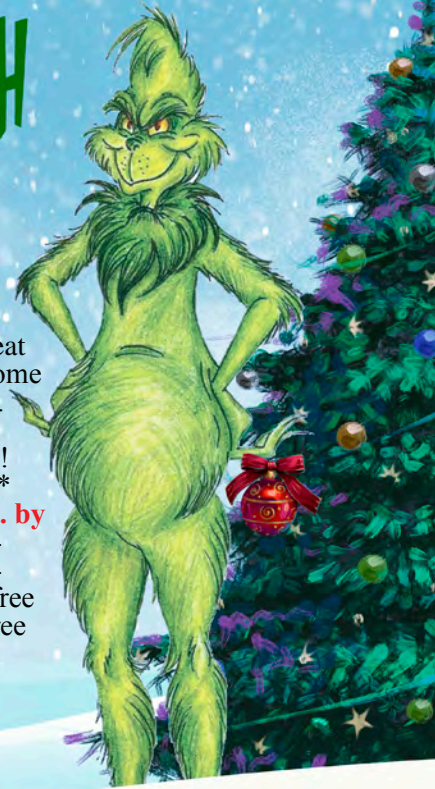
815-838-1183 / Registration: Residents Dec. 7th, Non-Residents Dec. 16th

BREAKFAST WITH SANTA AND THE GRINCH



We know Santa

likes cookies for a midnight snack, but what does he eat for breakfast? You and your family are invited to come make a holiday memory sharing breakfast with santa. Children will be able to visit with santa, make a craft and listen as santa reads a story. Be sure to bring your camera! *All adults and children attending the event must register!*



Code	Date	Time	Day	Reg. by
092BS139	12/7	8:30am-10:00am	Sa	12/4
092BS239	12/7	11:00am-12:30pm	Sa	12/4

Fees: Resident: \$14 (2-11yrs), \$18 (12& older), 1 & under free
 Non-Resident: \$16 (2-11yrs), \$20 (12& older), 1 & under free
 Supervisor: Sarah Hamilton
 Ages: All, Min./Max.: 75/140
 Facility: Prairie Bluff Public Golf Club Banquet Room

Special Event Policy: no refunds will be granted on special events even if cancellation occurs before the event starts. The only exception to this rule is if the participant has a doctor's note excusing them from the activity.



Santa Claus is coming TO TOWN

Would your child like a visit from santa this Christmas? Watch as your child's face gleams when santa knocks at your door and spends time talking with them. Why hassle with the mall santa or stand in long lines? Let us make this Christmas your child's best. A basic home visit is 20 minutes and can accommodate up to 10 children. Santa will find out what your child wants for Christmas and pose for photos. Make this a Christmas your child will never forget. NOTE: LOCKPORT TOWNSHIP PARK DISTRICT RESIDENTS ONLY!

Code	Date	Time	Day	Reg. by
999SF139	12/13	6:00pm-6:20pm	F	12/9
999SF439	12/14	8:15pm-8:35pm	Sa	12/9
999SF539	12/20	6:00pm-6:20pm	F	12/9

Fees: \$90 Resident
 Supervisor: Sarah Aspel (Hamilton)
 Ages: All, Min./Max.: 1/1
 Facility: Administration (Private Home)

Under the Sea Daddy Daughter Ball



Calling all dads, grandpas, uncles and brothers! Do you have a special little girl in your life? Join us for a magical evening fit for a princess. The night will include a meal, dessert, a photo booth, DJ, raffle prizes and a special performance by your favorite princesses. Pre-registration is required for both adults and children attending this event and need to register by Feb. 3rd - **NO EXCEPTIONS!**

Code: 999DDB110

Date: 2/8

Time: 6:30pm-9:00pm

Day: Sa

Reg. by: 2/3

Fees: \$32 per Resident

\$40 per Non-Resident

\$18 ea. additional child

Supervisor: Sarah Hamilton

Ages: 3+ yrs, Min./Max.: 75/130

Facility: Prairie Bluff Golf Club Banquet Room

Special Event Policy: no refunds will be granted on special events even if cancellation occurs before the event starts. The only exception to this rule is if the participant has a doctor's note excusing them from the activity.



BIRTHDAY BASH

LOCKPORT TOWNSHIP PARK DISTRICT IS TURNING 75! JOIN US FOR AN INDOOR BIRTHDAY PARTY ON

SAT. 3/21/20

12:00pm–3:00pm



CUPCAKES

INFLATABLE OBSTACLE COURSE

FACE PAINTER

HOT DOG LUNCH

PARTY & CARNIVAL GAMES

- FREEZE DANCE, SCOOTER RACES,

- BUBBLE BALL, NERF & MORE!



Fees per person:

\$7 pre-registration

(with code 999BB110)

\$10 at the door

Ages: 3–12



DELLWOOD PARK COMMUNITY CENTER 1811 S. LAWRENCE AVE., LOCKPORT

EGG-LUMiNATE NiGHT HUNT

Hop on over to Prairie Bluff for a fun-filled night with the Easter Bunny and much more! The night will feature a family entertainer, pizza and drinks, and an egg hunt outside. Don't forget your flashlight and basket to collect all of your eggs! In case of inclement weather, the egg hunt will be inside. Preregistration is required for both adults and children attending. Recommended for ages 1-10.

Code: 950E110

Date: 3/27

Time: 6:30pm-8:00pm

Day: F

Reg.by: 3/20

Fees: \$12 resident, \$14 Non-Resident, 1 and under free

Supervisor: Sarah Hamilton

Ages: All Min./Max. 50/140

Facility: Prairie Bluff Public Golf Club Banquet Room



Breakfast & Egg Hunt with Peter Rabbit

Peter Rabbit is hop – hop- hopping his way over to Prairie Bluff to enjoy a buffet style breakfast with you and your family! Visit with Peter Rabbit and watch as he scatters the eggs in his pasture for the egg hunt. All registered children will receive a special bunny gift/craft. We will have a special egg hunt following each breakfast. Don't forget your basket and camera! Preregistration is required for both adults and children attending.

Code	Date	Time	Day	Reg. by
093B110	4/4	8:30am-10:00am	Sa	3/27
093B210	4/4	11:00am-12:30pm	Sa	3/27

Fees: Resident: \$14 (2-11 years), \$18 (12+), free (1 & under)
Non-Resident: \$16 (2-11 years), \$20 (12+)

Supervisor: Sarah Hamilton

Ages: All, Min./Max. 50/130

Facility: Prairie Bluff Public Golf Club Banquet Room



EGG-STREME H₂O ADVENTURE

Hop and splash around in our flowing green pasture while visiting and taking photos with Mr. Easter Bunny! Enjoy music, treats and games while gathering a basket of eggs. Find the Golden EGG and win a special prize! Add \$5 after registration date.

Code: 999EG110 **Date:** 4/3
Time: 6:00pm-8:00pm **Day:** F
Fees: \$8 Challenge Fitness Member
\$10 Resident, \$13 Non-Resident
Ages: All, Min./Max.: 30/100
Facility: Challenge Fitness Pool
Reg. by: 3/27
((\$5 additional after reg. date))



Birthday Party
Pool Movie Rental Add-On
For an additional \$35, bring your favorite DVD to watch on our BIG SCREEN during your pool party. Must be dark outside to view indoors.
Call Toni at 815-833-1183 ext. 322.



General Pool Information

1. To receive resident rates, patrons must present a Resident I.D. Card (see page 65 for details).
 2. Children 11 and under must be supervised by an adult 18 years or older. No exceptions!
 3. No electronic devices are allowed in the locker rooms.
 4. The only Personal Floatation Devices (PFDs) that are allowed must be stamped with the U.S. Coast Guard Seal. Exceptions to this rule are for individuals with disabilities who need extra buoyancy and personal security while in the water. An adult 18 years or older must be in the water and within arms length of the patron wearing the PFD. Managers have the right to refuse the use of a PFD.
 5. NO REFUNDS & NO RAINCHECKS!
 6. All patrons on deck during open swim hours must pay daily fees.
 7. Pool will be closed under the discretion of the Park District. Pool will close if one of the following is true:
 - Water is not chemically balanced/mechanical failure
 - Required maintenance
 - Per Aquatics Supervisor
- TEXT: CFAQUATICS to 84483 to receive pool updates

Daily Pool Admission Rates

All patrons "on deck" must pay an admission fee.

	Resident	Non-Resident
Infants (23 mos. & under)	FREE!	FREE!
Children (2-11yrs.)	\$3	\$5
Adult	\$7	\$9
Student	\$5	\$7
Senior	\$5	\$7

Challenge Fitness Pool Hours

Lap Swim

M/W: 5am-10am, 12pm-6pm, 8:30pm-9:45pm

Tu/Th: 5am-10am*, 11am-6:45pm*, 8pm-9:45pm

F: 5am-10am, 12pm-9:45pm

Sa: 7am-8:45am*

Su: 7am-1pm*

*indicates a fitness class will be in the water

Open Swim

Sa & Su: 1pm-4pm

*Classes begin setting up 15 minutes prior to class start time.

*Check for our special events

Challenge Fitness Pool: Private Rental

Sa & Su: 4pm-6pm & 6:30pm-8:30pm

\$225/Resident & \$275/Non-Resident (for two hours)

Add an hour for \$100/Resident & \$135/Non-Resident

Cost includes first 50 guests; additional guests are \$3/ea.

Private party room included.

Want to throw a party but don't want to pay private rental prices?

Open Swim Bargain Buy

\$2.50 per child during Sat. & Sun. Open Swim from 1pm-3pm

Min/Max: 10/20 **Children Only**

Adult: Non-Swimmer on deck: \$2.50

Swimmer: \$7/Resident, \$9 Non-Resident

Add the private room for only \$40.

All patrons on deck are subject to admission fee.

All Classes held at Challenge Fitness

Due to safety and ratios with instructors there are NO make ups! Transfers must be made 1 week prior to start of class.



Water Babies

American Red Cross Parent & Child Aquatics is designed to orient young children to the water and prepare them to ARC Preschool Aquatics and/or Learn-to-Swim Programs. This class is designed to give parents safety information and teaches techniques to help them orient their children in the water. "Little Swimmers" pull-ups are required for those children not toilet trained. (No life jackets) Add \$5 after registration date.

Evening

Code	Date	Time	Day	Reg. by
640WBE110	1/6-1/29	6:00pm-6:30pm	M/W	12/30
640WBE210	2/3-2/26	6:00pm-6:30pm	M/W	1/27
640WBE310	3/2-3/25	6:00pm-6:30pm	M/W	2/24
640WBE410	3/30-4/22	6:00pm-6:30pm	M/W	3/23
640WBE510	4/27-5/20	6:00pm-6:30pm	M/W	4/20

Saturday

640WBS110	1/11-2/29	9:00am-9:30am	Sa	1/3
640WBS210*	3/7-5/2	9:00am-9:30am	Sa	2/29

Fees: \$40 Resident, \$50 Non-Resident

Ages: 6 mos.-3yrs, Min./Max.: 6/10, Sat. 6/15

*No class: 4/11

Intro to Water Tikes

American Red Cross Intro to Preschool Aquatics focuses on transitioning your child's comfort level from parent to instructor. Parents will be in the water 4 out of 8 classes. Add \$5 after registration date.

Evening

Code	Date	Time	Day	Reg. by
640IWE110	1/6-1/29	6:00pm-6:30pm	M/W	12/30
640IWE210	2/3-2/26	6:00pm-6:30pm	M/W	1/27
640IWE310	3/2-3/25	6:00pm-6:30pm	M/W	2/24
640IWE410	3/30-4/22	6:00pm-6:30pm	M/W	3/23
640IWE510	4/27-5/20	6:00pm-6:30pm	M/W	4/20

Saturday

640IWS110	1/11-2/29	9:00am-9:30am	Sa	1/3
640IWS210*	3/7-5/2	9:00am-9:30am	Sa	2/29

Fees: \$40 Resident, \$50 Non-Resident

Ages: 3-5 yrs, Min./Max.: 6/8, Sat. 6/12

*No class: 4/11



Float on a noodle and enjoy a movie! Gen. admission applies.

Day	Dates	Movie
Friday	1/24	Freaky Friday
Friday	2/21	Princess Dairies
Friday	3/27	Sandlot

Doors open at 6:15pm, Movie starts at 6:30pm-7:30pm

Location: Challenge Fitness

Everyone entering the deck must pay admission fee! 11 and under must be supervised by an adult 18 or older.

Water Tikes

American Red Cross Preschool aquatics teaches aquatic and safety skills in a logical progression. It is composed of three levels. The objective is to start teaching fundamental water safety and aquatic skills to children ages 4 & 5. This class is intended for first time swimmers or those who need a little more instruction. Add \$5 after registration date.

Evening

Code	Date	Time	Day	Reg. by
640WTE110	1/6-1/29	6:00pm-6:40pm	M/W	12/30
640WTE210	2/3-2/26	6:00pm-6:40pm	M/W	1/27
640WTE310	3/2-3/25	6:00pm-6:40pm	M/W	2/24
640WTE410	3/30-4/22	6:00pm-6:40pm	M/W	2/23
640WTE510	4/27-5/20	6:00pm-6:40pm	M/W	4/20
640WTE610	1/7-1/30	6:00pm-6:40pm	Tu/Th	12/30
640WTE710	2/4-2/27	6:00pm-6:40pm	Tu/Th	1/27
640WTE810	3/3-3/26	6:00pm-6:40pm	Tu/Th	2/23
640WTE910	3/31-4/23	6:00pm-6:40pm	Tu/Th	3/23
640WTE1010	4/28-5/21	6:00pm-6:40pm	Tu/Th	4/20

Saturday

640WTS110	1/11-2/29	9:35am-10:15am	Sa	1/3
640WTS210*	3/7-5/2	9:35am-10:15am	Sa	2/29

Fees: \$42 Resident, \$52 Non-Resident

Ages: 4-5 yrs., Min./Max.: M/W: 6/12, Tu/Th: 6/10, Sa: 6/18

*No Class: 4/11

Learn to Swim

The six levels of Learn to Swim will help swimmers of all ages and varying abilities develop their swimming and water safety skills. It is designed to give students a positive learning experience. Add \$5 after registration date.

Evening

Code	Date	Time	Day	Reg. by
640LE110	1/6-1/29	6:45pm-7:25pm	M/W	1/27
640LE210	2/3-2/26	6:45pm-7:25pm	M/W	1/27
640LE310	3/2-3/25	6:45pm-7:25pm	M/W	2/24
640LE410	3/30-4/22	6:45pm-7:25pm	M/W	2/23
640LE510	4/27-5/20	6:45pm-7:25pm	M/W	4/20
640LE610	1/7-1/30	6:00pm-6:40pm	Tu/Th	12/30
640LE710	2/4-2/27	6:00pm-6:40pm	Tu/Th	1/27
640LE810	3/3-3/26	6:00pm-6:40pm	Tu/Th	2/23
640LE910	3/31-4/23	6:00pm-6:40pm	Tu/Th	3/23
640LE1010	4/28-5/213	6:00pm-6:40pm	Tu/Th	4/20

Saturday

640LS110	1/11-2/29	10:20am-11:00am	Sa	1/3
640LS210	1/11-2/29	11:05am-11:45am	Sa	1/3
640LS310*	3/7-5/2	10:20am-11:00am	Sa	2/29
640LS410*	3/7-5/2	11:05am-11:45am	Sa	2/29

Fees: \$42 Resident, \$52 Non-Resident

Ages: 6-13 yrs., Min./Max.: M/W & Sa: 6/20, Tu/Th: 6/15

*No Class: 4/11

Advanced Swimming

This class is meant for swimmers that have completed Level 6 in swim lessons and wish to continue learning stroke refinement and endurance development in swimming. This class will run for 45 minutes and will be taught by certified lesson instructors from the district. Add \$5 after registration date.

Code	Date	Time	Day	Reg. by
640AS110	1/11-2/29	11:15am-12:00pm	Sa	1/3
640AS210*	3/7-5/2	11:15am-12:00pm	Sa	2/29

Fees: \$60 Resident, \$70 Non-Resident

Ages: 8-15 yrs, Min./Max.: 5/10

*No class: 4/11

Private/Semi-Private Swim Lessons

Fees: 1st person: \$95 Res., \$110 Non-Res.
Each add'l student: \$35 Res., \$45 Non-Res.

Private Swim Lessons
(Age 3 & up) Code: 641PL110

Semi-Private Swim Lessons
(Age 3 & up) Code: 641SPL110

For more info., call 815-838-1183, ext. 322

After registration, please give us one week to locate an instructor.

***Private lessons are only available during lap swim times.**

Private lessons offer one-on-one instruction for all ages and all abilities. These 5 lessons are 30 minutes long and can be scheduled any day of the year when the pool is open for lap swimming. Following registration, an instructor will contact you within 5 days to schedule your lessons at a mutually agreed upon time. Lessons must be completed 9 months from date of purchase.

Add up to 4 children for a private group. Lessons expire 9 months from date of purchase.

5 lessons 1/2 hour in length (based around your schedule)

There are NO make ups for missed classes.

Aquatics Supervisor, Toni Moran, Ext. # 322



A cardio-based water class with low to high impact aerobic movements that tone up core muscles and improve joint flexibility. Increase muscle strength, coordination, endurance, and stretching with a total body workout. Music is provided for the tempo and the use of weights and noodles are optional. *No make-ups allowed for missed classes. (6 week sessions)

Tuesday, Wednesday, Thursday



WATERinMOTION is changing the tide in water exercise!! One hour of intense exercise, invigorating music, and improved fitness! WATERinMOTION takes the moves of one of the most recognized choreographers in aquatics today and unites it with a motivating sound track. Move through twelve tracks of phenomenal music working your entire body as you enjoy the water. Use the continual resistance of the water to adjust your intensity level. Achieve the results you desire in a safe, fun, and effective format. Catch the WAVE! *No make-ups allowed for missed classes. (6 week sessions)

Code	Date	Day	Reg. by
659AF110	1/7-2/15	Tu/W/Th/Sa	1/3
659AF210*	2/25-4/4	Tu/W/Th/Sa	2/21
659AF310*	4/14-5/23	Tu/W/Th/Sa	4/10
Times:	Tu/Th	8:00am-9:00am (Aqua Aerobics)	
	W	7:30pm-8:30pm (Aqua Aerobics)	
	Sa	7:30am-8:30am (Water in Motion)	

Fees: Resident: \$30/1 Day, \$55/2 Days, \$80/3 Days, \$105/4 Days
 Non-Resident: \$35/1 Day, \$65/2 Days, \$95/3 Days, \$125/4 Days

*Fees Sat. Resident: \$15/1 Day, Non-Resident: \$28/1 day

Ages: 14+, Min/Max.:10/50

*No class: 3/6, 3/20, 4/4, 4/14, 4/24, 5/1

School's Out Swim
 1pm to 4pm

Martin Luther King 1/20

Presidents' Day 2/17

Casmir Pulaski 3/3

Mother's Day Swim 5/10
 (Moms swim free)

American Red Cross Lifeguard Review Certification

This review course is intended for ARC Lifeguards who need to renew their certification. This 2 day course will cover water and land skills that are necessary for recertification. Must attend both days. Add \$5 after registration date.

Code	Date	Time	Day	Reg. by
TBA	TBA	TBA	TBA	TBA

Fees:\$125 Resident, \$150 Non-Resident

Ages: 15+ yrs., Min./Max.: 4/10

Additional Safety Classes

Classes: CPR/AED, Home Pool Safety, Basic Water Rescue, Water Safety Instruction and First Aid. To inquire about these classes call the Aquatic Supervisor at ext. 322.

Joint Tune-up/Arthritis Program

The National Arthritis Foundation Program is geared for those people who are suffering from arthritis or need physical rehab in warm water. Forms are available at the Challenge Fitness front desk. This program has the senior discount applied and is included in the Challenge Fitness Premium Membership. FREE for Silver Sneakers!

Time: 10:30am - 11:15am Days: M/W/F

7:00pm - 7:45pm Days: Tu/Th

Fee: \$3/R - \$4/NR (drop-in)

\$105/R- \$120/NR (annual pass)

Class set-up starts 15 minutes prior to class!

Girl Scouts and Boy Scouts of America

Come earn your water badges with Lockport Township Park District. We can accommodate the skills needed for your scouts to earn their swimming or water safety badges. The program is 60 minutes of instruction followed by open swim time. Each scout pays a \$4 admission fee. Leaders must be present and can teach the program if qualified. If an instructor is needed to teach the program, there is an additional \$20 fee.

Swim Assessment

The swim assessment focuses on technique, endurance and speed. Great for fitness swimmers or triathletes. Meet for 2 sessions, each 30 minutes long. The first session the instructor will critique the stroke and give guidance on how to improve. Two or three weeks later, meet with the instructor for a follow-up evaluation. Participants must be at least 14 years of age and have the basic swim fundamentals (Level 4).

Code	Date	Time	Day
640SA110	1/1-4/30	Any	Any

Fees: \$30 Resident, \$40 Non-Resident

Ages: 14+ yrs., Min./Max.: 1/10

American Red Cross Lifeguard Certification

The ARC certification course is to provide lifeguard candidates and lifeguards with the skills and knowledge necessary to keep the patrons of aquatic facilities safe in and around the water.

Lifeguard manual, CPR mask and all other materials are provided. Attendance is required at all sessions and must successfully pass the prerequisites and skill tests. There will be at least one class held at Lockport Township High School for deep water skills. Add \$5 after registration date.

Code	Date	Time	Day	Reg. by
TBA	TBA	TBA	TBA	TBA

Fees:\$250 Resident, \$275 Non-Resident

Ages: 15+ yrs., Min./Max.: 4/10

Jungle Tumbling



Jungle Tumbling

All classes are held in Challenge Fitness' Gymnastics/Tumbling Room

Jungle Tumbling classes are 9 weeks

All tumbling and gymnastics classes will focus on recreational tumbling and gymnastics skills as well as gross motor skills, agility and flexibility. Instructors will focus on individual skill levels when necessary.

For all tumbling programs, participants should wear leotards, shorts, t-shirts or comfortable pants. Please no jeans, tights, socks or shoes. No jewelry of any kind and long hair should be tied back.

ATTENTION PARENTS: if you are enrolled in a parent class, only children registered for the class are permitted in the tumbling room.

If you have questions please contact Ben Ragle at ext. 104.

Curious Climbers (Ages: Walking - 2½ yrs.)

Walking - 30 months with a parent (semi-structured - beginning and end of class only.)

Code	Date	Time	Day
019CCT110	1/14-3/10	9:00am-9:30am	Tu
019CCT210	3/24-5/19	9:00am-9:30am	Tu
019CCTH110	1/16-3/12	9:45am-10:15am	Th
019CCTH210	3/26-5/21	9:45am-10:15am	Th
019CCS110	1/18-3/14	9:00am-9:30am	Sa
019CCS210	3/28-5/23	9:00am-9:30am	Sa

Min./Max.: 4/12

Fees: \$74 Resident, \$82 Non-Resident

Parent/Child Free Play (Ages: 1 - 4 yrs.)

Walking - 4 yrs. with a parent (semi-structured)

Code	Date	Time	Day
019PCM110	1/13-3/9	9:30am-10:05am	M
019PCM210	3/23-5/18	9:30am-10:05am	M
019PCF110	1/17-3/13	9:00am-9:35am	F
019PCF210	3/27-5/22	9:00am-9:35am	F

Min./Max.: 4/12

Fees: \$74 Resident, \$82 Non-Resident

Flipping Frogs (Ages: 2½ - 3½ yrs.)

30 Months - 42 months with a parent. Intro to structured play

Code	Date	Time	Day
019FW110	1/15-3/11	9:00am-9:35am	W
019FW210	3/25-5/20	9:00am-9:35am	W
019FS110	1/18-3/14	9:35am-10:10am	Sa
019FS210	3/28-5/23	9:35am-10:10am	Sa

Min./Max.: 4/10

Fees: \$74 Resident, \$82 Non-Resident

Zooming Zebras (Ages: 3 - 5 yrs.)

(mostly structured)

Code	Date	Time	Day
019ZM110	1/13-3/9	10:10am-10:50am	M
019ZM210	3/23-5/18	10:10am-10:50am	M
019ZM310	1/13-3/9	5:00pm-5:40pm	M
019ZM410	3/23-5/18	5:00pm-5:40pm	M
019ZT110	1/14-3/10	9:35am-10:15am	Tu
019ZT210	3/25-5/20	9:35am-10:15am	Tu
019ZW110	1/15-3/11	9:40am-10:20am	W
019ZW210	3/25-5/20	9:40am-10:20am	W
019ZTH110	1/16-3/12	9:00am-9:40am	Th
019ZTH210	3/26-5/21	9:00am-9:40am	Th
019ZTH310	1/16-3/12	5:00pm-5:40pm	Th
019ZTH410	3/26-5/21	5:00pm-5:40pm	Th
019ZF110	1/17-3/13	9:40am-10:20am	F
019ZF210	3/27-5/23	9:40am-10:20am	F
019ZS110	1/18-3/14	10:15am-10:55am	Sa
019ZS210	3/28-5/23	10:15am-10:55am	Sa

Min./Max.: 4/8

Fees: \$83 Resident, \$92 Non-Resident

Leaping Lions (Ages 5 - 8 yrs.)

(Beginner - never taken class before or needs work on basic skills)

Code	Date	Time	Day
019LT110	1/14-3/10	5:15pm-6:00pm	Tu
019LT210	3/24-5/19	5:15pm-6:00pm	Tu
019LW110	1/15-3/11	5:15pm-6:00pm	W
019LW210	3/25-5/20	5:15pm-6:00pm	W

Min./Max.: 4/10

Fees: \$83 Resident, \$92 Non-Resident

Terrific Tigers (Ages 5 - 8 yrs.)

(Advanced - taken class before and/or can perform basic skills; i.e. cartwheels and bridge-ups)

Code	Date	Time	Day
019TT110	1/14-3/10	6:05pm-6:50pm	Tu
019TT210	3/24-5/19	6:05pm-6:50pm	Tu
019TW110	1/15-3/11	6:05pm-6:50pm	W
019TW210	3/25-5/20	6:05pm-6:50pm	W

Min./Max.: 4/10

Fees: \$83 Resident, \$92 Non-Resident

Totally Tumbling (Ages 8 - 12 yrs.)

Tumbling class will focus on tumbling only. Gymnastics equipment will not be used.

Code	Date	Time	Day
019TTM110	1/13-3/9	5:45pm-6:30pm	M
019TTM210	3/23-5/18	5:45pm-6:30pm	M
019TTTH110	1/16-3/12	5:45pm-6:30pm	Th
019TTTH210	3/26-5/21	5:45pm-6:30pm	Th

Min./Max.: 4/10

Fees: \$83 Resident, \$92 Non-Resident



MASSAGE

Relieve your stress at Challenge Fitness and enjoy a massage with one of our licensed massage therapists. Call (815) 838-3621 ext. 310 to make an appointment.

Massage Therapists

Andrea Carli #310 Reflexology (light therapy only)
Cupping
Allison Stewart #310 Massage/Facials/Wraps
Amanda Guerrero #310 Massage only

Swedish

A classic combination of body & muscle manipulation to relieve stress, improve circulation and calm the nervous system.

½ hour \$40, 1 hour \$60, 1½ hours \$85

Deep Tissue

Deeper pressure is used to release the connective tissue, thus being helpful in relieving postural imbalances and reducing chronic pain.

½ hour \$45, 1 hour \$75,

1½ hours \$100

Pre-natal

Helps with common stress of pregnancy

1 hour \$65, 1½ hours \$85

Reflexology

Andrea Carli, Certified Reflexologist with 30 years experience states, "Our feet are the foundation of our body." Carli explains that reflexology uses relaxing methods of utilizing the thumb and fingers on reflex areas of the feet and hands where there are more than 7,000 nerve endings. Celebrate Andrea's 30th Anniversary of Reflexology. Andrea's Extension: #310

½ hour \$40, 1 hour \$65

Therapeutic Massage

A customized massage made to meet each individual's needs in relieving pain, managing stress and providing emotional release. This massage incorporates elements of Swedish, deep tissue, myofascial and trigger-point techniques.

1½ hours \$95, 1 hour \$65, ½ hour \$35

Light Therapy

Involves infrared light waves for therapy designed to help improve minor aches and pains, local circulation, spider veins and scars. Andrea's Extension: #310

10 minutes \$25, ½ hour \$50

Raindrop Therapy

Raindrop therapy helps bring balance and harmony to the body by combining targeted massage and distinctive energy approaches. It also includes pure, therapeutic-grade essential oils from Young Living to create an atmosphere of spirituality and serenity. It has a unique way of harmonizing, rejuvenating, relaxing, and aligning the body and mind.

1 hour \$80

HydroMassage - Free 10 min. trial

A massage based on the therapeutic use of water pressure by applying massage techniques to the human body (thermally and mechanically). Hydromassage helps to relax muscles, increase blood circulation and relieve muscular pain and tension.

Challenge Fitness Members: once a week \$10, Non-Members: \$13 or \$5 per visit.

Gift cards available!

**Life Purpose
Chiropractic**

773-842-9092

Challenge Fitness Rates/Hours

Premier Annual Memberships **Effective January 1, 2020**

Access to the fitness center, indoor pool, steam room, whirlpool; member rates on tennis and racquetball. **Now includes one free Hydromassage session per week (begins Jan. 1, 2020).**

	Monthly	Annual	4 Month	Enrollment Fee
	R/NR	R/NR	R/NR	
Adult	\$25/\$28	\$300/\$336	\$120/\$132	\$39
Couple	\$38/\$41	\$456/\$492	\$180/\$192	\$78
Family	\$46/\$49	\$552/\$588	\$220/\$232	\$99
Senior	\$20/\$23	\$240/\$276	\$92/\$104	\$39

Daily Guest Rates

	R/NR
Adult	\$9/\$11
Student (14-17)	\$7/\$9
Senior	\$7/\$9



Challenge X Annual Memberships

Access to the fitness center, indoor pool, steam room, whirlpool and all GroupX fitness classes; member rates on tennis and racquetball.

Now includes one free Hydromassage session per week (begins Jan. 1, 2020).

	Monthly	Annual	4 Month	Enrollment Fee
	R/NR	R/NR	R/NR	
Adult	\$44/\$47	\$528/\$564	\$216/\$228	\$39
Couple	\$76/\$79	\$912/\$948	\$372/\$384	\$78
Senior	\$39/\$42	\$468/\$504	\$188/\$200	\$39

GroupX Only Memberships

	Monthly	Annual	Enrollment
Adult	\$36	\$432	\$39
Couple	\$72	\$864	\$78
Senior	\$33	\$396	\$39

GroupXpress Walk-ins: \$10/class

GroupXpress 10X Pass: \$70/expires in 2 months

Racquet ONLY Memberships

	Monthly	Annual
	R/NR	R/NR
Adult	\$19/\$22	\$228/\$264
Couple	\$28/\$31	\$336/\$372
Family	\$34/\$37	\$408/\$444
Senior	\$15/\$18	\$180/\$216
Youth	-----N/A-----	\$50/\$70

Personal Training Rates

1 person (1 Hour Sessions)

	Member	Non-Member
2 Sessions	\$70/\$35 ea.	\$80/\$40 ea.
8 Sessions	\$260/\$32. ⁵⁰ ea.	\$300/\$37. ⁵⁰ ea.
16 Sessions	\$480/\$30 ea.	\$560/\$35 ea.

Group Training Rates - 4 sessions/pp: 2/\$100, 3/\$90, 4/\$80, 5/\$70, 6/\$60, 7/\$50; Non-Members add \$20 *Training sessions expire 9 months after the date of purchase

Personal Training Kids Rates

Ages 7-13 (45 Minute Sessions)

	Member	Non-Member
2 Sessions	\$50/\$25 ea.	\$60/\$30 ea.
6 Sessions	\$141/\$23. ⁵⁰ ea.	\$165/\$27. ⁵⁰ ea.
10 Sessions	\$210/\$21 ea.	\$250/\$25 ea.

Tennis Court Rates

Per Hour/All non-members must pay a guest fee unless otherwise stated. Prime: M-F, 5-10pm

	Member	Non-Member
Non-Prime	\$22	\$27
Prime	\$24	\$29
Jr. Rate	\$18	\$20

Early Bird Special: \$15/hr., (M-F, 5am-10am) No guest fee

Racquetball/Wallyball Court Rates

Per hour/2 hour limit for all rentals

	Member	Non-Member
Per player/hr	\$3	\$4

Challenge Fitness is proud to accept the following:



Medicare Supplement Plans & At Your Best by United Healthcare

LTPD reserves the right to close the facilities or portions thereof in order to perform maintenance, preventative maintenance, or to tend to matters involving public safety without providing refunds and/or prorations for memberships or select programs.



HOURS

Labor Day-
Memorial Day
(fall, winter, spring)
Mon.-Fri. 5am-10pm
Sat.-Sun. 7am-8pm

Memorial Day-
Labor Day
(summer)
Mon.-Fri. 5am-10pm
Sat.-Sun. 7am-6:30pm

HOLIDAY HOURS

New Year's Eve
5am-1pm

New Year's Day
Closed

Easter
Closed

Memorial Day
Closed

3rd of July
5am-6:30pm
(Fireworks)

4th of July
7am-1pm

Labor Day
Closed

Thanksgiving Day
5am-1pm

Christmas Eve
5am-1pm

Christmas Day
Closed

Kid's Kourt Childcare Center

Mon.-Sat., 8am-1pm & Mon.-Thur., 4pm-8:30pm

Members: \$8.²⁵/mo. or \$3 per hr. per child (\$99 annually)

- children 6 months to 12 years
- for members using Challenge Fitness or enrolled in any adult park district program held at Challenge Fitness
- Parents may not leave Challenge Fitness while their children are in the nursery.
- use of an unlimited nursery pass is only valid for those who reside within the residence of the pass holder and also hold a valid membership unless the guest is also a member with unlimited nursery privileges - any additional guest is subject to daily fees.
- Unlimited passes are non-transferrable.

New Membership Perks

RESIDENT RATES
CHALLENGE FITNESS

All Challenge Fitness Members receive **Resident Rates** on **Prairie Bluff Golf & DPCC Open Gym**

Up to \$13 in golf savings per visit and up to \$7 in savings for open gym

Fitness Coordinator, Toni Moran, Ext. # 322

Look at the options you have to choose from in our Fitness Assessment Packages:

Equipment Orientation: Free (approx. 20 mins.) Fitness staff will give you a guided tour of the fitness center equipment explaining basic operation.

Fitness Assessment: \$10 Member, \$12.50 Non-Member initial, \$5 Member, \$12.50 Non-Member follow-up (approx. 10 mins.) includes height, weight, and body composition assessment so you have a starting point in which to measure your progress.

Fitness Assessment/Personal Training Consultation: \$25 Member, \$30 Non-Member (approx. 25 mins.) includes height, weight, body composition, strength, flexibility and nutrition assessment. Consultation will cover analysis of your results and develop goals and objectives for your personalized exercise program.

Initial Personal Training Session: \$40 Member, \$45 Non-Member (approx. 1.5 hr.) includes height, weight, body composition, strength, flexibility and cardiovascular assessment. Consultation will cover analysis of your results and a one-hour personal training session designed to meet your fitness goals and current fitness level.



Active aging for LIFE



Medicare Supplement Plans & At Your Best by United Healthcare

Free to Renew Active, SilverSneakers and AARP Medicare Supplement Plans and At Your Best by United Healthcare Members or \$4 per class walk-ins

Classic Fitness

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles, a SilverSneakers® ball are offered for resistance, and a chair is used for seated and/or standing support. Class size is limited with preference given to SilverSneakers® members.

Classes: 8:30am-9:15am M-Th
Location: DPCC

Joint Tune-up/Arthritis Program

FREE for SilverSneakers members. See page 43 for details.

FITNESS FOR VETERANS



Fitness for Veterans is a program for disabled veterans to help with the transition back to civilian life. Qualifying veterans will receive a one-year membership free of charge to Challenge Fitness along with an additional free membership for a friend, family member or spouse to train with them! Please contact Northern Will County SRA for more information at 815-407-1819.



Challenge Fitness is now a Silver&Fit® participating fitness facility! Silver&Fit® is designed specifically to help older adults achieve better health through regular exercise and health education. Silver&Fit® provides eligible members with no-cost or low-cost fitness memberships through arrangements with certain health plans. Silver&Fit® is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated.

If your health plan offers Silver&Fit®, contact Challenge Fitness at 815-838-3621 or visit www.silverandfit.com. Silver&Fit® is a federally registered trademark of American Specialty Health Incorporated.

Yoga Stretch

Yoga Stretch will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.

Classes: 11am – 11:45am Tu
Location: Challenge Fitness

Classes: 8:30am - 9:15am F
Location: DPCC

Yoga for Everyone

No previous experience necessary. Gentle but effective poses which increase flexibility, strength and mental focus. Learn breathing techniques to quiet nervous system and aid sleep. Beautiful music during class AND the instructor sings for you during final meditation! Note: Bring a yoga mat and a blanket.

Code	Date	Time	Day
930Y110	1/7-2/25	4:45pm-5:45pm	Tu
930Y210	3/10-4/28	4:45pm-5:45pm	Tu
930Y310	1/9-2/27	4:45pm-5:45pm	Th
930Y410	3/12-4/30	4:45pm-5:45pm	Th

Fees: \$65 Resident, \$70 Non-Resident

Supervisor: Ben Ragle, Instructor: Kathy Ruitter

Ages: 14+ yrs., Min./Max.: 6/20

Facility: Gladys Fox Museum

Strong, Stretched and Serene Yoga

Previous experience beneficial but not required. This class is a bit more challenging but, as with all yoga, everyone works at their own pace and level. We will visit vinyasa (flow from one posture to another) as well as some focused sessions on hip stability, balance and abdominals! You will love it! Beautiful music during class AND the instructor sing for you during final meditation! Note: bring a yoga mat and a blanket.

Code	Date	Time	Day
930SS110	1/7-2/25	6:00pm-7:00pm	Tu
930SS210	3/12-4/30	6:00pm-7:00pm	Tu
930SS310	1/9-2/27	6:00pm-7:00pm	Th
930SS410	3/12-4/30	6:00pm-7:00pm	Th

Fees: \$65 Resident, \$70 Non-Resident

Supervisor: Ben Ragle, Instructor: Kathy Ruitter

Ages: 14+ yrs., Min./Max.: 6/20

Facility: Gladys Fox Museum

Gentle Yoga

No previous experience necessary. Rejuvenate and relax with gentle but effective poses, breathing exercises and mantra. Increase range of motion, strength and balance. Quiet the mind with mantra and guided meditations. AND the instructor sings for you during final Meditation! Note: bring a yoga mat and a blanket.

Code	Date	Time	Day
930GY110	1/7-2/25	7:15pm-8:15pm	Tu
930GY210	3/10-4/28	7:15pm-8:15pm	Tu
930GY310	1/9-2/27	7:15pm-8:15pm	Th
930GY410	3/12-4/30	7:15pm-8:15pm	Th

Fees: \$65 Resident, \$70 Non-Resident

Supervisor: Ben Ragle, Instructor: Kathy Ruitter

Ages: 14+ yrs., Min./Max.: 6/20

Facility: Gladys Fox Museum

Meditation for Beginners

Experience the benefits a meditation practice brings. Learn to use breath and sound to clear the mental and emotional bodies allowing the physical body to restore. We begin with awareness techniques to focus the mind and move to effortless calm in body, mind and spirit. Benefits include, but are not limited to, feeling peaceful, stable, joyful and a good nights sleep!

Code	Date	Time	Day
930MBM110	1/6-2/24	9:30am-10:30am	M
930MBM210	3/9-4/27	9:30am-10:30am	M
930MBTF110	1/10-2/28	9:30am-10:30am	F
930MBTF210	3/13-5/1	9:30am-10:30am	F

Fees: \$65 Resident, \$70 Non-Resident

Supervisor: Ben Ragle, Instructor: Kathy Ruitter

Ages: 14+ yrs., Min./Max.: 6/20

Facility: Gladys Fox Museum

AM Senior Chair Yoga

Gentle but effective movements in a chair and standing with aid of the chair designed to increase range of motion, gently increase strength and recover balance. Everyone works at their own level. Suggested, but not required: bring a small, firm pillow or a blanket for lower back support. Increased feelings of well-being inevitable! Oh, yes, we laugh in class too!

Code	Date	Time	Day
930SCYM110	1/6-2/24	10:45-11:45am	M
930SCYM210	3/9-4/27	10:45-11:45am	M
930SCYF110	1/10-2/28	10:45-11:45am	F
930SCYF210	3/13-5/1	10:45-11:45am	F

Fees: \$65 Resident, \$70 Non-Resident

Supervisor: Ben Ragle, Instructor: Kathy Ruitter

Ages: 14+ yrs., Min./Max.: 6/20

Facility: Gladys Fox Museum

Personal Training

Personal Training Yoga/Pilates

Yoga and pilates will strengthen your core while toning your entire body, increase your flexibility, and decrease your stress. Now is your opportunity to experience a fun new way of exercise with Tracee Carr, ACSM Certified Personal Trainer and AFPA Yogafit and pilates instructor. Tracee is offering individual and small group training in yoga/pilates. This setting gives Tracee the opportunity to individualize your training based on your experience and fitness goals and eliminates the intimidation of a large group setting. Sign up today! Rates are listed under personal training prices.

Personal Training Yoga/Pilates for Kids (909PT110)

Yoga and pilates will strengthen your core while toning your entire body, increase your flexibility and decrease your stress. Now is your opportunity to experience a fun new way of exercise with Tracee Carr, ACSM Certified Personal Trainer and AFPA Yogafit and Pilates instructor. Tracee is offering individual and small group training in yoga/pilates. This setting gives Tracee the opportunity to individualize your training based on your experience and fitness goals and eliminates the intimidation of a large group setting. Sign-up today!

Member Pricing: Child's Rate (ages 7-13)
 10 sessions (45 mins.) \$210 (\$21 sessions)
 Non-Member Pricing: Child's Rate (ages 7-13)
 10 sessions (45 mins.) \$250 (\$25 sessions)



New TRX group training designed for everyone including kids sessions!

One-on-One TRX

With the TRX system, you can safely perform hundreds of exercises that build power, strength, flexibility, balance, mobility, and prevent injuries, all at the intensity you choose. Work with a personal trainer one-on-one or with a small group for a full body workout that can be adapted to meet your fitness needs.

4 half hour sessions (per person) 909PT110
 1 person \$80/Member; \$90/Non-Member
 2 people \$70/ea. Member; \$80/ea. Non-Member
 3 people \$60/ea. Member; \$70/ea. Non-Member

Sessions expire 9 months after date purchased.

Parent & Me Semi-Private Training (Ages: 8+)

Come workout with your child!!! This semi-private training is designed for parents wanting to be an example to their children and spend time in a fun, positive environment while doing something good for both of you. Share your time together as you enjoy making exercise part of your family time. This class will provide a structured environment including moves for all and team building exercises in which parent and child work together. Price is for one parent and one child. See supervisor for additional pricing to fit your bonding experience.

4 ½ hour sessions
Member \$70 Non-Member \$80
8 ½ hour sessions
Member \$130 Non-Member \$150
16 ½ hour sessions
Member \$240 Non-Member \$280
Sessions expire 9 months after purchase.

HIIT- The Fountain of Youth

What is HIIT? High Intensity Interval Training - the quickest way to burn fat and gain muscle simultaneously!! How does HIIT work? HIIT is a variance of exercises done for short, intense bursts with short recovery between. HIIT is a way of working out smarter not longer. Six benefits of HIIT - burn more fat, healthier heart, lose weight **NOT** muscle, increase metabolism, efficient (workout for a shorter duration with more results), **BURNS BELLY FAT!!!** This small group training session will include multi-joint and body weight exercises which give quicker results and more gains in a shorter duration of time! Train the same and stay the same. Change=Change!!!

Tuesdays and Thursdays

Code	Date	Time
909HTTH110	12/31-2/6	5:30am-6:30am
909HTTH210	2/11-3/19	5:30am-6:30am
909HTTH310	3/24-4/30	5:30am-6:30am
909HTTH410	5/5-6/11	5:30am-6:30am
909HTTH510	12/31-2/6	9:00am-10:00am
909HTTH610	2/11-3/19	9:00am-10:00am
909HTTH710	3/24-4/30	9:00am-10:00am
909HTTH810	5/5-6/11	9:00am-10:00am

Fees: \$96 Member, \$116 Non-Member
Ages: 18+ yrs., Min./Max.: 5/10
Facility: Challenge Fitness

Flex your HIIT (909PT138)

Need a flexible schedule?
Purchase HIIT workouts and attend any of the days or times listed above. Flex HIIT expires 6 weeks from the purchase date.
Flex Pricing:
6 - HIIT sessions
\$72 Member, \$87 Non-Member
8 - HIIT sessions
\$92 Membe, \$112 Non-Member
12 - HIIT sessions
\$114 Member, \$144 Non-Member



- 2020 /BLAST
- BARRE
- BODYATTACK
- BODYCOMBAT
- BODYPUMP
- BODYSTEP
- CARDIO SCULPT
- CORE
- COMPLETE SPIN

- GRIT
- LOW IMPACT
- MUSCLE CONFUSION
- PILATES
- RESTORATIVE YOGA
- TRX FIT
- TURBOKICK
- YOGA CORE

GROUP EXPRESS CLASSES!



PICK UP A CURRENT COPY OF THE GROUPX SCHEDULE AT CHALLENGE FITNESS OR VISIT WWW.FACEBOOK.COM/CHALLENGEFITNESSINSTRUCTORS

Bruce's Small Group Training

Train in a small group environment. Receive one-on-one personal training instruction to achieve your personal goals. Bruce is a certified trainer with a degree in kinesiology. He has over 10 years of experience and specializes in injury prevention and rehabilitation, along with fat loss, muscle building, and healthy eating. Non-member price includes access to Challenge Fitness facility for the 8 week session of Largest Loser. All Fit and Phenomenal participants may add Group X classes for an add'l \$34 for 8 weeks and nursery for \$35.

Code	Date	Time	Day	Reg.
909BG110*	12/10-2/6	5:30pm-6:30pm	Tu/Th	12/3
909BG210	2/11-4/2	5:30pm-6:30pm	Tu/Th	2/4
909BG310	4/7-5/28	5:30pm-6:30pm	Tu/Th	5/1

Fees: Member: \$150, Non-Member: \$200
Ages: 14+ yrs., Min./Max.: 5/15
Facility: Challenge Fitness, *No class: 12/24, 12/31



Take your Kid(s) to Workout Day Fri., April 10, 2020

All members of Challenge Fitness are invited to workout with their children on Fri., April 10, 2020

Teach your child the importance of leading a healthy lifestyle by utilizing the following:

Fitness center: 5am-10pm

Children ages 6-13 must be supervised by an adult 18 years or older at all times

Lap swim: 8am-4pm

Anyone 17 years and younger in the water must be supervised by an adult in the water 18 years or older at all times

Family open tennis: 12pm-4pm one hour limit

Family open racquetball/wallyball 12pm-5pm w/half hour limit

Children 6-17 are welcome with an adult member for fitness activities. All kids are free and non-member adults are subject to a daily guest fee.



2021 Lawrence Ave., Lockport

CONTACT INFORMATION: 815-838-3621

Kevin Togliatti, Director of Tennis, ext. 105
ktogliatti@lockportpark.org

Chase Carman, Tourn./Jr. Coord., ext. 315
ccarman@lockportpark.org

Dave Schoenly, Asst. Tennis Pro, ext. 302

TENNIS INFORMATION

- *Jr. Tennis lessons ONLY: 5% discount when registering one week in advance of the 1st of the month. (Summer sessions excluded)*

- *All pro-rating must be approved by the manager or director of tennis.*

- *Registration for tennis classes is on a first-come, first-served basis.*

- *Friday, Saturday and Sunday classes may be rescheduled due to tournaments.*

- *After a class reaches maximum capacity, pay per class students will not be accepted, unless approved by the tennis pro.*

- *If a tennis student misses a class, he or she must make it up during the current session with tennis pro approval only. The missed class may not be carried over into a new session.*

- *Registration for tennis classes are not available online.*

- *Please call 815-838-3621 ext. 315 for information regarding USTA adult and junior leagues and women's daytime tennis.*

PRIVATE & SEMI-PRIVATE LESSONS

Improve your game by taking a private or semi-private lesson with one of our certified tennis professionals.

#/people	Total Price	Price per Person
One	\$60/M - \$65/NM	\$60/M - \$65/NM
Two	\$63/M - \$66/NM	\$31 ⁵⁰ /M - \$33/NM
Three	\$67 ⁵⁰ /M - \$75/NM	\$22 ⁵⁰ /M - \$25/NM
Four	\$69/M - \$76/NM	\$17 ²⁵ /M - \$19/NM

TENNIS PRO SHOP

Do you need a new racquet or have a racquet that needs to be restrung? Even if your racquet needs to be regripped, or if you prefer an overgrip, we can help! Stop in today at Challenge Fitness or call 815-838-3621 ext. 315 for details.

The tennis instructor reserves the right to move students up or down levels at his/her discretion.

Jr. tennis lessons only 5% discount when registering 1 week advance of the 1st Mon. of the month.

NO CLASSES Dec. 22nd - Jan. 6th

SESSION I

12/9-2/1
(6 weeks)
Reg. by 12/2
for discount

SESSION II

2/3-3/14
(6 weeks)
Reg. by 1/27
for discount

SESSION III

3/16-4/25
(6 weeks)
Reg. by 3/9
for discount

SESSION IV

4/27-5/23
*(4 weeks)
Reg. by 4/20
for discount

Tiny Tots Tennis (Ages 3-6 yrs.)

Program uses quick start format including 36" courts and low compression balls to teach and develop tennis skills as quickly as possible.

Code	Date	Day
802TTS339	12/14-2/1	Sa
802TTS110	2/8-3/14	Sa
802TTS210	3/21-4/25	Sa
802TTS310	5/2-5/23*	Sa

Times: 12:30am-1pm

Fees: \$38/1 day

Per class: \$10

*3rd session fee: \$25

Min./Max.: 4/16

Red Ball (Ages 5-7 yrs.)

Program uses quick start format including 36" courts and low compression balls to teach and develop tennis skills as quickly as possible.

Code	Date	Day
802RB339	12/9-2/1	M/Tu/Sa
802RB110	2/3-3/14	M/Tu/Sa
802RB210	3/16-4/25	M/Tu/Sa
802RB310	4/27-5/23*	M/Tu/Sa

Times: M: 5:30pm-6:30pm, Tu: 4pm-5pm, Sa: 9am-10am

Fees: \$76/1 day, \$130/2 days, \$209/3 days

Per class: \$15

*3rd session fee: \$36/1 day, \$72/2 days, \$108/3 days

Min./Max.: 4/16

Orange Ball (Ages 8-10 yrs.)

Participants start to learn the difference between forehands, backhands and volleys. Point from service line starting to be developed. (6 week sessions)

Code	Date	Day
802OB339	12/10-2/1	Tu/W/Sa
802OB110	2/4-3/14	Tu/W/Sa
802OB210	3/17-4/25	Tu/W/Sa
802OB310	4/28-5/23*	Tu/W/Sa

Times: Tu: 4pm-5pm, W: 6pm-7pm, Sa: 10am-11am

Fees: \$76/1 day, \$130/2 days, \$209/3 days

Per class: \$15

*3rd session fee: \$36/1 day, \$72/2 days, \$108/3 days

Min./Max.: 4/16

Green Ball (Ages 8-12 yrs.) Pro-Approval Only

Players at this level have knowledge of the basic shot and can sustain a rally inside the service box. Participants will start playing points from a 60 ft court. (6 week sessions)

Code	Date	Day
802GB339	12/12-2/1	Th/F/Sa
802GB110	2/6-3/14	Th/F/Sa
802GB210	3/19-4/25	Th/F/Sa
802GB310	4/30-5/23*	Th/F/Sa

Times: Th & F: 4pm-5:30pm, Sa: 9am-10:30am

Fees: \$128/1 day, \$218/2 days, \$296/3 days

Per class: \$27

*3rd session fee: \$80/1 day, \$138/2 days, \$187/3 days

Min./Max.: 4/16

Junior High Development (Ages 11-13 yrs.)

For novice players age 11-13 who want to learn how to play tennis. (6 week sessions)

Code	Date	Day
802JHD339	12/14-2/1	Sa
802JHD110	2/8-3/14	Sa
802JHD210	3/21-4/25	Sa
802JHD310	5/2-5/23*	Sa

Times: 1:00pm-2:00pm

Fees: \$25/1 day, \$45/2 days

Per class: \$18

*3rd session fee: \$48

Min./Max.: 4/10

Junior High Competitors (Ages 11-13 yrs.) Pro-Approval Only

Players at this level have knowledge of the basic shot and can sustain a rally from the baseline. Stroke development is starting to be implemented. (6 week sessions)

Code	Date	Day
802JHC3039	12/10-2/1	Tu/F/Sa
802JHC110	2/4-3/14	Tu/F/Sa
802JHC210	3/17-4/25	Tu/F/Sa
802JHC310	4/28-5/23*	Tu/F/Sa

Times: Tu: 5:00pm-6:30pm, F: 5:30pm-7:00pm

Sa: 11am-12:30pm

Fees: \$128/1 day, \$218/2 days, \$296/3 day

Per class: \$27

*3rd session fee: \$80/1 day, \$138/2 days, \$187/3 days

Min./Max.: 4/16

High School Development (Ages 13-18 yrs.)

For novice players who want to make their high school team or just learn how to play tennis for fun. (6 week sessions)

Code	Date	Day
802HSD339	12/12-1/30	Th
802HSD110	2/6-3/12	Th
802HSD210	3/19-4/23	Th
802HSD310	4/30-5/21*	Th

Times: 5:00pm-6:00pm

Fee: \$72

Per class: \$18

*3rd session fee: \$48

Min./Max.: 4/10

High School Competitors (Ages 14-18 yrs.)

This student plays more than once a week and participates at the novice to advanced level in Grand Prix Tournaments and USTA Jr. Team Tennis. Ability to hit spin, plus improved stroke dependability. (6 week sessions)

Code	Date	Day
802HSC339	12/9-2/1	M/Th/Sa
802HSC110	2/3-3/14	M/Th/Sa
802HSC210	3/16-4/25	M/Th/Sa
802HSC310	4/27-5/23	M/Th/Sa

Times: M: 5:30pm-7:30pm, Th: 4pm-6pm

Sa: 10:30am-12:30pm

Fees: \$166/1 day, \$288/2 days, \$391/3 days

Per class: \$33

*3rd session fee: \$105/1 day, \$182/2 days, \$248/3 days

Min./Max.: 4/28

High School Elite (Ages 13-18 yrs.)

For High School players competing at the varsity level and aspiring to go to state. Emphasis will be on strategy, point playing, and footwork. Pro approval required. Sunday match play is a plus to be in the class. (6 week sessions)

Code	Date	Day
802HSE339	12/9-2/1	M/Th/Sa
802HSE110	2/3-3/14	M/Th/Sa
802HSE210	3/16-4/25	M/Th/Sa
802HSE310	4/27-5/23*	M/Th/Sa

Times: M & Th: 7:30pm-9:30pm, Sa: 12:30pm-2:30pm

Fees: \$166/1 day, \$288/2 days, \$391/3 days

Per class: \$33

*3rd session fee: \$105/1 day, \$182/2 days, \$248/3 days

Min./Max.: 4/32

Invitation Only (Ages 8-18 yrs.)

Tennis Pro approval required. This player is a tournament player and has USTA National, District, or Sectional ranking. Class includes off-court conditioning. (6 week sessions)

Code	Date	Day
802IT339	12/9-1/30	M/Tu/W/Th
802IT110	2/3-3/12	M/Tu/W/Th
802IT210	3/16-4/23	M/Tu/W/Th
802IT310	4/27-5/21*	M/Tu/W/Th

Times: M: 3:30pm-5:30pm, Tu: 5pm-7pm, W: 4pm-6pm

Th: 6pm-8pm

Fees: \$166/1 day, \$288/2 days, \$399/3 days, \$460/4 days

Per class: \$33

*3rd session fee: \$105/1 day, \$182/2 days, \$248/3 days, \$288/4 days

Min./Max.: 4/32

Adult Beginner (Ages 18+ yrs.)

The adult beginner class focuses on developing proper stroke and obtaining a recreational level of play.

Code	Date	Day
802AB339	12/9-1/27	M
802AB110	2/3-3/9	M
802AB210	3/16-4/20	M
802AB310	4/27-5/18*	M

Times: 6:30pm-7:30pm

Fees: \$72 Member, \$90 Non-Member

Per class: \$16 Member, \$21 Non-Member

*3rd session fee: \$48 Member, \$60 Non-Member

Min/Max: 4/12

Ladies Beginner Tennis 2.0 & Below (Ages 18+ yrs.)

The adult beginner class focuses on developing proper stroke and obtaining a recreational level of play.

Code	Date	Day
802LB339	12/13-1/31	F
802LB110	2/7-3/13	F
802LB210	3/20-4/17	F
802LB310	5/1-5/22*	F

Times: 9pm-10pm

Fees: \$60 Member, \$80 Non-Member

Per class: \$16 Member, \$21 Non-Member

*3rd session fee: \$40 Member, \$54 Non-Member

Min/Max: 4/16

Ladies Novice Tennis 2.1 -2.5 (Ages 18+ yrs.)

The adult beginner class focuses on developing proper stroke and obtaining a recreational level of play.

Code	Date	Day	Time
802LNTH339	12/12-1/30	Th	10:30am-12:00pm
802LNTH110	2/6-3/12	Th	10:30am-12:00pm
802LNTH210	3/19-4/23	Th	10:30am-12:00pm
802LNTH310	4/30-5/21*	Th	10:30am-12:00pm
802LNF339	12/13-1/31	F	10:00am-11:30am
802LNF110	2/7-3/13	F	10:00am-11:30am
802LNF210	3/20-4/24	F	10:00am-11:30am
802LNF310	5/1-5/22*	F	10:00am-11:30am

Fees: \$105 Member, \$120 Non-Member

Per class: \$20 Member, \$26 Non-Member

3rd session fee: \$70 Member, \$80 Non-Member

Min/Max: 4/16

Ladies 2.6-3.0 (Ages 18+ yrs.)

Please call in 24 hours in advance to reserve your spot in the drill below. If 2 players or less have reserved their spot they will have an option to pay to do a private lesson or cancel their reservation.

Code	Date	Day
802L339	12/12-1/28	Tu
802L110	2/4-3/10	Tu
802L210	3/17-4/2	Tu
802L310	4/28-5/19*	Tu

Times: 1pm-2:30 pm

Fees: \$105 Member, \$120 Non-Member

Per class: \$20 Member, \$26 Non-Member

*3rd session fees: \$70 Member, \$80 Non-Member

Min/Max: 4/16

Ladies 3.1-3.5 (Ages 18+ yrs.)

Please call in 24 hours in advance to reserve your spot in the drill below. If 2 players or less have reserved their spot they will have an option to pay to do a private lesson or cancel their reservation.

Code	Date	Day
802LM339	12/9-1/27	M
802LM110	2/3-3/9	M
802LM210	3/16-4/20	M
802LM310	4/27-5/18*	M
802LTH339	12/12-1/30	Th
802LTH110	2/6-3/12	Th
802LTH210	3/19-4/23	Th
802LTH310	4/30-5/21*	Th

Times: M: 1pm-2:30 pm, Th: 9am-10:30am

Fees: \$105 Member, \$120 Non-Member

Per class: \$20 Member, \$26 Non-Member

3rd session fees: \$70 Member, \$80 Non-Member

Min/Max: 4/16

DROP-IN ONLY

Adult Novice 2.5 (Ages 18+ yrs.)

Date	Time	Day
12/9-5/18	8pm-9:30pm	M

Per class: \$20/Member, \$24/Non-Member
Min./Max.: 4/12

Adult Intermediate 3.0-3.5 (Ages 18+ yrs.)

Date	Time	Day
12/10-5/19	7pm-9pm	Tu

Per class: \$24/Member, \$28/Non-Member
Min./Max.: 4/16

Men's Drills (Ages 18+ yrs.)

Date	Time	Day
12/13-5/22	12pm-1:30pm	F

Per class: \$18/Member, \$24/Non-Member
Min./Max.: 4/16

Match Play High School Elite Invitation Only

Must Call to Confirm Availability!

Date	Time	Day
12/15-5/24	12pm-1:30pm	Su

Per class: \$25
Min./Max.: 4/16

Match Play Invitation Only

Must Call to Confirm Availability!

Date	Time	Day
12/15-5/24	12pm-1:30pm	Su

Per class: \$25
Min./Max.: 4/16

USTA TOURNAMENTS

Register at the following:
<http://tennislink.usta.com/tournaments/schedule/search.aspx>
Division Available Boys (12-14)
Boys (14-16)
Boys/Girls (16 -18)
Boys/Girls Doubles (16 -18)

PICKLEBALL

Call front desk for more information, 815-836-3621 or email ktogliatti@lockportpark.org or ccarman@lockportpark.org.



Time	Day
7:30pm-9:30pm	F
5:30pm-7:30pm	Su

Fees: \$7/Member, \$9/Non-Member

Walk-in: \$5 per class

Location: Dellwood Park Tennis Courts/Challenge Fitness

See page 25 for more Pickleball Open Play Times!

OLD CANAL DAYS PICKLEBALL TOURNAMENT

Call 815-838-3621 for details!

Nifty Fifty Bus Trips

Lunch Bunch Bus Trips

Join Lunch Bunch in the Lockport Township Park District bus! Get out and explore different local restaurants while you leave the driving to us. Fee includes transportation and parking. Food and drinks are on your own. Try something new today! No Refunds. 10:30am departure from DPCC-1811 S. Lawrence Ave. Lockport. 10:45am departure from Prairie Bluff Golf Course-19433 Renwick Rd. Crest Hill

Turtle's Tap-Morris

Code	Date	Time	Day	Reg. by
540BUS110	2/11	10:30am*-1:30pm	Tu	2/7

Mabenka's-Burbank

540BUS210	3/3	10:30am*-1:30pm	Tu	2/28
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Dell Rhea's Chicken-Willowbrook

540BUS310	4/7	10:30am*-1:30pm	Tu	4/3
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Emerson Creek-Oswego (with shopping time)

540BUS410	5/19	10:30am*-3:00pm	Tu	5/15
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Fees: \$7 per trip

Supervisor: Katie White

Ages: 50+, Min/Max: 10/14

No refunds



These Lunch Bunch and A-La-Carte Bus Trips are made possible due to a generous donation by the late Raymond Cora, a long-term friend of the park district.

A-La-Carte Bus Trips

These trips allow you to choose the amount of money you'd like to spend. The fee includes transportation on our 14 passenger Lockport Township Park District bus and parking. All other expenses are that of the participant. Hop aboard and no need to worry about packing a lunch, all of our a-la-carte trips have food places to choose from. No Refunds. 8:30am departure from DPCC-1811 S. Lawrence Ave. Lockport. 8:45am departure from Prairie Bluff Golf Course-19433 Renwick Rd. Crest Hill

Route 66 Hall of Fame & Museum-Pontiac with Stop for Lunch

Code	Date	Time	Day	Reg. by
540ALC110	3/26	8:30am*-4:00pm	Th	3/23

Lighthouse Mall - Michigan City, IN

540ALC210	4/16	8:30am*-4:00pm	Th	4/13
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Lilac Time at Lilacia Park-Lombard

540ALC310	5/7	8:30am*-4:00pm	Th	5/4
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Fees: \$10 per trip, Supervisor: Katie White

Ages: 50+, Min/Max: 10/14

No refunds



Advanced registration in progress for all titles with asterisks (*). Travelers are picked up from Prairie Bluff for all trips.

Walking Key: Minimal Walking Moderate Walking Heavy Walking



Sophisticated Ladies-Ruth Page Center for the Arts-Chicago

Don't miss the latest production which celebrates the genius of Duke Ellington! A celebration of the artist many consider "the most important composer in the history of jazz," this stylish salute to "The Duke" will transport audiences on a high-stepping, dynamic journey through the life and times of one of America's greatest showmen. From his early days at Harlem's legendary Cotton Club through growing successes at Carnegie Hall, on Broadway, in Hollywood and around the world, this elegant, Tony Award-nominated entertainment features a treasure trove of Ellington's biggest hits, including "Mood Indigo," "Take the "A" Train," "I'm Beginning to See the Light," "Hit Me With a Hot Note and Watch Me Bounce," "Perdido," "It Don't Mean a Thing," "In a Sentimental Mood," "Satin Doll" among many others. Fee includes main floor seats, family-style lunch at Rosebud Steakhouse (bruschetta, Caesar salad, pasta, boneless chicken and dessert) and motor coach transportation.

Minimal walking for lunch and show

Code	Date	Time	Day	Reg. by
540SL110	2/6	10:30am-5:30pm	Th	1/3

Fees: \$93 Resident, \$103 Non-Resident
Min./Max.: 30/40

The Secret of my Success-Paramount Theatre-Aurora

Join us for the World Premiere of The Secret of My Success, a hilarious, heartfelt new musical based on the Universal Pictures film. Brantley Foster, a young ambitious mid-westerner, moves to New York City to start his dream job at a major corporation, only to be laid off on the very first day. In his relentless enthusiasm to succeed, Brantley finds himself tangled up in a sidesplitting scheme in which he assumes the identity of a rising executive named Carlton Whitfield. As he climbs the corporate ladder, tirelessly concealing his identity, Brantley soon falls in love with a beautiful colleague named Christy Mendez and discovers that his definition of success might be all wrong. Will he get the job, win at love or just get caught? Adapted from the smash 1987 Michael J. Fox movie that stayed at the top of the box office for 5 consecutive weeks, The Secret of My Success is a wild look at corporate culture, ambition and making your own way in life, all told with an outstanding score by Chicago favorites Mahler and Schmuckler, big production numbers and a book that will have you laughing all the way home. Be the first to see AND hear it. Fee includes main floor seats for the 1:30pm show, buffet lunch prior and motor coach transportation.

Lunch is across the street prior.

Code	Date	Time	Day	Reg. by
540SS110	2/19	10:45am-4:45pm	W	1/31

Fees: \$80 Resident, \$90 Non-Resident
Ages: 14+ yrs., Min./Max.: 30/40

Four Winds Casino-New Buffalo-MI

Take a chance at winning BIG Money at this Vegas-Style casino. Featuring over 3,000 slots and numerous table games, Four Winds provides plenty of winning opportunities. Fee includes \$15 slot credit, \$10 meal credit and motor coach transportation. Must bring I.D.

You choose how much/how far you walk

Code	Date	Time	Day	Reg. by
540FWC110	2/27	8:30am-5:30pm	Th	2/17

Fees: \$35 Resident, \$45 Non-Resident
Ages: 21+ yrs., Min./Max.: 40/50

Orchid Show at Chicago Botanical Gardens-Glencoe

It may be cold outside, but it's warm inside at the Orchid Show Greenhouses and Galleries. This year's Orchid Show captures the spirit of islands, beaches, and rainforests in places like the South Pacific and the Amazon. You'll get a feel for the radiance of blooms under sunlit palm trees and in forest canopies teeming with color and life. Picture more than 10,000 orchids in bloom, paired with sweeps of bromeliads and birds of paradise--lush, vibrant, intoxicating. We'll start our day exploring the Gardens, followed by a private buffet lunch and then you'll have 2 hours to explore the Orchid Show. Fee includes admission to Chicago Botanic Gardens, Orchid Show, upgraded buffet lunch (includes: chicken breast, pasta primavera, sides, beverages, dessert) and motor coach transportation.



Chicago Botanical Gardens offers the opportunity to view many different areas of the orchid show and gardens that could require a lot of walking.

Code	Date	Time	Day	Reg. by
540OS110	3/4	8:00am-5:00pm	W	2/18

Fees: \$84 Resident, \$94 Non-Resident
Min./Max.: 30/50

Tiki Terrace-Des Plaines

Haven't had a chance to visit Hawaii? Or maybe you just need a break from the work week? Whatever your reason may be, put on your favorite Hawaiian shirt and join us during Tiki Terrace's Saturday night luau and dinner show! Their show is nearly identical to a luau show in Hawaii with a variety of dances from the South Pacific. Fee includes Hawaiian styled dinner (appetizer, salad, entree, beverage and dessert), luau show and motor coach transportation. Feel free to bring your own lei or one will be provided. Aloha!

Siting for dinner and show

Code	Date	Time	Day	Reg. by
540TT110	3/7	2:30pm-8:00pm	Sa	2/21

Fees: \$72 Resident, \$82 Non-Resident
Min./Max.: 30/50



Almost Heaven: John Denver's America-Theatre at the Center-Munster, IN

This musical tribute is an intimate celebration of John Denver's life and career. From growing up in a military family to his emergence on the 1960s

folk scene, the climb to '70s superstardom and his later career of the 1980s and 1990s, John Denver's story is brought to life in this Chicago-area premiere through his countless hits including "Country Roads," "Rocky Mountain High," "Annie's Song," and "Sunshine on My Shoulders." Fee includes seats for the 2:00pm show, lunch prior (with choice of: Fried Catfish Filet or Country Fried Chicken Breast w/ gravy) and motor coach transportation.

Siting for lunch and show

Code	Date	Time	Day	Reg. by
540AH110	3/11	11:00am-5:00pm	W	2/19

Fees: \$87 Resident, \$97 Non-Resident
Min./Max.: 30/35

Illinois Holocaust Museum & Education Center-Skokie

The third-largest Holocaust museum in the world, Illinois Holocaust Museum & Education Center provides a world-class museum and education experience, honoring memories and inspiring individuals, regardless of age, to stand up for what they believe in. You'll have the opportunity to explore the Karkomi Holocaust Exhibition on your own, where survivor narratives, personal belongings, photographs, and videos weave together into a moving and responsive experience. You'll be able to encounter an interactive Survivor Speaker, where the museum features a groundbreaking interactive voice recognition technology enabling visitors to engage in conversation with a three-dimensional, strikingly life-like image of an actual Holocaust Survivor. Fee includes admission to Illinois Holocaust Museum and Education Center, self-guided tour admission and survivor speaker experience, motor coach transportation and a boxed lunch including a variety of mini deli sandwiches (turkey, corned beef and egg salad), pickle, fruit cup, bottled water and chocolate chip cookie.

While most walking will be on your own/self-guided this is a large museum that requires heavy walking to see everything

Code	Date	Time	Day	Reg. by
540HM110	3/12	9:00am-5:00pm	Th	3/2

Fees: \$57 Resident, \$67 Non-Resident
Min./Max.: 30/50

Southern California Escape

Escape the winter blues in sunny southern California where the ocean meets the sky and there is abundant sunshine year round. This 7 day/6 night air trip begins in the desert resort city of Palm Springs. With 354 days of sunshine a year you are sure to find your relaxing oasis during our 3 night stay here. The following 3 nights will be spent in the beachside city of San Diego. During our stay in Southern California we will discover Palm Springs on a bus tour of the place that was once known as "Hollywood's Playground," a visit to a Palm Springs date farm, an Aerial Tram ride that soars over breathtaking Chino Canyon, a visit to Huntington Beach where you will have free time to explore Surf City USA, take a sightseeing harbor cruise, learn all about San Diego's sun drenched attractions on a city tour where you're guaranteed to encounter sea lions in charming La Jolla, visit Old Town San Diego and Balboa Park, take an exclusive behind the scenes tour of the San Diego Zoo and relax at our beachside resort with complimentary access to a secluded beach. Fees also include non-stop round trip airfare from Chicago, all airports transfers, 6 nights in first-class hotel accommodations, luggage handling, breakfast daily with one lunch and three dinners, airline luggage fees for one suitcase per person, and sightseeing and visits as detailed in the Day by Day itinerary. \$200 deposit is due at time of registration with final balance due on or before Jan. 10, 2020. Non-refundable after 12/19/19 without optional trip insurance (available to purchase at time of registration, payable by check to LTPD or card and is non-refundable). Cancellation fees will apply in all cases. Complete Day by Day itinerary can be picked-up at any LTPD facility.

Code	Date	Time	Day	Reg. by
540CA139	3/19-3/25/20	TBD	Th-W	1/10/20

Ages: All, Min./Max.: 25/40
 Fees: \$2,650 Resident/PP/Double Occupancy
 Add: \$595 for Single Occupancy
 Add: \$10 pp for Non-Residents



Spring in Racine: Where Marshmallow PEEPS Reign Supreme

International marshmallow PEEP art, brunch in a historic home, sweet treats and a personal greenhouse tour is the perfect day-cation for anyone looking to brush off the cobwebs of winter. Of course, history and narration is provided by our very own Racine resident and tour guiding specialist. We will start the day with an exclusive curated tour of the 10th Annual International Peeps Art Exhibition at the Racine Art Museum. Next we'll enjoy brunch at either the Murray Mansion or the historic Christmas House Bed & Breakfast overlooking the shore of Lake Michigan. We'll enjoy a tour of some of the 90+ greenhouses at Milaeger's, select a takeaway gift of a potted daffodil, and enjoy shopping at this iconic mecca of decor. And not to forget the sweet time of Easter, your craving will be satisfied with one final stop for chocolate bunny ears at a local Racine chocolatier. Fee also includes motor coach transportation.

👣👣 *Frequent trips on/off of bus, heavy walking required at the art museum and while touring the greenhouses*

Code	Date	Time	Day	Reg. by
540RP110	4/2	7:45am-6:00pm	Th	3/27

Fees: \$118 Resident, \$128 Non-Resident
 Min./Max.: 30/50

My Fair Lady-Cadillac Palace Theatre-Chicago

Experience the magic of this timeless classic all over again! For Professor Henry Higgins, a person's voice is of the utmost importance. A student of phonetics, he holds the opinion that with the right accent and tone of speech, anything is achievable. To prove his point, he wagers a friend that he can teach cockney flower girl Eliza Doolittle to speak 'properly', and then present her as an upper class lady at a high society ball. So the pair's lessons begin, but little does Henry Higgins know, that their time together will change him just as much as it does her! With musical greats like Wouldn't It Be Lovely?, Get Me to the Church on Time and I've Grown Accustomed to Her Face, it's no wonder everyone - not just Henry Higgins - falls in love with Eliza Doolittle time and time again. Fee includes Rear Orchestra seating for the 2:00pm show and motor coach transportation. Lunch is on your own prior.

👣 *Little to no stairs to seats, you choose how far you walk for lunch*

Code	Date	Time	Day	Reg. by
540MFL110	4/8	10:45am-7:00pm	W	2/6

Fees: \$120 Resident, \$130 Non-Resident
 Min./Max.: 30/50



Galena Getaway (Feat. Dubuque and Dyersville-IA)

Experience historic Galena on this 3 day/2 night bus trip. You will be staying in the heart of

downtown Galena at the DeSoto House with breakfast each morning and luggage handling included. We will be greeted upon arrival with lunch downtown followed by a trolley tour of Galena. While on our trolley tour we will stop at Galena Cellar Winery for a tour and tasting before getting dropped off at our hotel for an evening at your leisure to explore the downtown shops and restaurants that are within walking distance. Heading into Iowa the second day, you will be able to tour the "Field of Dreams" movie set in Dyersville with a ghost baseball player as your tour guide. You will also be able to tour the farmhouse that has been converted back to what it looked like in the movie! Heading back to Galena from Dyersville you will make a stop in Dubuque to ride the Fenelon Place elevator which is described to be the world's shortest, steepest scenic railway. You will then be shown around the city by a local step-on guide that will take us through a progressive dinner tour while talking about the history of Dubuque. On this tour we will also make a stop at Eagle Point Park - a gorgeous view on the bluffs overlooking the Mississippi River. On our final day in Galena you will have free time in the morning to get any last minute shopping or touring done before making our way into Dubuque to board the American Lady for a lunch cruise on the Mississippi River. Fee includes motor coach transportation, 2 nights stay at DeSoto House in Galena, luggage handling, six meals and tours/attractions as described. \$75 deposit due at registration with final payment due 3/16. Non-refundable after 3/16 without optional travel protection; available at time of registration, payable to LTPD by check or credit card and is non-refundable. Cancellation fees will apply in all cases.

Code	Date	Time	Day	Reg. by
540GA110	4/20-4/22	TBD	M-W	3/20

Fees: \$485 Resident/pp/double occupancy
 Add: \$110 for single occupancy
 Add \$10 pp for Non-Resident
 Ages: All, Min./Max.: 30/50

Potawatomi Casino-Milwaukee-WI

Explore all possibilities with the hottest gaming action across two massive floors full of table games, slot machines, bingo, poker and off-track betting. With nearly 3,000 slot machines in the latest and greatest themes and smoking and non-smoking locations, Potawatomi Casino has it all! Fee includes \$20 reward play, additional \$10 reward play after 100 points earned on same day visit and deluxe motor coach transportation.

You choose how much/how far you walk

Code	Date	Time	Day	Reg. by
540PC110	4/28	9:00am-6:30pm	Tu	4/24

Fees: \$37 Resident, \$47 Non-Resident
 Ages: 21+ yrs., Min./Max.: 35/50



Holland Tulip Festival-Holland-MI

The wonders of spring are in abundance at this annual festival of tulips. Enjoy the largest selection of traditional Dutch food, arts and crafts, souvenirs, music, and more at the Dutch Marktplaats. Then visit the Veldheer Tulip

Farm and DeKlomp Shoe Factory where you will see over 5 million tulips and over 50,000 other spring blooming flowers as well actual wooden shoes being produced from a block of wood! Finish off the day with a narrated tour of Holland and the Windmill Island Gardens. Fee includes entrance fees to Dutch Marktplaats (lunch here on your own), Windmill Island Gardens, Veldheer Tulip Farm with DeKlomp Shoe Factory, Holland guided tour, dinner enroute at Cracker Barrel (on your own) and deluxe motor coach transportation.

Heavy walking involved

Code	Date	Time	Day	Reg. by
540HTF110	5/5	7:30am-10:00pm	Tu	3/26

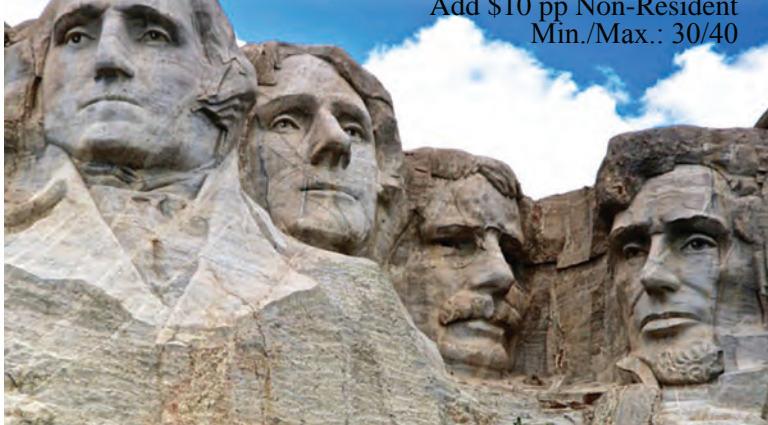
Fees: \$85 Resident, \$95 Non-Resident
 Ages: All, Min./Max.: 30/50

The Places and Faces of South Dakota*

Hop on this bus trip as we travel to the Wild West to explore the different places and faces of South Dakota! We will spend 8 days/7 nights discovering the beautiful landscapes, iconic attractions and the friendly people of South Dakota. This bucket list road trip includes stops at Mt. Rushmore, a visit to the world's only Corn Palace, an 1880 train ride throughout the beautiful Black Hills, a visit to historic Deadwood to see local street shows and time to explore, a chance to see bison up close on a Custer State Park jeep tour, see Crazy Horse memorial from the base of the carving, shop the famed Wall Drug Store and tour Badlands National Park. Fees also include breakfast and dinner daily, sightseeing as detailed in the Day by Day itinerary, a local guide to accompany us, first-class hotel accommodations, luggage handling and transportation by a deluxe private motor coach from Lockport. \$200 deposit is due at time of registration with final balance due on or before March 12, 2020. Non-refundable after 2/11/20 without optional trip insurance (available to purchase at time of registration, payable by check to LTPD or card and is non-refundable). Cancellation fees will apply in all cases. Complete day by day itinerary can be picked up at any LTPD facility.

Code	Date	Time	Day	Reg. by
540SD139	5/11-5/18	TBD	M-M	3/12

Fees: \$1,880 Resident/pp/double occupancy
 Add \$595 for single occupancy
 Add \$10 pp Non-Resident
 Min./Max.: 30/40





Mules, Mansion and Mimosa-LaSalle

Step back to 1848 and take a ride on the I&M Canal on The Volunteer, a mule-pulled Canal Boat. Meet our guides and hear their stories of life along the canal in 1848, when the I&M Canal first opened and Illinois was the western frontier. After your boat tour, come into the Lock 16 Caf? to receive a delicious mimosa & brunch. Then visit the National Historic Landmark, Hegeler Carus Mansion. Experience the grandeur of a bygone era and the heritage of a fascinating family whose history is woven tightly with that of the Illinois Valley and the United States, as well as internationally. Fee includes brunch at Lock 16 Caf? with one mimosa, caesar salad, broccoli cheddar soup, country fried chicken, mashed potatoes and gravy, and a signature Lock 16 peach cake. As well as, a historic 1-hour mule pulled boat ride on the I&M Canal Boat and a tour of the historic Hegeler Carus Mansion.

! *Sitting for boat ride and lunch, walking tour of the Hegeler Carus Mansion*

Code	Date	Time	Day	Reg. by
540MMM110	5/6	8:45am-4:00pm	W	5/6

Fees: \$87 Resident, \$97 Non-Resident
Ages: 21+ yrs.
Min./Max.: 35/50



City in a Garden Tour

Nicknamed "Urbs in Horto," a Latin phrase meaning "City in a Garden," Chicago possesses one of America's most impressive collections of parks, gardens, and public artworks.

For well over a century, many of the nation's most renowned landscape designers, architects, and artists have contributed to the development of Chicago's parks. Julia S. Bachrach author of "The City in a Garden: A History of Chicago's Parks" will be our guide throughout the day highlighting the Japanese Garden, remnants of the 1893 Worlds Fair and Yoko Ono's SkyLanding sculpture in Jackson Park; the Buckingham Fountain and gardens in Grant Park; and Ping Tom Park in Chinatown. Fee includes lunch in Chinatown, guided tour by author Julia S. Bachrach, and motor coach transportation.

!!! *Frequent trip on/off bus, some short walking tours of the gardens and parks*

Code	Date	Time	Day	Reg. by
540CG110	5/21	9:15am-4:30pm	Th	5/1

Fees: \$75 Resident, \$85 Non-Resident
Min./Max.: 30/45

Kinky Boots with Ballydoyle lunch-Paramount Theatre, Aurora

This flashy and sassy story of big heels invading a small town shook Broadway and was universally adored by critics and audiences. Now it's Paramount's turn to try these shoes on for size. Charlie Price is a reluctant shoe maker. Lola is a fierce drag queen. These two could not be any more different, but when they find common ground in shoes, they see a whole new world of possibilities open up to them that will turn their small town upside down, and just might save Charlie's failing shoe factory. With a Tony Award-winning score by Grammy Award winner Cyndi Lauper, Kinky Boots tears up the stage and never lets go. From its glorious costumes to its dizzyingly tall heels and songs, you'll be humming for days. No show on Broadway has captured what it means to do what you love and love what you do as much as Kinky Boots. Fee includes main floor seats for the 3pm show, buffet-style lunch at Ballydoyle prior, and motor coach transportation.

! *Minimal walking for lunch and show*

Code	Date	Time	Day	Reg. by
540KB110	5/23	11:30am-6:30pm	Sa	5/1

Fees: \$89 Resident, \$99 Non-Resident
Ages: 14+ yrs., Min./Max.: 30/40

42nd Street-Lyric Opera-Chicago

Nobody does Broadway-style productions quite like Lyric! The story of Peggy Sawyer, an aspiring actress from Allentown who gets her big break and rises from chorus girl to star status overnight, 42ND Street is filled with unforgettable tunes. You'll love the sensational tap numbers and memorable melodies like "Lullaby of Broadway," "We're in the Money," "You're Getting to Be a Habit with Me," "Sunny Side to Every Situation," "Young and Healthy," and the famed title song, in a high-energy, new-to-Chicago production that is as beautiful to see as it is to hear. With the full power of members of the Lyric Orchestra and Chorus, don't miss the spectacle of this Broadway blockbuster--only at Lyric! Fee includes lunch before the show at Lyric Opera, main floor seats for the 1:30pm show and motor coach transportation.

! *Minimal walking for lunch/show*

Code	Date	Time	Day	Reg. by
540LO110	6/3	10:30am-5:00pm	W	4/24

Fees: \$140 Resident, \$150 Non-Resident
Ages: 14+ yrs., Min./Max.: 30/41



Alaska Glacier Cruise*

Alaska is a once in a lifetime experience, an extraordinarily beautiful place, with unforgettable scenery, magnificent wildlife, and some flat-out wonderful people. Get an up-close view of Alaska's wild seascapes, no matter which direction you look. Sail through ice-carved fjords flanked by sky-piercing mountains. Before we board Royal Caribbean's Ovation of the Seas we explore the Emerald City of Seattle, WA. While here we will take a city tour and go up to Seattle's 520-foot observation deck at the Space Needle. Once at sea we will be visiting coastal towns only accessible by boat or air. While sailing through the Inside Passage of Alaska, ports of call include: Juneau, Skagway, Endicott Arm & Dawes Glacier and Victoria, Canada. You'll have many excursion options available through Royal Caribbean including the White Pass & Yukon Railroad and Victoria City and Butchart Gardens tour that you can choose when registering at the park district. Fees include non-stop roundtrip airfare, airport transfers, first-class hotel accommodations in Seattle, cruise accommodations based on choice of stateroom and local guides during the land portion in Seattle. A trip to Alaska is guaranteed to live up to your wildest dreams, and we look forward to welcoming you to the Last Frontier. \$700 deposit is due at time of registration with final balance due on or before March 6, 2020. Non-refundable after 3/18/19 without optional trip insurance (available to purchase at time of registration, payable by check to LTPD or card and is non-refundable). Cancellation fees will apply in all cases. Complete day by day itinerary can be picked up at any LTPD facility.

Code	Date	Time	Day	Reg. by
540AK139	6/18-6/26	TBD	Th-F	3/6

Fees: \$2,950 inside, \$3,895 veranda (Prices listed are for Resident/pp/double occupancy)

Add \$10 pp Non-Resident

*Single, triple and quad rates can be quoted upon request

Min./Max.: 20/30

**Oceanview
SOLD OUT**



Sin City to the Grand Canyon State*

No matter how many times you may have visited Las Vegas there is always something shiny and new to discover. On this 8 day/7 night air trip we will fly into Las Vegas where we will stay right on the strip at the Flamingo hotel for 3 nights. While in Sin City we will see two fabulous Las Vegas shows, tour old and new Las Vegas and have plenty of free time to visit the most famous casinos and resorts. On our way to the Grand Canyon state we will visit Hoover Dam as well as a 'Walk on the Top' experience. We will encounter one of the most remarkable natural wonders of the world, the Grand Canyon. We will take a breathtaking sunset tour of the Grand Canyon where you can witness firsthand how the colors change in the canyon as the sun sets, we'll have dinner right on the South Rim and enjoy a ranger-led tour along Rim Road that include jaw dropping overlooks into the canyon with views of the rushing waters of the Colorado River below. Heading to Scottsdale we will spend the night in beautiful Sedona, take a trolley tour of this red rock town, visit Montezuma's Castle, tour the Valley of the Sun in Scottsdale and downtown Phoenix. Fee includes entrance fees and sightseeing as detailed in the Day by Day itinerary, non-stop roundtrip airfare, airport transfers, deluxe motor coach transportation, airline baggage fees for one suitcase per person, local tour guide from Las Vegas to Phoenix, first-class hotel accommodations, breakfast daily and four dinners and luggage handling. \$200 deposit is due at time of registration with final balance due on or before June 19, 2020. Non-refundable after 6/28/19 without optional trip insurance (available to purchase at time of registration, payable by check to LTPD or card and is non-refundable). Cancellation fees will apply in all cases. Complete day by day itinerary can be picked up at any LTPD facility.

Code	Date	Time	Day	Reg. by
540LVP139	9/28-10/5	TBD	M-M	6/19

Fees: \$2,920 Resident/pp/double occupancy

Add \$675 for single occupancy

Add \$10 pp Non-Resident

Min./Max.: 30/40



Trip Policy

1. Day trip payments are non-refundable unless the spot can be filled. Please notify the travel supervisor as soon as possible if someone will be taking your place. A \$10 administration fee will be charged.
2. Extended tour deposit/payments are refundable up to 60 days prior to departure, unless stated otherwise. Less than 60 days prior to departure deposits/payments are non-refundable unless the spot can be filled or the optional trip insurance was purchased. Please notify the travel supervisor ASAP prior to departure if someone is taking your place. A \$10 administration fee will be charged.
3. Please arrive a minimum of 15 minutes prior to scheduled departure. No refunds will be issued for not arriving on time.
4. Anyone with mobility issues must be accompanied by another adult who is capable of and totally responsible for providing all assistance. LTPD Travel cannot provide special individual assistance to travelers with special needs for walking, dining or other routine activities.
5. Patrons suffering from motion sickness are responsible for taking precautions prior to tour departure. Reserved seats are not guaranteed for this condition.
6. If you have food allergies or medical issues that may affect the tour and its members, please notify the travel supervisor immediately after registering.
7. Seating requests for motor coach travel may be provided if available, on a first-come, first-served basis for handicapped individuals. To qualify for reserved seating you must own a handicapped parking permit and contact the travel supervisor with your request a **minimum of four weeks** prior to departure.
8. Seating on the motor coach is first-come, first served.
9. If the minimum registration is not met, LTPD has the right to cancel a tour. If a tour is cancelled you will be notified no later than 7am on the date of departure. A full refund will be given.
10. LTPD has the right to make changes in the itineraries. Schedules may change without notice. Return times are estimated.
11. LTPD Travel reserves the right to withhold tour membership, or require any traveler to leave a tour at anytime, when such action is determined by LTPD Travel to be in the best interests of the traveler or the tour group.
12. It is not recommended or encouraged for any patrons to drive themselves to any trips. LTPD Travel will not be held accountable and fees will not be adjusted if anyone chooses to provide their own transportation. The trip supervisor must be contacted in advance if this were to occur.

Trip insurance is optional but highly recommended. Separate checks must be made, but credit cards are accepted too. Travel protection does not cover if you decide not to go or something comes up. Good for medical issues only. Non-refundable.



Who We Are . . .

Northern Will County Special Recreation Association is a not-for-profit organization that provides year-round recreational and social opportunities for individuals with special needs for families in the Lockport Township, Village of Romeoville and surrounding communities. Programs include an array of activities from fitness and Special Olympics to social and cultural programs. The association is committed to providing comprehensive recreation opportunities and services for all of our residents.

We offer programs for individuals with special needs and abilities!



Are you familiar with INCLUSION SERVICES?

Northern Will County SRA understands that sometimes the best option for an individual with special needs is to participate in their own community's recreational programming, but with support to make it a positive experience. That is where we come in. Inclusion services are offered to individuals who would like to participate in a LTPD program, but would benefit from an inclusion aide. This service is provided by NWCSRA at no additional cost to the family. For further information, contact the NWCSRA office at (815) 407-1819.

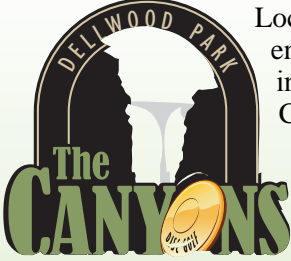


(815) 407-1819 • 10 Montrose Dr. • Romeoville, IL 60446 • www.nwcsra.org

Dellwood Disc Golf Co.

309 W. Dell Park Ave., Lockport, IL 60441
Tues.-Sun. 10am-6pm, Closed Mondays, 815-272-1371
facebook.com/dellwooddiscgolf

**Rated most popular
in Illinois by UDisc.com**



Located in scenic Dellwood Park at the end of Dell Park Ave. off of State Street in Lockport, the Canyons Disc Golf Course is host to 27 baskets throughout the park. It has been said that every "hole" is a signature basket with breathtaking natural backdrops from flowing water, rock formations, bridges to steep terrain (slope: 0% to 12%) and so much more. It is truly one of the most beautiful disc courses in the area with challenges that even the most experienced disc golfer will find exhilarating.

The composite course features three skill levels (red, white and blue), 27 concrete tee pads (white course), six water hazards, and a practice area.

Go to www.lockportpark.org for more information.

Area Athletic Associations

LITTLE LEAGUE BASEBALL & TEE BALL
See website for contact info.: www.lockportbaseball.com

LOCKPORT JUNIOR MISS SOFTBALL
Games played at Hassert Park Softball Complex
Girls ages: 5-17

For on-line registration & information,
please go to www.ljms.info.

Lockport Jr. Miss Softball: Matt Saucedo 847-344-4759

**LOCKPORT PRIDE GIRLS FASTPITCH
SOFTBALL:** Tim Ibarra 815-641-9248

**GREAT
SOCCER
STARTS
HERE!**



Fun, safe,
affordable,
trained coaches
... and
memories
that last a
lifetime.

Who: Boys and Girls, Ages 4 -18

What: Learn and play soccer!

Costs: Please visit our website for discounts and pricing.

For complete registration information,
www.lockportsoccer.com

Dellwood Foundation

Through The Ed Brown Tree and Bench Commemorative Program, friends and family can provide a unique dedication to a loved one by purchasing a tree or bench to be placed in one of Lockport Township Park District's beautiful parks.

A commemorative tree or bench can be purchased for many occasions including the memory of someone who has passed, in honor of a dedicated service member, to celebrate a birthday, a graduation, retirement, or any other occasion.

Commemorative Trees

The Dellwood Foundation's commemorative trees are 2" to 3" around and a minimum of 6' in height. The tree will be planted in a neighborhood park with the final location selected by the park services department in collaboration with the donor's specifications.

A plaque will be mounted at the base of the tree after the tree's growth has been established. Trees will be planted in the spring, early summer or fall. The price of each commemorative tree is \$300, which includes the tree itself, delivery, installation, a commemorative plaque and maintenance.

Commemorative Park Benches

The Dellwood Foundation's commemorative park benches are 6' long and made of recycled plastic composition. The price for each commemorative park bench is \$800, which includes the bench itself, delivery, installation, a commemorative plaque and maintenance. The Dellwood Foundation will add to your contribution, thereby installing a \$1,000 bench.

Although the park services department has the final decision regarding bench locations, every effort will be made to accommodate the donor's request.

Additional questions pertaining to The Ed Brown Tree and Bench Commemorative Program can be directed to the DPCC at 815-838-1183 ext. 201.

Dellwood Foundation Scholarships

We believe that all residents of the Lockport Township Park District, regardless of financial limitations, should have access to our programs and facilities. The Dellwood Foundation will work with the Lockport Township Park District to attempt to provide a scholarship to residents faced with a financial hardship.

Dellwood Foundation

The Dellwood Foundation is a 501(c)3 charitable organization dedicated to enhancing cultural and recreational opportunities in Lockport Township. An affiliate of the Lockport Township Park District, the Foundation works to provide cultural events, park improvements and assist with recreational programming.

Lockport Jr Porters

POP WARNER

Youth Tackle Football & Cheer

Ages 5-15

- Mandatory Minimum Playtime
- Low Registration Prices
- Multiple Child Discount
- Teams Capped at 25
- Weekend Games Only

Register Online at:

JRPORTERSFOOTBALL.COM





DPCC Information & Rentals

Dellwood Park Community Center
1811 S. Lawrence Ave., Lockport, IL

815-838-1183

ext. 2

Hours

Labor Day-Memorial Day
(fall, winter, spring)
Mon.-Fri. 8am-10pm
Sat.-Sun. 8am-8pm

Memorial Day-Labor Day
(summer)
Mon.-Fri. 8am-8pm
Sat.-Sun. 8am-6:30pm

Holiday Hours

New Year's Eve
8am-1pm

3rd of July
8am-6:30pm
(Fireworks)

CLOSED Holidays

New Year's Day
Easter
Memorial Day
4th of July
Labor Day
Thanksgiving Day
Christmas Eve
Christmas Day

Wake-Up and Walk!

Start your morning off right, walk at DPCC! This brand new gym is a safe place with no chance of rain or inclement weather. Join us daily M-F from 8-9am. Bring proof of residency or Challenge Fitness Membership.
Resident/CF Member: Free, Non-Resident: \$2, Age: 18+, M-F Nov-April

new Toddler Open Gym Wednesdays

Calling all toddlers 0 - 5 years of age to burn off some afternoon energy with their favorite adult! Toddler open gym is every Wednesday from January 8-April 29! Gym equipment is provided such as scooters, hula hoops, soccer and more! Adult supervision is REQUIRED. Time: 12:30-2:30pm Fee: \$2 per toddler



Inflatable Movie Screen

Looking for a unique idea to add to a scouting event, party or a park district rental? Add our inflatable movie screen to any of your events or rentals to create your own private theater! The package includes the 16 ft. x 9 ft. widescreen, fully loaded sound system, and PS3 console that will WOW your guests with a larger-than-life experience! Everyone will be talking about how it was the best event of the year. (We provide the screen, you provide the movie.) Movie screen is available for general rental, and it can be added to any park district rental or general rental for DPCC, Heritage Falls Water Park, and lock-ins at Challenge Fitness.
Fees: Weekday (M, Tu, W, Th) Rental \$200; Weekend (F, Sa, Su) Rental \$300

- 21,000 square foot facility
- Multi-purpose rooms
- Three state-of-the-art preschool classrooms
- Recreational opportunities for all ages: dance, cheer, martial arts, soccer, futsal, pickleball, volleyball, basketball, SilverSneakers, senior programs and more!

Rental Rates

Room	Resident/Hr.	Non-Resident/Hr.
MPR A (50)*	\$50	\$70
MPR B (40)*	\$40	\$60
MPR Full (90)*	\$90	\$130
Kitchen (No stove)	\$25 (flat fee)	\$35 (flat fee)
Half Gym	\$35	\$55
Full Gym	\$70	\$90

The multi-purpose rooms and gym may be rented based on availability for showers, birthdays, sporting events and more!
Multi-purpose room price includes:
• Projector (MPR A), TV (MPR B)
• Auxiliary input (no cords provided)
• Tables/chairs
*2 hour minimum
Reservations can be made at DPCC by calling 815-838-1183 ext. 201 or 214. 2 weeks advanced notice is required for rentals. A \$20 additional fee will be assessed if the request is less than 2 weeks and can be accommodated.

Open Gym

Resident Youth* (13 & younger)	Resident: High School & Adult (14+)	Non-Resident
\$3	\$5	\$12

- 2 week schedule published at front desk and at www.lockportpark.org
- *Adult supervision (18+ yrs) is required for a child 9 yrs or younger.
- Challenge Fitness members are granted resident pricing (must have membership upon entering) Resident rates are only granted with current open gym ID cards.
- Non-Residents must provide valid identification before entry into open gym
- IDs must be presented at the front desk for admission into open gym. No exceptions.

Resident Open Gym 10X Pass

Resident Youth* (13 & younger)	Resident: High School & Adult (14+)
\$20	\$40

- Challenge Fitness members are granted resident pricing. Passes expire 6 months from purchase.



Dellwood Park Community Center

Birthday Party Packages

Sports and Games

(Ages 3-12 years)

Party includes sport and game activities of your choice that you select when booking your party. Activities that are available are basketball, volleyball, relay races, floor hockey, scooters and more!

\$180 Resident, \$205 Non-Resident

Additional guests (up to 30): \$6.00 per child



NEW

Bubble Ball Soccer

(Ages 8-12 years)

We're taking soccer to a whole new level with bubble balls! Join your friends in 20 minute games of 5x5, with a rotation of players at halftime of games. Each child will be fitted for a bubble ball based on the height and weight restrictions (small: 4'8" to 5'2", max 140 lbs; medium: 5'2" to 5'10", max 170 lbs.). Our certified staff will be overseeing all the games and safety training before you play. Each child must have a waiver signed in order to play. **THIS PARTY IS GOING TO BE A BLAST!**

\$225 Resident, \$270 Non-Resident

Additional guests (up to 20): \$10 per child

- Party will be a 2.5 hour party
- ½ hour of safety training
- 1 hour of play indoors or weather permitting we will play outside on the soccer field
- 1 hour in the multipurpose room

Celebrate your child's special day with a birthday party at Dellwood Park Community Center! Parties can accommodate 15 children. Parties are 2 hours, with the exception of the bubble ball parties, which are 2.5 hours. Parties are booked based on availability on Saturdays and Sundays. Parties are to be scheduled at least two weeks prior to rental and give final count of children. Parties are intended for children and the host parents/guardians.

Birthday Party Packages include:

- Use of ½ the gym for the first hour
- Use of either multipurpose room for duration of party
- Cake
- Juice pouches
- Paper products (table cloths, napkins, plates, utensils for cake)
- Certified birthday leader

3 Party Packages:

NEW

Nerf Battle

(Ages 8-12 years)

THIS PARTY IS SURE TO BE A BLAST! You and your friends will be able to battle against each other in various nerf games. We will set up forts, barriers and obstacles to hide behind during the coolest battles. We'll supply the nerf guns, ammo and eye protection.

\$225 Resident, \$250 Non-Resident

Additional guests (up to 20): \$8.00 per child



*All bubble ball participants must have a signed waiver to participate. Waiver can be found on our website under the birthday icon.

Information/Rentals

Challenge Fitness Birthday Sports Party Packages

Looking for a different way to entertain your children and their friends without spending a lot of money? Celebrate their special day with a birthday party at Challenge Fitness. All parties include use of one of our lounges for up to one hour after sports participation is complete. A \$30 non-refundable deposit is required. Call (815) 838-3621 ext. 104 to book your party. Six child minimum. Food is not provided.

All Sports \$85: two hours of wallyball, dodgeball or floor hockey on the racquetball court.

Wallyball \$85: Two hours of wallyball

Tennis \$85: one hour of tennis-related games and activities with a tennis pro (limited number of racquets)

Tennis Combo \$90: one hour of tennis-related games and activities with a tennis pro, and one hour of wallyball or other sports. (limited number of racquets) All parties include up to 8 children. \$7 per additional child.

Jungle Tumbling Birthday Party Package

Looking for an exciting and fun party? Check out our gymnastics room at Challenge Fitness! We will have an obstacle course, games and more. The package includes up to 12 children max., cake, juice boxes and party supplies. The rental allows 1¹/₄ hours in the gymnastics room and 45 minutes to eat cake and open gifts. LTPD staff will lead activities, direct the party and clean up afterwards. Parties are available on Saturdays and Sundays. Recommended for children ages 3-7 years old. To make a reservation, call 815-838-31183, ext. 201.

\$150 Resident; \$180 Non-Resident

Youth Lock-ins at Challenge Fitness

Participants will be granted access to Challenge Fitness after hours. Activities available include: wallyball, floor hockey, dodgeball, table tennis, swimming and much more. You can even have an indoor camp-out. Limited parent supervision is required. Perfect for scouts and youth organizations. For more info. or to make a reservation, call 815-838-3621, ext. 104 for details. \$475 for lock-in only (does not include swimming) or \$575 which includes two hours of swimming. (Maximum 75 participants.) Full payment required for reservation.

Challenge Fitness Private Pool Rental (2 hours)

Sat. and Sun.: 4pm-6pm, \$225 Resident, \$275 Non-Resident; Add an hour \$100 Resident, \$135 Non-Resident. Cost includes first 50 guests and party room. Each additional guest is \$3.

Open Swim Bargain Buy only at Challenge Fitness

\$2.50 per person during Sat. or Sun. Open swim from 1pm-3pm; Min./Max. 10/20 children. Add the private room for only \$40. All patrons on-deck during open swim are subject to admission fees.

Fees for Chaney & Heritage Falls Pool Rentals:

Pool Rental Options: \$325 Resident, \$425 Non-Resident 1st two hours; add'l hour \$125 Resident, \$175 Non-Resident. Cost includes 1st 100 guests; ea. add'l guest \$4. Add \$30 for grill usage at Heritage Falls. Add community room at Chaney (2 hours) \$40 Resident, \$50 Non-Resident.

Hours: Chaney Pool: Fri., 7pm-9pm, Sat. & Sun. 5:30pm-9pm
Heritage Falls: Fri., 7pm-10pm, Sat. & Sun. 5:30pm-10pm

Courtside Lounge Rental

Are you looking for the perfect place to host a small community meeting or small party? The Courtside Lounge at Challenge Fitness is perfect for you. Relax at some of our lounge tables or conduct business at our conference table. The room is equipped with a large flat TV monitor that is perfect for presentations as

well as a refrigerator and a food prep area.

\$20 Resident per hour, \$40 Non-Resident per hour

Capacity 25

Gladys Fox Museum Rentals

Host a party in the beautifully restored 1839 Old Congregational Church now named the Gladys Fox Museum. The museum has a maximum capacity of 45 people and is a perfect location for luncheons, meetings, showers and receptions. For rental availability or add'l info., call (815) 838-1183, ext. 201 or 214. Fees subject to change without notice.

\$50 Resident per hour, \$75 Non-Resident per hour (3 hour minimum)

\$100 cash security deposit is required.

Picnic Pavilions (available March - October)

Enjoy a picnic at one of our many parks. Permits are required for parties of 16 or more. No alcohol is allowed in our parks or facilities. For additional information or availability on picnic pavilions, please call (815) 838-1183, ext. 201 or 214. Locations: Dellwood Park, A.F. Hill Park, Collegeview Park, Sunset Park, Crest Hill Memorial Park, Adelman Park, Hassert Park and Willow Walk.

Fairmont Community Center Rentals

Rent the Fairmont Community Center (FCC) for your special event, celebration, conference or meeting. Call FCC at (815) 723-3577 as some restrictions apply. Fees are subject to change without notice.

FCC Gymnasium: Resident \$40/hour, Non-Resident: \$60/hour
FCC Classroom: Resident \$30/hour, Non-Resident \$50/hour

For all rentals, schedule your location at least two weeks prior to rental date to secure your day.

Refund Requests:

Refund requests and change of date must be made in writing at the DPCC office at least 10 calendar days prior to rental date. All refunds and change of date will be assessed a \$20 administrative fee. Refund request or change of date less than 10 days prior to rental date will be assessed an additional \$20. A refund check will be mailed 3 to 5 weeks after the refund request form has been completed.

Additional Park Services:

Each facility will have a set number of tables and chairs. Those needing additional tables, chairs, or other equipment must request it at the time of rental and is subject to availability. Additional fee of \$60 will be charged for delivery and pick-up.

Locations:

These policies pertain to the following facilities: Challenge Fitness, Chaney Pool, Dellwood Park Community Center, Heritage Falls Water Park, Fairmont Community Center and Gladys Fox Museum. Please call 815-838-1183 ext. 201 or 214 for rental assistance.

Mission Statement

To enrich the quality of life of our community by providing leisure opportunities for people to learn, play and grow.

Park Board Meetings

The Board of Commissioners meet at the Dellwood Park Community Center located at 1811 S. Lawrence Ave. in Lockport at 7pm on the fourth Monday of every month with the exception of Sept. 2019, Dec. 2019 and May 2020. The public is welcome to attend.

Residency - Proof is Required ANNUALLY

A Lockport Township Park District resident is described as a person whose legal domicile is within the boundaries of the Lockport Township Park District. Residency is the principle place of habitation of the individual occupying the home, apartment, condominium or estate. It shall be the principle yearly residence for the family residing at that location. The resident must be able to produce a valid driver's license or state ID, and a current property tax bill or voter's registration card verifying residency at that location.

Free Resident ID Card

Residents are required to register for a free ID card annually. Those 17 years of age and younger must be with a parent/legal guardian when registering. Resident IDs must be presented at the front desk for admission into open gym at DPCC and to be eligible for discounted rates at the pools and Prairie Bluff Golf Club. No exceptions will be made. A \$5 fee will be charged for replacing lost or stolen ID cards. Resident ID cards expire one year from the date issued.

Smile & Say, "I Love Recreation!"

Lockport Township Park District reserves the right to photograph or videotape participants in its' programs and/or facilities. These photos/videos are strictly for LTPD publications, flyers, brochures, videos and advertisements.

Insurance

Individual medical insurance is not provided by the Lockport Township Park District. Individuals are responsible for their own insurance.

Americans with Disabilities

The Lockport Township Park District advocates full participation, which prohibits discrimination in the provision of programs, services, activities, facilities and employment to individuals with disabilities, and will make reasonable accommodations to facilitate such. The park district kindly requests that a description of any accommodation needs to be attached to your registration form. It is the responsibility of the parent, guardian or participant to notify the district of any medical, physical, and/or mental condition that may require special consideration by the staff. Confidentiality will be respected. If you feel that you or someone you know has been discriminated against or you have a recommendation for increasing the accessibility of park district services, please contact the ADA Coordinator, Greg Ludwig, or the Executive Director, Bill Riordan, by calling 815-838-1183. Feel free to contact the park district for more information on the district's Americans With Disabilities Act Compliance policy.

Inclusion

Inclusion support is designed to provide the least restrictive environment while providing the maximum opportunity to participate in park district programs with reasonable accommodations. The Lockport Township Park District will work with staff from Northern Will County Special Recreation Association to make every effort to provide participants with disabilities reasonable accommodations. Should you or your child be in need of inclusion services, it is your responsibility to contact the park district at the time of registration. Once notification has been made, a park district staff member will contact you to review the inclusion services process. This review may or may not occur prior to the commencement of the program, however, participation in the program is not allowed until after the review process has occurred. The LTPD staff is NOT responsible for diaper changing or toileting participants.

Park Police

The mission of the Lockport Township Park District police is to have safe parks and facilities for the community to utilize and enjoy. The Park District Police Department has 13 sworn police officers. Regular patrols are conducted in the parks, on the trails and throughout the facilities. Uniformed officers patrol these areas in vehicles, on foot and on ATVs. At times, officers will be in plain clothes. Lockport Township Park District police officers will be going to park district programs to talk to children about safety at the park, school and home. If you see anything suspicious or any criminal activity, please notify the police immediately. If you have any concerns or need information about the Park Police, please notify John Waxweiler Jr., Chief of Police at 815-838-1183.

Mandated Reporting

Lockport Township Park District staff are mandated by the State of Illinois to report to the DCFHS hotline if they observe a situation that provides reasonable cause to suspect child abuse or neglect. Workers in certain professions, including recreational program personnel, have the above legal mandate; including all LTPD staff. Staff are trained in signs and symptoms of abuse and neglect and the procedure for making a report.

Employment Opportunities

Lockport Township Park District has employment opportunities available throughout the year. Positions range from program instructors to park services staff. Interested individuals should apply at 1811 S. Lawrence Ave., Lockport, or visit our website at www.lockportpark.org.

The Lockport Township Park District is AN EQUAL OPPORTUNITY EMPLOYER. Employment is governed on the basis of merit, competence and qualifications and will not be influenced in any manner by race, age, color, religion, sex, nationality, origin, marital status, veteran status, mental or physical ability or any other legally protected status. The Lockport Township Park District intends to comply with the intent and spirit of the American with Disabilities Act. THOSE APPLICANTS REQUIRING ACCOMMODATION TO THE APPLICATION/INTERVIEW PROCESS SHOULD NOTIFY THE DIRECTOR OF PUBLIC SAFETY.

Thank You Volunteers!

A special thanks to everyone who volunteers at the Lockport Township Park District.

Code of Conduct

The Lockport Township Park District is committed to providing a safe, clean and enjoyable environment for all participants and guests. With that in mind, we ask for your pledge to assist in providing such an environment by abiding by the following Code of Conduct:

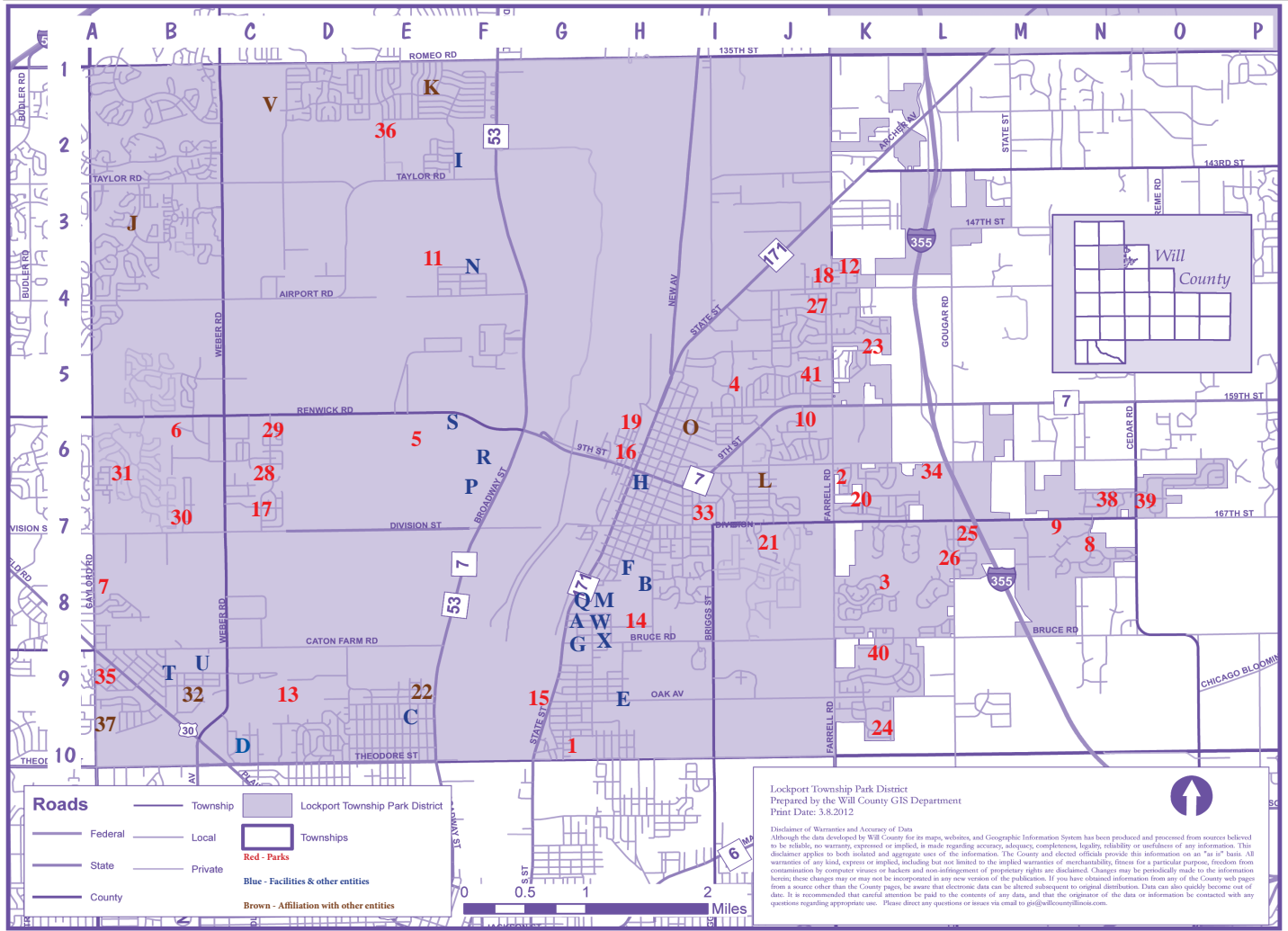
- Respect all participants, volunteers, staff, equipment and facilities
- Only use appropriate, kind and positive language with others
- Use caution when playing games and sports so as to avoid causing bodily harm to self, participants, officials and staff
- Leave distracting and inappropriate items safely put away or at home, including cell phones, electronics and any weapons or items that appear to look like weapons
- Never engage in physical contact with another individual or staff member in an angry, violent or threatening manner
- Do not participate in any unacceptable behavior

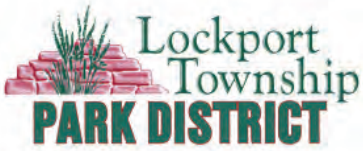
Parks & Facilities

PARKS			Acres	Playground	Baseball	Soccer	Basketball	In-Line Skating	Picnic Shelters	Bathroom	Swimming Pool	Parking	Handicap Access	Tennis	Trails	Drinking Fountain	Volleyball	Horseshoe	Softball	Bocce Court	Spray Park	Gazebo	Remals	Disc Golf
1	A. F. Hill Park (G, 10)	Green Garden Ave.	20	1	2		2	1				Y	Y											Y
2	Adelmann Park (J-K, 6-7)	Farrell Road & Weis Lane	5	1				1				Y	Y		Y									Y
3	Arrowhead Park (K-L, 8)	Broken Arrow & Montauk	.25	1									Y											
4	Bonnie Brae Park (I, 5-6)	Earl Street	2	1								Y	Y											
5	Brent Hassert Park (E, 6)	19623 Renwick Rd., Crest Hill	159	1		7		1	Y			Y	Y		Y	Y			3		1		Y	
6	Brisbin Park (B, 5-6)	Aberdeen & Renwick	1	1								Y	Y											
7	Cambridge Crest Park (A, 8)	Gaylord & Carlton Streets	1.5	1				1					Y		Y									
8	Cedar Ridge (Ridge Park) (M-N, 7-8)	Cedar Ridge & Ashton	4	1									Y											
9	Cedar Ridge (Cedar Park) (M-N, 7)	Pinewood & Ivy	1	1								Y	Y											
10	Clover Ridge Park (J, 6)	Lacoma Drive	1.2	1									Y											
11	Collegeview Park (E-F, 3-4)	Techni & Dawson	10	1	1			1	Y			Y	Y				1	1						Y
12	Creekside Park (K, 3-4)	Hunters Way & Doe Trail	4	1									Y		1									
13	Crest Hill Memorial Park (C-D, 9-10)	Marlboro Lane	70	1			1	1	Y			Y	Y		Y									Y
14	Dellwood Park (H, 8)	Route 171 & 101 E. Woods Lane	150	3	8	5		1	5	Y		Y	Y	6	Y	Y	1	2	2			1	Y	Y
15	Dellwood West (F-G, 9-10)	South Canal Road	176									Y			Y									
16	Dominic Fracaro Park (H, 6)	Davies & 6th St.	2.3	1	1		1						Y											
17	Fields of Longmeadow (C, 7)	Borio & Coventry, Crest Hill	2.0	1									Y											
18	Hawthorne Preserve Park (J-K, 4)	151st & Farrell Rd., Lockport	1.1	1									Y											
19	I & M Canal (H, 5-6)	2nd St. to Dellwood Park	40												Y									
20	Karen Springs Park (K, 6-7)	Lakeview & Lakeside Dr.	1										Y		Y								1	
21	Lago Vista (I-J, 7-8)	Division & Reed St.	19	1				1	1			Y	Y		Y	Y		2						
22	Lions Park (E-F, 9-10)	Elsie & Center	0.3	1								Y	Y											
23	Maple Hill Park (K, 5)	McDonald Dr.	0.5	1									Y											
24	Oak Creek Park (K, 9-10)	Deerwood Dr., Lockport	4.8	1								Y	Y											
25	Parker Ridge (L-M, 7-8)	Parker Ridge Dr. & Morel St.	1.5	1								Y	Y											
26	Parkside Estates (L, 7-8)	Crimson & Lilac Ln., Lockport	1	1									Y											
27	Red Oaks Park (J-K, 4-5)	Farrell Rd. & Merc Ln.	1	1									Y											
28	Remington Lakes Park (C, 6-7)	McGillvray Drive & Huron St.	1.5																				1	
29	Remington Park (C, 6)	Borio & Tahoe	1.5	1									Y											
30	Renaissance Crossing Park (B, 7)	Zausa Dr. & Longmeadow, Crest Hill	.9	1									Y											
31	Renwick Club (A, 6-7)	Rookery Dr. & Vesper, Crest Hill	.5	1									Y											
32	Richland Park (B, 9)	Caton Farm Rd.	27.5		5			1				Y	Y											
33	Rotary Park (Garfield Park) (I, 7)	Garfield & Division	1	1								Y	Y											
34	Sagebrook (L, 6-7)	16418 S. Thatcher Dr.	5.3	1				1					Y		Y									Y
35	Stanley Gustafson Park (A-B, 9)	Webb & Parkrose	0.2	1																				
36	Sunset Park (D-E, 2)	Murphy & Belmont	7.5	1				2	1			Y	Y		Y			2						Y
37	Theodore Marsh Playground (A, 9-10)	Noonan & Gaylord	1	1				1	Y			Y	Y											
38	Victoria Crossings (N, 6-7)	Long Meadow Dr. & Abbey Ln.	1.5	1									Y											
39	Victoria Lake Park (O, 6-7)	Victoria Crossing & Dorchester	5	1				1					Y											
40	Willow Walk Park (K, 9)	Cagwin Dr.	12	1			3	2	Y			Y	Y		Y	Y	1	2	1	1	1			Y
41	Woodland Park (J, 5-6)	Wellwood & Woodside	16.5	1	1							Y	Y											

FACILITIES & OTHER ENTITIES			Acres	Playground	Baseball	Soccer	Basketball	In-Line Skating	Picnic Shelters	Bathroom	Swimming Pool	Parking	Handicap Access	Tennis	Trails	Drinking Fountain	Volleyball	Horseshoe	Softball	Bocce Court	Spray Park	Gazebo	Rentals	Disc Golf	Pickleball
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A	Caneva Performing Arts Center (G, 8)	Dellwood Park										Y	Y											Y	
B	Challenge Fitness (H, 7-8)	2021 S. Lawrence Ave	(815) 838-1183	7	1					Y	Y	Y	Y	7		Y								Y	
C	Chaney Pool (E, 9-10)	410 Rose St.	(815) 726-2299	2.1						Y	Y	Y	Y											Y	
D	Crest Hill Office (B-C, 10)	Theodore & Knapp	(815) 741-2964									Y	Y			Y									
E	Fairmont Community Center (G-H, 9-10)	525 Barry Ave.	(815) 723-3577	7	2		1			Y	Y	Y	Y			Y								Y	
F	Dellwood Park Community Center (G-H, 7-8)	1811 S. Lawrence Ave	(815) 838-1183				2			Y	Y	Y	Y			Y	2							Y	4
G	Dellwood Disc Golf (G-H, 8-9)	309 W. Dell Park Ave.										Y	Y											Y	
H	Gladys Fox Museum (H, 6-7)	231 E. Ninth St.	(815) 838-0803	0.2						Y	Y	Y	Y			Y								Y	
I	Heritage Falls Water Park (F, 2-3)	101 Troxel Road	(815) 886-6263	3						Y	Y	Y	Y			Y							1	Y	
J	Friendship Center at High Point (A-B, 3)	175 Highpoint Dr., Romeoville	(815) 588-6129																						
K	Irene King School (E-F, 12)	Murphy & Troxel	(815) 886-3380	10.2	1							Y	Y												
L	Kelvin Grove School (J, 6-7)	8th & Adams		9.6	1	1						Y	Y												
M	Meader House (G-H, 8)	1826 S. Jefferson	(815) 836-7769							Y	Y	Y	Y												
N	Miller Fieldhouse (E-F, 3-4)	19330 Dawson Ave.							1	Y	Y	Y	Y			Y									
O	Milne Grove School (H-I, 5-6)	7th St.		9.6	1	1						Y	Y												
P	Parks Department (F, 6)	16210 Route 53										Y	Y												
Q	Police Office (G, 8)	127 E. Woods Dr.										Y	Y												
R	Prairie Bluff Maintenance (E, 6)	16206 Route 53										Y	Y												
S	Prairie Bluff Public Golf Club (E-F, 5-6)	19433 Renwick Road	(815) 836-4653	237						Y	Y					Y								Y	
T	Richland Center (B, 9)	2200 Lynwood	(815) 741-3703	0.8	1							Y	Y												
U	Richland Fieldhouse (B-C, 8-9)	Caton Farm Rd.								Y	Y	Y	Y												
V	Volunteer Park (C, 1-2)	1100 Murphy Dr.		42	1	1	1	1	1			Y	Y		Y								1	Y	Y
W	Volz Fieldhouse (G-H, 8)	199 E. Woods Dr. (Dellwood Park)								Y	Y	Y	Y												
X	Wedding Gazebo (G-H, 8)	Dellwood Park										Y	Y										1	Y	





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